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Doctors needed for rural medicine

Public health services are an integral part of the social network which every community requires.

By Aubrey Johnson

"You have to be brave enough and bold enough to believe that you're good enough to survive outside the city and that you have something to offer," says Dr. Ann Colbourne, B.Sc. '80, B.Med.Sc. '85, and '87, who has chosen to live and work in a rural setting.

Dr. Colbourne is the sort of doctor needed in rural communities which suffer from a perennial shortage of

1,340 rural residents. The shortage of rural specialists is even greater as less than 3% of specialists practice in these communities. Numbers of rural doctors across Canada have decreased by 15% since 1994, while our rural population has increased by 4%.

Dr. Cliff Derry, a respected medical professional and community leader, is rumored to be relinquishing his duties at the end of 2001.

This poses a serious problem for the Madoc and area community. Currently, a board has been formed to look at and encourage new doctors to consider the Madoc area as an interesting location to set up their practice.

Increased rural training during medical school may be seen as a way to encourage more young doctors to choose a rural practice. Just what motivates a physician to choose a rural practice? For Dr. Colbourne, "it got in my blood and stuck with me." Long-time rural practitioners agree.

The reasons why young physicians don't choose a rural practice have been discussed endlessly. A reasonable call schedule, adequate remuneration, activities for spouses and family, and continuing medical education are some of the frequently voiced needs.

As the latter part of the twentieth century merged in to the beginning of the new Millennium, we all expected a dynamic era to emerge. Amalgamation within the familiar old boundaries had created new municipal governments beset with a number of challenges and developing trends. Solutions to many problems and precise directions have now emerged from an interplay of conflicting forces and interests.

The Canadian way of rural life calls for an increasing dependence on municipal government for our comfort and well-being. As rural society ages, the demand for

vital services appears to be insatiable. Yet, the inability and sometimes the unwillingness of our federal and provincial governments, frequently controlled by rural elements, has caused the municipalities to turn to themselves for solutions to increasing problems.

As services multiply, the tasks of our municipal governing bodies have become more critical and complex and we, as citizens, are fortunate that our Reeves and Councilors display technical competence and efficient management.

However, only limited progress has resulted from attempts to devise a plan to secure proper medical attention for our community. The resultant issue of what to do about our doctor shortage has centred around the question as to what should be the nature and extent of our involvement in finding a doctor to replace Cliff Derry.

From the above, you can see the possible predicament. Yet, as has been the case in the past, our community has banded together in a uniform voice to alleviate impending problems. Now, you are once again asked to participate in a unified volunteer movement to search for and attract a doctor to replace Dr. Derry. As well, committees need to be formed, and a fund raising plan has to be implemented to bring the condition of the existing Medical Building up to standards any doctor and patient could be proud of.

The board is working on having the area recognized as being under-served by the Ministry of Health. But your volunteer help is urgently required! The first step is usually the hardest to take, but each subsequent step brings us closer to our goal. Besides, no matter how hard the road seems to be, we'll only get run over if we just sit there!

Call 473-2677 for further information and to pledge your assistance to and please to all need to take that road to see a doctor. Let's hope it won't be a magic trip!



Barb Whiteman and Eileen Conroy maintain their vigil at the entrance to the property on Hunt Club Road which is the centre of the current controversy. Photo by Aubrey Johnson

No Dumping Allowed

by Aubrey Johnson

Wetlands provide important feeding, breeding, and resting habitat for a large number of wildlife species including waterfowl, furbearers and non-game species. The vegetation growing around the wetland edges serves as food and cover for many wildlife species, particularly during migration.

As an example, many small aquatic invertebrates are produced during the wet spring period. They survive the dry months by going into a dormant stage. These invertebrates hatch the following spring when the wetland contains water. The hatching usually coincides with the migration of waterfowl.

Shallow water wetlands, which hold water throughout the year contain emergent, submerged and floating vegetation throughout most of the marsh.

However the importance of wetlands to wildlife is only one benefit wetlands provide. Flood water retention, nutrient and sediment filtration, and groundwater recharge are also important environmental functions of wetlands. Location, soil type, and surface water movement determine which of the functions a particular wetland may serve.

Wetlands also play an important role in the freshwater system. They positively contribute to the quality of both surface and ground water supplies.

An important tenet in any act of conservation is the protection of plants, animals, and the land itself, on the assumption that nature is important for its own sake and is not simply a storehouse for man's needs, to be exploited with.

However, traditional attitudes have increased the awareness that environmental control is a necessary undertaking. On property where private ownership is common, there still is a widely held conviction that the landowner has the right to do as he chooses with his property. Another widely held opinion however, re-

lated to the environment by using exploitative practices. The idea that all nature exists for man's benefit has long been a basis for his exploitation of that environment.

However, traditional attitudes have increased the awareness that environmental control is a necessary undertaking. On property where private ownership is common, there still is a widely held conviction that the landowner has the right to do as he chooses with his property. Another widely held opinion however, re-

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ECONOX

Econox is a grass roots group of volunteers in the Madoc area that is committed to making a significant REDUCTION in the amount of household waste. We are diverting tonnes of material and RECONSTRUCTING, REMODELLING and RECLAIMING it into innovative one-of-a-kind items for sale in our new store that is opening March 20th. As part of the big "R" mobius loop, we are addressing the need for RETHINKING. Demonstrations to local organizations, businesses and schools, encourages them to start their own projects, to help stimulate RETHINK, RESPECT and RECYCLE in order to REVIVE and RETAIN our environment.

We have established a RETRAINING program for

volunteers who are committed to strong ecological practices and wish to further their employment skills. Call to sign up now at 473-0603.

If we each do a little, we can all do a lot. Help REDUCE household waste. Make your contribution by dropping off a donation bag or come into the new store at 26 Durham Street South to purchase a one of a kind item that has been given new life. The store opens March 20th.

Donation items we need include gently used clothing, pantyhose, wood scraps, nails, screws, lattice work, wall panelling, ceramic tile, jewelry, candles, blue jeans, wallpaper, shoe boxes, paper bags, rope, dishes, lamps,

continued on page 15

The Little Red Stool

by Alma Fox

My kitchen stool is bright red, and hand painted lovingly with white hearts and numerous flowering vines. It is exactly the right height to reach the top shelf, and ever so much handier than going for the kitchen stepladder.

On the bottom of the stool is a stamp, where my daughter Robin put my name, and her initials. She made the stool in 1984 in her high school woodworking class, at the age of 14. According to her wood shop teacher, her project was fraught with many faults. He

The Cutting Edge

The chainsaw has become an essential tool, used by workers and homeowners for emergency and recreational activities. Corporate Training Solutions will be offering a two day training course in the Belleville area March 23 and 24, 2001. The course will ensure that all chainsaw operators understand how to operate and handle a chainsaw in a safe manner.

Delivered by a professional instructor with over twelve years experience, the emphasis is on developing practical skills in an outdoors setting.

Topics covered during the two days include chainsaw sharpening and maintenance, felling techniques and hands-on felling training and practice.

Whether you are cutting firewood or working in a related business, it is important to know your legal requirements for chainsaw operation. For more information and to register, please call Corporate Training Solutions at (613) 961-2040 or 1-877-9905-2040.

was, so obviously, a shop teacher from the "old school" of thought, where boys should be taught the "manly" things, and girls should be in the kitchen learning to cook. One leg of the stool required a one-sixteenth inch "lift" in order for it to stand perfectly even, and if you look really closely at the letters that are stamped underneath, they are a tiny bit off kilter. For this, she received a C minus. She was sorely disappointed, and I have always resented that teacher for devastating the self worth of a young teenager.

The stool, nevertheless, has gone on to have a successful life of its own, as has my daughter. It has seen nearly twenty years of good use and has, in fact, reached unimaginable heights. It has sat idle in the garden for a weed picking on hot July afternoons, even surviving unexpected overnight stays, and sudden summer showers. It has changed a thousand light bulbs, and hung a hundred pictures. It has led a good and useful life.

Today, Robin is a mother herself, and she watches her own daughter, Ashley, use the red stool to reach everything from light switches to the kitchen counter to help Grandma cook. Robin gazes at it and wonders how she created such a wondrously beautiful thing. She would love to own it, but I will not part with my beloved stool. It holds so many memories, and is very dear to me.

To the shop teacher who gave her a C minus, all I have to say is *shame on you!* We have laughed at you for years, Mr. Perfectionist. I wonder if you have ever truly loved something just for the sheer beauty of its being, imperfections and all. For if you have not, you have missed out on some of life's greatest treasures.

Dumping

continued from page 1

quires the conviction that the private landowner has a responsibility to society as a whole and must relinquish some rights.

On a tract of land situated on Hunt Club Road, on a parcel of land used by the Rod & Gun Club, a mixture of sludge and sand, acquired from Atlantic Packaging, has been used to create greyish berms for the pleasure of the people who use the site for shooting practice. According to reports from the Ontario Provincial Police, the material is ideal as it absorbs the impact of the bullets and keeps them from ricocheting off in any direction. But, will this same material prove to be caustic to the natural environment and create problems not only for the wildlife in the area but to ground water?

Barb Whiteman, a resident adjacent to the property in question, along with neighbour Eileen Conroy, believes it will and both concerned citizens are actively protesting the dumping of the material at this location. Citing possible contamination problems on the surrounding lands, the two have joined forces to become activists in the fight to keep their piece of this setting pristine and pastoral as it was meant. Will their convictions be strong enough to change the current conditions, or will their attempts simply become another statistic in the disproportionate attention that could result from the endeavour it will take for all parties in ques-

tion to come to some unanimous consensus. Notwithstanding the requisite demands of proper permits, Quinte Conservation Authority recommendations and general social apathy, the two women may find it was a lost cause before it began. And then, perseverance and strength of convictions may turn the tide in their favour.

For now, only time will tell if the situation will be remedied.

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Hastings and Prince Edward District School Board meeting highlights

The School Board's February 26, 2001 meeting

The Board received a presentation about the Vision of Our Future art program. Breadner Elementary School, Sir Mackenzie Bowell Public School, Stirling Senior, and Tyendinaga Public School all had artists work with students through the Quinte Arts Council. Masks, floor cloths, posters and graffiti art were part of the exhibition on February 19 and 20 and remained on display for the Board meeting.

Members of the leadership planning team presented the components of the Board's leadership plan to develop future leaders from within the organization. For more information, see below.

The Board approved that a school closure/consolidation study, in accordance with Board policy, be instituted for North Marysburgh Centennial Central School. Trustees, Kathy Peever (South Prince Edward) and Thelma Goodfellow (South East Hastings) were appointed to the School Closure/Consolidation Study Committee. For more information, see below.

After inviting interested applicants to submit letters of application, Mary Grattan Gieien and Joy Nielsen were appointed as representatives to the Belleville Library Board. Betty Harry and Dick Brewer were appointed to

the Quinte West Library Board, and Judy Blemkie and Joseph Victor were appointed to the Prince Edward County Library Board.

The Board approved establishing one Grade 4 French Immersion class at Harry J. Clarke Public School and two Grade 4 French Immersion classes at Bayside Public School. A French Immersion class will not be established at Bancroft Public School unless a significant number of new registrations occurs by no later than March 9, 2001.

Trustees Mary Hall and Carl Pitman will attend the OPSBA 2001 Labour Relations Symposium, March 29 to 31 in Toronto.

The Board approved the one year probationary hiring of three elementary teachers and six secondary teachers.

The Board approved the recommendations of the Program and Human Resources Committee regarding adjustments stemming from the Non-Union Pay Equity Plan.

The Board approved a tentative schedule for a trustee planning session on April 18 and 19.

The Board will be distributing for input a draft policy and procedure on Student Representation on the Board. Input is to be received by March 9, 2001.

Board develops leaders for tomorrow

Everyone can be a leader - not only that but the Hastings and Prince Edward District School Board is investing in the development of leaders from within. A leader in education is a driving force behind continuous school and system improvement and student achievement.

"We have been examining the impending need for leadership across our Board," said Audrey Carter, Chair of the Board. "This has resulted in a long term process to foster the development of leaders within our system. This commitment to developing individuals, professionally and personally, will ensure that students of the Hastings and Prince Edward District School Board will continue to have a great place to learn."

Planning for the leadership program started in the Fall of 1999 when the Board identified the need to develop a clear succession plan. The first step was to talk to employees from across the Board about leadership. These consultations with all employee groups, teaching and non-teaching, lead to the development of some key beliefs.

"As with any organizations, there are positions of

added responsibility - but fundamentally, every employee must demonstrate leadership skills," says David Fox, Assistant to the Superintendent.

Several strategies stemmed from the development of the key beliefs. An Administrative Handbook is being compiled to bring together all of the incidental information in addition to Board policies and procedures, that will help individuals new to a principal or vice-principal role with the Board. A Leadership Profile was developed which provides a framework for all staff to build a professional portfolio. Workshops are being planned for topics such as portfolios based on the new profile and mentoring.

To introduce the leadership program to employees, the Board has developed resources for staff. There is a brochure that explains the beliefs and components of the leadership plan. An internal website has also been developed where employees may view the contents of the brochure and also download their own copy of the complete Leadership Profile.

Board moves on concerns over program delivery

The Hastings and Prince Edward District School

Board has initiated School Closure/Consolidation Studies for Paudash Public School and North Marysburgh Centennial Central School.

School staff and trustee, Kathy Peever, met with the School Council at North Marysburgh several times to discuss program delivery concerns. The rural school currently offers Junior Kindergarten to Grade 8, to an enrolment of 73.5 students. Instruction is organized into four classes: Junior/Senior Kindergarten, Grades 1 - 3, Grades 4 - 6, and Grades 7 - 8. For September 2001, enrolments are projected to drop to 68 students and would require a school organization with four grades in one classroom. The School Council who have already expressed concerns about a program delivery for a class with three grades, conducted a survey of parents. As a result of this input, the School Council passed a motion to request a school closure/consolidation study for North Marysburgh. Today the Board approved the initiation of the study.

The study for Paudash Public School was initiated at the last meeting of Board on January 22, 2001 and was also based upon program delivery concerns.

"Both of these studies have been initiated at the request of the members of school communities," said Audrey Carter, Chair of Board. "The community expressed a concern that more rigorous new Ontario Curriculum may be too demanding to be implemented in classrooms where there are three or four grades. School Councils recognize that the program needs of students may be better by moving these students to other schools. Initiation of school closure/consolidation study does not necessarily mean that a school will close - that is just one of the options looked at."

There will be a Special Meeting of the Board at Education Centre in Belleville, on April 30, 2001 to consider the recommendations of the school closure/consolidation studies for both Paudash Public School and North Marysburgh Centennial Central School.

News to report?

Photo Opportunity?

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Photo courtesy of Public Health Services of the City of Ottawa

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Jr. Tykes show their sting in Bulldog tourney

Hastings - The Woodling Apartments Junior Tyke Hornets were in Hastings Feb. 24 to take part in the Percy Minor Hockey tournament. The Hornets were ready for their opening match against the hometown Bulldogs winning the game 8-5.

The Hornets played a great game in both ends of the rink. Scoring or getting assists for Norwood were Meagan Barr, Joey Giacalone, Travis Bennett, Joey Walsh and Matt George.

Up next for Norwood were the Campbellford Colts and the Hornets left the ice with a 7-4 victory. Meagan Barr and Joey Giacalone were on the score sheet for the Hornets. The Tykes all took their turns playing net for the Hornets and didn't allow the Colts to score too many goals.

The final game of the day was against the Tweed Hawks. The little legs of the Hornets were getting tired but they didn't give up. The game was a close match all the way to the end with the Hawks earning a narrow 7-6 win.

Scoring or getting assists were Joey Giacalone, Luc Robitaille, Travis Bennett and Meagan Barr.

Hockey wasn't over for the weekend, however. On Sunday the squad hosted the Bulldogs. Percy was strong players so the Hornets released Matt George, Daniel Bennett and Mitchell Barr to the visitors for the game.

Don't worry boys, you're still signed on with the Hornets for the remainder of the year!

The Hornets still had some sting left after playing three games the previous day and skated to victory. Getting their names on the score sheet were Luc Robitaille, Megan Barr, Joey Giacalone, Joey Walsh, David Moore, Samuel Gerow, Cameron Klompmaker, Ethan McDougall and Travis Bennett. Also playing a strong game were Noah Bucholtz, Jessie Stinson, Jacob Bennett and Carly Elmhurst.

A big thank you to Matt George, Daniel Bennett and Mitchell Barr for volunteering to play for the Bulldogs. The three game stars were Noah Bucholtz, Joey Walsh and Joey Giacalone.

Area residents can vote on their favourite flicks

Academy Award contest

Asphodel-Norwood - Lights, cameras, action...

Local merchants have joined forces and will participate in the Maple View Retirement Centre's Academy Award Film competition.

By simply filling out a ballot for the stars and the films people think will win the coveted Oscar participants are eligible to win one of five prizes.

The competition is being

organized by Maple View Retirement Centre in Asphodel-Norwood and allows people to select their choices for Best Picture as well as best actors and actresses in starring and supporting roles.

The ballots are available at Sharp's IGA in Campbellford as well as Hastings Valu Mart, Norwood Centennial Pharmacy, Havelock's Blooms and Blooms and the Sports Zone Restaurant and Bar in Peterborough. Ballot boxes are available in each store as well as Maple View.

Ballots can be picked up at any time but must be returned by noon on Mar. 20

in order to guarantee inclusion in the contest. Once the official winners are announced by the Academy on Mar. 25, the winning entries will be pooled and one winner drawn from each of the five categories.

The winners will be announced Mar. 28 at Maple View. Among the prizes are gift certificates, gift baskets and retail products from the various merchants. The prizes are on display at each of the participating stores.

Maple View residents are also getting into the awards mood as part of the celebration. On the night of the ac-

Carnival time: The Norwood District Skating Club will be "Celebrating Celebrations" during its annual ice carnival Mar. 11. Club members have been hard at work polishing off the routines they will showcase during the gala event. They will also be welcoming guest skaters (top photo) Allison Millen, 18, of the Peterborough Figure Skating Club and Jim Ellison, 19, of the Ennismore Skating Club. The dynamic duo placed 7th at the Eastern Ontario



Skating gala...

Sectionals in Kingston this year. They also competed this past year at the novice level in competitions in Ottawa and Newmarket. Also gracing the ice will be Jessica Posavad and Erik Moloney who are this year's Eastern Ontario Sectional Pre-Juvenile pair champs as well as the Interclub Pre-Juvenile bronze medalists. They are gearing up for their second straight all-Ontario championships later this month. Jessica, 11, and Erik, 13, are also single skaters and are working on their senior bronze and junior bronze free skate tests. One of the Norwood skaters preparing for a solo performance is Emily Crowley who is surrounded, on the left, by some of her uniquely costumed club-mates who will share the spotlight next Sunday afternoon.

Collectors get ready for winter mineral show

Asphodel-Norwood - Organizers are gearing up for the fourth annual winter gem, mineral and fossil show at the Norwood Legion Mar. 10 (10 am to 5 pm).

Sponsored by the Kawartha Rock and Fossil Club, the show provides the general public with an opportunity to learn more about natural resources as well as introducing them to the hobby of rock collecting and the lapidary arts, says show organizer Mark Stanley.

The show will feature dealers and collectors from across Ontario. There will be mineral and fossil specimens, gemstone jewellery, tools and equipment for show and sale.

Old rivals Rebels, Raiders start final Sunday

By Rolly Ethier

Two familiar arch-rivals will square off to decide the Empire B Junior Hockey League championship.

After a slow start, the Napanee Raiders finally got the job done by wrapping up a 3-1 victory over the North Frontenac Flyers in game five and then closing out the best-of-seven set in decisive fashion 7-1 in game six.

The Frontenac kids self-destructed in the finale by picking up a rash of penalties with an undisciplined performance.

The Rebels, who swept the Picton Pirates four straight in the other semifinal series, travel to Napanee Saturday night (March 3rd) to open the best-of-seven final. The teams will return to Campbellford for game two Sunday night, starting at 7:30.

Game three is scheduled for Wednesday night in Napanee at 8 and the fourth game is set for Campbellford ice on Friday night at 8. If other games are necessary they are scheduled Saturday, March 10th at 7:30 p.m. in Napanee; Tuesday, March 13th at 8 p.m. in Campbellford and back to Napanee for game seven at 8 p.m.

Rebels clinched their best-of-seven semi-final series in Napanee Thursday, Feb. 22nd by skating to a 5-3 victory to complete a very impressive sweep.

Darryl English scored two goals and added an assist to spark the Campbellford attack.

The prospects of a battle between the Rebels and Raiders for the league crown, won by Campbellford last season, is generating a lot of enthusiasm that should translate into large crowds for all series games. The two teams have developed a bitterly-contested rivalry over the years, stimulated by several extremely physical battles.

FARMFEST 2001

A Salute to the Farming Industry

Reeve firm believer in environmentally friendly farming

By Brian Dunning

Tweed — Doug Mumford is equally comfortable in a council chamber as he is in an outdoor environment. But in many ways he is more at home working outside than in an office, although he has managed to do both with equal success.

The Reeve of the Municipality of Tweed operates a small farm with his wife Ruby on the East Hungerford Road. At one time he had 45-head cow-calf operation but now raises stockers. The increase in municipal work left him with less time for farming.

"I want to emphasize I really don't look at myself as a farmer today," he said during an interview in his home. At present he has 18 head of beef cattle on his eight-acre farm. These will be fattened up and sold next fall.

Mr. Mumford's political career started in mid 1980's when he served as a member of the Committee of Adjustment for Hungerford Township. His love of the outdoors resulted in being raised on a farm in the Bancroft/Haliburton area. At the early age of 16 he joined the Ministry of Natural Resources, then called Lands and Forests. He worked at various locations in Ontario until 1959 when he and his family moved to Tweed. For the last 23 years he was with MNR he worked primarily in forest fire operations.

Early retirement
Given the age at which he started and his years of service with MNR he knew he



Reeve out standing in his field

Tweed Reeve Doug Mumford checks out his "stocker" cattle that he buys each fall, fattens up and sells the following year. Although he raises 18 to 20 head a year, Mr. Mumford says he doesn't consider himself a real farmer. - BD photo

would be eligible for retirement at an early age. It was then he decided to return to his roots and farm.

In 1971 the Mumfords moved into their present home which they built themselves. Three years later they bought six Herefords and started a cow-calf operation. Over the years he gradually expanded his operation until at one point he was raising 45 head.

"We started out with a very good class of Herefords. Over the years I cross-bred with Maineans and Limousins," he said. While he started out with purebred Herefords, he explained, they take a lot of work and if you are going to be serious about it takes a lot of time going to shows.

Rents land
To provide feed for the animals he rented an adjacent 100 acres on which he

grew corn, oats, barley and hay. Initially he grew corn. "You can grow a lot of corn on a small area." Later he used custom operators to supply round bales of hay and straw. "We have excellent custom operators around here," he said.

In mid 80's he became involved in the pasture program on Amherst Island. The bulk of his herd would summer there in the fall and he would sell the steers while keeping some young heifers to breed the following year.

However, politics changed that in 1998. Spending more time dealing with amalgamation, having been elected Reeve of the new Municipality of Tweed, meant less time for farming. That's when he went to raising beef cattle he calls "stockers."

"I purchase a number of

he said, noting the cattle's fall weight is around 1100 pounds.

As he has set up his farm as a one-man operation he feels he could handle twice as many cattle, but "prices (for livestock) pretty well dictate how many head you keep."

One big advantage of his present operation from a cow-calf operation is "there are no more long nights in calving season."

Mr. Mumford is a dedicated environmentalist and believes in both the viability of farming but improving where he can.

Environmentalist

After he left MNR and was still developing his own farm he also worked as a field representative for the

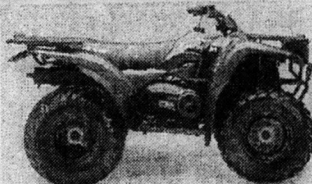
Ontario Soil and Crop Association which he describes "one of the leading groups for delivering farm programs in Ontario."

For a period of nine years he travelled Hastings County for the association help deliver and explain their various programs. One such program he was involved in the development and delivery of is the Environment Farm Plan.

The plan essentially allows farmers to conduct an analysis of their operation's environmental impact "in the comfort of their living room." Mr. Mumford planned he'd hold one-on-one workshops with about farmers to explain how to use the program. Farm would take the program

continued on page

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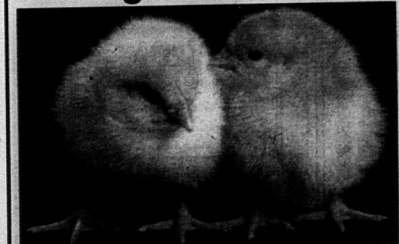


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FARMFEST 2001

Health Department officials defend screening of genetically altered foods

The federal Health Department is defending its screening of genetically modified foods after a scathing report by a panel of independent scientists. Health Minister Allan Rock told the Commons on February 5 he welcomes the report even though it concludes the current federal approach is deeply flawed and vulnerable to conflicts of interest. Rock noted it was he and his cabinet colleagues who commissioned the report by a panel of the Royal Society of Canada, the country's science academy. But the panel seems to have taken the government by surprise with its warning that the current screening process could fail to protect against "serious harms to human health, animal health or the environment." The 265-page report calls for a much higher standard of scientific assessment of proposed transgenic products in cases where the risks are "potentially catastrophic." Health Department spokeswoman Karen Dodds told a news briefing Monday that the 14 scientists on the panel don't understand federal policies as now applied. She said the panel

must have looked at some of the wrong documents on the Health Department Web site. Some of those documents are intended for the general public, not for experts, she said. "If they'd asked for in-depth sessions we'd have given them in-depth sessions." Conrad Brunk, co-chairman of the panel, said it examined all the information publicly available, but some key principles of the regulatory process are ambiguous. He said there is an apparent conflict of interest, given the government's dual objective of promoting the biotech industry and protecting the public. "Since they operate in an environment that is quite deeply embedded in secrecy and confidential information they certainly have an appearance of being (more) aligned with the industry than they do with the public good," Brunk said. "That may be largely perceptual but nevertheless it definitely contributes to the current unease in the public about the way the technology is being regulated." Nadege Adam of the Council of Canadians criticized the suggestion that the scientific panel did not understand federal policies. "To say that is an outrage. If they're not going to consider the Royal Society a credible voice to assess their regulatory process then they won't take anybody's word for it." Brunk said pressure to get funds from industry is distorting the whole research agenda in

Canada. Most government funding agencies ask researchers to get matching funds from industry, he noted. "One of the important elements of biotechnology is that just about everything you come up with in terms of research findings has proprietary value." So there's also a question of researchers themselves having their research agenda distorted by the attractions of commercialization, which are very powerful. Canada is the third-largest producer of genetically modified crops in

the world and the federal government has approved more than 40 varieties of modified corn, potatoes, tomatoes, squash and other plants. Recommendations from the scientific experts include calling in independent auditors to double-check every step of federal regulation and more openness throughout the process. The report also recommends a moratorium on the raising of genetically modified fish in pens, from which they escape to interbreed with wild fish.

The economics of farming simply not balancing out

By Jack Wilkinson

Canadians enjoy some of the safest and best tasting, yet cheapest food in the world. The farmers of this country have become extremely efficient food producers—primarily because economics has forced them to do so.

As an example of this efficient food production, statistics show us that by Feb. 6th this year, the average Canadian household will have earned enough money to pay for their entire year's food supply.

For the farmers, the next statistic isn't good news. By January 8th, the average Canadian household had earned enough money to pay the farmer all he or she will get for the year's supply of food they have produced.

I would like to give you another situation that provides proof that Canadian farmers get very little for their work. Consider a banquet meal offering devilled eggs, barbecued chicken breast, roast beef, roast turkey, baked pork, French bread, baked beans, mixed vegetables, mashed potatoes and milk. The price tag for such a buffet would be in the range of \$24 dollars.

Guess what the farmer's return would be from selling the produce to provide that meal—\$1.67. That's right, less than two dollars—less than the tip to the server, and half of the PST and GST to governments on that meal.

Our farmers take pride in

continued on page 8-A

Reeve firm believer

continued from page 5-A home, complete at their own pace and bring it back. At that point a "peer group" would go over the results and offer suggestions to improve or correct environmental problems.

Mr. Mumford said the program is designed to cover all facets of farming

from fuel storage, manure handling, soil testing, erosion to well testing.

"It is an excellent program, you rate yourself. You identify potential problems and the program offers possible solutions."

Mr. Mumford hopes the program will continue as he

is a firm believer in its worth. Local politicians give a lot more to their community than many ratepayers realize. Doug Mumford is one of those.

Mr. Mumford and his wife Rudy have four grown children, Brian, Karen, Timothy and Linda as well as seven grandchildren.

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FARMFEST 2001

Politicians beginning to recognize problems involved in agriculture

By Jack Wilkinson

Agriculture and its people are making an impression on Ottawa and its politicians. Ours is a complex industry with a great diversity of opportunities and problems.

As the 37th Parliament opened in Ottawa, it was welcome news to hear agriculture mentioned in the Speech from the Throne. There were few specifics, but additional investment in certain areas is anticipated.

Reviewing debates in Hansard, the official publication reporting everything that is said in the House of Commons, agriculture is receiving considerable attention. Members of Parliament from across Canada are presenting their impressions of the importance of the industry and why it is critical that government provide its support to the industry.

Prime Minister Chretien recently returned from a visit to the new President of the U.S., George W. Bush. Even there, agriculture was a point of discussion—everything from support programs for farmers to trade negotiations at the World Trade Organization level.

Before that, our Minister of Agriculture and Agri-Food Canada, Lyle Vanclief, spent some time in Europe talking about international trade and the levels of support different countries provide for their respective farmers.

Canadian farmers have a lot at stake in the international market. Those producing under supply management are concerned about their future and what WTO negotiations could mean for their respective sectors. Livestock producers are anxious that the talks will yield greater opportunities for export of their products.

Canadian grains and oilseeds producers have seen foreign subsidies paid to farmers in the United States and Europe play havoc with the prices they are paid on the international market.

There's a lot to be considered when our politicians and trade negotiators develop strategies to take to the WTO table. It is critical they understand totally what's at stake for Canadian farmers and are prepared to go after the best possible deal for this country's agricultural industry.

When things get out of balance, such as they are now for grains, oilseeds and horticultural producers, it takes considerable time and effort to correct. For more

than a year these farmers have watched their returns decline as world prices are forced down by surplus production encouraged by rich support programs in the U.S. and Europe.

Both Prime Minister Chretien and Mr. Vanclief, in their discussions with officials in those countries, made it clear what is happening to Canadian producers because of their policies. Seeing these talks is a good first step, but it could take months or years for results that will turn things around for our producers.

Farmers from all sectors are joining forces now to make their concerns and demands known to the public in general and to the politi-

cians in particular. They are bringing large pieces of farm equipment onto roads and highways, into towns and shopping mall parking lots to help deliver their message.

Recent debates in the House of Commons indicate most of our Federal Government politicians have a better understanding of agriculture and what's at stake for the farmers of Canada as we proceed into the future. We, at the Ontario Federation of Agriculture, will continue to keep them aware and responsive to the needs of our industry.

(Editor's Note: Jack Wilkinson is President of the Ontario Federation of Agriculture).

Food Freedom Day marked by Member of Parliament

Ottawa—"Because of our farmers, Canadians have an ample supply of food—food that not only is affordable, nutritious and extremely high in quality, but also very safe."

Those were the words of Larry McCormick, Member of Parliament for Hastings-Frontenac-Lennox and Addington. The Parliamentary Secretary to the Minister of Agriculture and Agri-Food, met with farmers and others gathered at Parliament Hill Feb. 6th to celebrate Food Freedom Day.

The event, organized by the Canadian Federation of Agriculture, marked the 37th day of the year, the number of days it takes Canadians to earn the amount we pay for our annual food bill. Dubbed Food Freedom Day, Canadian farmers used the occa-

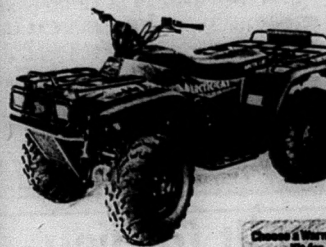
sion to celebrate their role in providing Canadians with one of the lowest cost grocery bills in the world.

Speaking to a large crowd, McCormick noted that farming is hard work and the challenges unpredictable.

"Both weather and markets can wreak havoc with even the most prudent producers. And for some—through no fault of their own—the returns are unacceptably small."

He observed that "many Canadians do not realize that we're the third largest agricultural exporter in the world, and that those exports generate jobs and prosperity here at home. Or that our food and beverage costs, as a portion of household income, are among the lowest in the world."

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FARMFEST 2001

Rural Ramble--an idea paying big dividends

By Cathy McCann

The Rural Ramble Farm
Tour of 2000 exceeded all
expectations.

The weather was perfect,
visitors were out in full force
to see what farming is all
about, and Northumber-
land's No. 1 industry pro-
vided some of the best fun
families enjoyed all summer.

With attendance nearly
double the previous year's
turnout, urbanites learned
first hand that there is a lot
more to modern agriculture
than picturesque farm
scenes and a great place to
raise a family.

A lot of hard work goes
into the organization but Ru-
ral Ramble has developed
into an idea that is paying big
dividends for both rural and
urban residents.

The event was advertised
as "something for all ages"
and our hosts provided just
that. In addition to the mul-
titude of crops and animals,
visitors could visit a general
store, a candle factory, a
manufacturer of aluminum
sculptures, a woodlot demo,
cowboy competitions, a ru-
ral town hall under renova-
tions, a pork assembly yard,
a quilt show, a cheese fac-
tory and perennial flower
gardens.

Produce, crafts and bak-
ing also were big attractions.
Host families and all those
associated with Rural Ram-
ble can be very proud of the
way they presented North-
umberland County to visitors
from across Ontario and be-

yond.

Food Production

In addition, they provided
a unique opportunity for ur-
ban people to get out of town
and have some wholesome
fun while learning directly
about food production. To
be sure, not everything
worthwhile or exciting takes
place in our cities and towns.

After the Ramble week-
end, evaluations came in
with very, very positive com-
ments. Visitors liked just
about everything. The im-
proved map, new signs, and

specific farm directions were
appreciated. The hospitality
of the host families and help-
ers received high commen-
dation. The evaluations are
available for anyone wishing
to read them.

Many of our sponsors
and financial supporters took
in the tour as well. The com-
ments I received were also
very positive. Several spon-
sors mentioned that Rural
Ramble was the most worth-
while venture they support
each year.

Personally I think the co-
operation shown between
the farming community, our
host families, agri busi-
nesses, the NFA, commod-
ity groups, women's insti-
tutes, 4-H club members,
and our sponsors is out-
standing.

We are now getting in-
quiries and support from
other tourism organizers,
advertisers, bed and break-
fast operators, Chambers of
Commerce and many munici-
palities. And kudos to the
continued on page 9-A

The economics of farming simply not balancing out

continued from page 6-A

the work they do--produc-
ing food, caring for crops
and animals, striving to pro-
tect and improve the envi-
ronment and building a
stronger rural community.

While pride goes a long
way to justifying the effort,
economics enters into the
picture at some point, and
when it does, it becomes a
very critical element.

Being able to feed Cana-
dians with such great pro-
duce has made this country
strong and recognized
around the world as one of
the best places to live. I think
society owes a great deal to
the farmers of this country.

I think society should
take a serious look at what it
needs to do to ensure the
next generation of farmers
will be able to continue the
tradition. The average age of
farmers in Ontario is ap-
proaching 60 years. This
tells me a lot of young peo-
ple aren't interested in pro-
ducing food for less than it
costs to produce.

People owning and oper-
ating other businesses know
they have to make a profit
to stay in business. Farmers
know that, too, but much of
what affects their bottom
line is beyond their control.

For the past two years, as
one example, our farmers
have seen prices drop for the
grains, oilseeds and horticul-
tural crops they produce.

This is happening around the
world because the United
States is providing rich sup-
port programs for its farm-
ers to guarantee they stay in
business.

Our farmers have asked
our federal and provincial
governments to increase the
funding for the safety net
programs set up to protect
them from such situations
but those requests are being
ignored.

Input costs for farmers--
everything from fuels to
crop nutrients--have in-

creased dramatically in re-
cent years but farmers have
little opportunity to pass
these costs along when they
sell their produce.

Society needs to be aware
of these circumstances and
work to make sure the
country's political leaders
are prepared to protect the
future of Canada's ability to
feed its people.

(Editor's Note: Jack
Wilkinson is the President of
the Ontario Federation of
Agriculture).

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FARMFEST 2001

A farm is not a playground

Build a safe play area for children

Every year children are the victims of accidental death and injuries on Canadian farms.

As indicated by studies done by the Canadian Agricultural Injury Surveillance Program, a significant cause of these deaths and injuries is children (less than 15 years of age) being run over by tractors and other farm equipment. The facts speak for themselves.

Fact: Among injuries to children, 67 per cent of fatalities and 62 per cent of hospitalizations involve agricultural machinery.

Fact: Among young farm children, runovers by farm machinery accounted for 44 per cent of fatalities.

Fact: Among children killed on Canadian farms, 69 per cent were children of the farm owner/operator and an additional 13 per cent were other relatives of the owner. A relatively small percentage was farm visitors.

Very young children are at the greatest risk of any age group for runover injuries. The most typical circumstance is of a young child being unnoticed in the farmyard and being run over by a tractor or farm wagon. Tragically, the driver responsible is often the child's parent.

The message is clear--children must be kept safely away from farm equipment. One of the greatest safety

precautions that can be done for farm children is to provide a fenced, safe-play area for children near the house. And, ensure that child-care providers are familiar with the hazards on the farm, all the safety rules, and are competent to keep close supervision on children.

Unlike most other homes, farm children live and play in an industrial workplace. This makes it even more important for parents and child-care providers to be directly involved in the farm safety education of their children.

Here are 10 ways to protect and educate children on farm safety:

- 1. Lead by example.** "Do as I say, not as I do" just won't work with safety. You must consistently practice the safety steps you ask of your children. They'll do them, especially if you do.
- 2. Be consistent.** As your child's most important role model, you have to be consistent and unwavering in setting limits. Children love to look for the exceptions to the rules. Don't let them find any when it comes to safety.
- 3. Correct any hazards.**

You owe it to yourself and the family members who work with you to keep your farmstead and equipment in

continued on page 10-A

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Rural Ramble

continued from page 8-A

local news media who all go out of the way to make sure everyone knows about Rural Ramble. This demonstrates partnerships at its best.

Now the organizational objectives are being directed to the Rural Ramble 2001 to be held the weekend of Aug. 18th and 19th. Hope to see even bigger numbers attending.

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FARMFEST 2001

Build a safe play area for children

continued from page 9-A
 safe operating condition. Farm Safety Walkabouts are a good way for your family to identify hazards and discuss options for making the farm safe for everyone.

4. Use the resources. Thanks to the increasing awareness of the importance of farm safety matters, many organizations offer local farm safety programs. Use the special decals and other safety materials many of these programs and workshops offer.

5. Analyze the close calls. Fortunately, "close calls" happen more often than accidents. These can be excellent learning experiences. Take a moment to describe what happened, where the safety lapse was, and how to prevent it in the future.

6. Follow their advice. Your children will be learning about safety in their schools and other groups. You may find the roles reversed when they put their lessons to work and point

out your safety shortcomings. Heeding their advice will likely benefit both of you.

7. Keep it real. Children respond well to facts and reality. Tell them what they need to know in a straightforward manner. Answer questions with facts.

8. Make it easy. The safety standards you set for yourself and your family should be as simple as buckling a seat belt, pulling on goggles, or not riding where there's not a seat. Consult with a farm safety resource person if you need a "third party" to help you determine safe practices that are easy for all of you to follow.

9. Explain what can happen. Give reasons. Tell your children why you're asking them to do, or not do, something.

10. Encourage them. Make a point to compliment your children when they perform good safety practices, especially in instances that required added work or good independent judgement.

The Canadian Federation of Agriculture, along with the Farm Credit Corporation, the Canadian Coalition of Agricultural Safety and Rural Health, Agriculture and

Agri-Food Canada want to encourage Canadian farmers to provide a fenced, safe-play area for children and help prevent runovers and other tragedies on the farm.

Watch next week's paper for more FarmFest

Food Freedom Day

continued from page 7-A
 cent of their income on food. That compares to Australians at about 14 per cent and Germans at just less than 15 per cent.

"It's hard to believe that farmers' earnings are just a fraction of the average food dollar," says CFA president Bob Friesen. He says that the farmer receives nine cents of the \$1.50 for a loaf of bread or 16 cents of a \$1.50 glass of milk served in a restaurant. The CFA president points out that while it takes 37 days of earnings for Canadians to pay for their yearly food bill, of that only nine days goes to the farmer.

Echoing words often said by Lyle Vanclief, Minister of Agriculture and Agri-Food, McCormick said: "If you ate today--thank a farmer." He reminded those gathered that Minister Vanclief hears the message of our producers and leads the cause of Canadian farmers.

That help includes pushing for the elimination of unfair subsidies and im-

proved market access, while maintaining our right to our own domestic marketing systems. By seeking and developing markets abroad through trade missions, export development programs and bilateral approaches.

Efforts are being made, he said, to ensure the continuous improvement of our food safety policies and standards, and inspection and control systems. And by refining and improving the whole farm safety net system.

Speaking on behalf of the federal government, McCormick said the government appreciates the contribution of Canada's farmers to our values as a nation and to the value of the economy.



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Cubs, Scouts enjoy winter camp at Woodcrest Resort



Scouts, Cubs and leaders

By Dianne Colton

Harlowe - Peace, brotherhood and fun. These are some fundamental Scouting elements. On the weekend of Jan. 27-28th there was very little peace, but an abundance of brotherhood and fun at Woodcrest Resort.

The 1st Baltimore Cubs

and Scouts of Cobourg District enjoyed the winter wonderland with an overnight camping trip. There were 19 Cubs with eight leaders and 10 Scouts with four leaders during the elements - which turned out to be very little problem for this ambitious group. Relatively warm weather with a few mood-setting flurries made for the perfect outdoor experience.

By 10:00 a.m. Saturday the troops were assembled and ready for their first weapons to combat the snow - GT's, crazy carpets and saucers.

Tent sites

As the Cubs continued to battle the slopes, the Scouts set out to choose the ultimate snow tent site. Gear was lugged through knee-deep snow to selected woody spots and the shovels came out. Most shovelled 10 by 10-foot areas for their tents. There was, however, one leader who opted for a daring arrangement by draping a tarp from a picnic table to the snow sides to sleep under.

Two brave Scouts did almost the same, but without the table. Their sleeping area had three snow sides. They used a long, sturdy branch stretching the width of their area and resting on the snow

banks as support for their tarp roof. Ingenious! As far as I know there were few complaints from the group about being cold.

Sleeping accommodations completed, the Scouts quickly rejoined the Cubs for sliding, skating on the lake, cross-country skiing and snow shoeing. Some kids even tried their hand at ice fishing, but unfortunately the water wasn't really deep enough and the fish didn't cooperate. They had just as much fun peering down the hole and imagining a big fish lurking nearby!

The Cubs gave their sleds the best workout they'll see this winter. At any time - except meal breaks - during the weekend, there were bodies blasting down the hills, leaping pre-made jumps and shooting out onto the lake, all the while trying to avoid the many kids trudging back up the hills for another run. There had to be some sore backsides by Sunday afternoon.

The leaders and parent helpers had their hands full directing traffic and participating in the activities, such as mine hockey tournaments, and challenging the snowy woods on cross-country skis.

We at Woodcrest Resort had just as much fun watching!

After a long, active Saturday, it must have been great to fire up the camp stoves to prepare a terrific hot dinner. I heard rave reviews about the stew!

As the forest shadows retreated into twilight, and finally darkness, the kids relived the excitement and fun before the Scouts hunkered down into their frosty tents

and shelters for the night, and the Cubs crawled into their sleeping bags in the warm Rec building.

With the temperature dipping down to about -12 or so, the trees snapping and cracking, the owls serenading each other, and thrilling thoughts of what night hunting animals might come to visit, I'm not sure how many Scouts had a restful night's sleep. The Cubs had a tough time settling down and after quite a few stories and questions, the leaders and parents were very grateful to see that last pair of eyes finally close!

Sunday was another very busy day. In between lunch, taking down tents and the general mayhem of finding and packing everything each child came with, the kids squeezed in as many more runs down the hills as possible.

By 2:00 p.m. the seemingly inexhaustible bunch was visibly slowing down. Whether that was because they were finally getting tired, or because they were trying to delay their departure was hard to say. We would like to believe they just couldn't tear themselves away!

A last gathering of the troops for pictures, some reflections, a prayer and a heart-warming thank you signalled the end of an extremely fun weekend winter camp.

As everyone headed home for a warm soak in the tub and a cozy, soft bed, we thanked them all for sharing their fun with us and hoped to see all their shining, rosy red faces again next year.

- photo submitted

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MARMORA Agriculture Society meeting at the Empey Hall on Thurs. March 8 at 7:30 p.m. New members urgently needed. Contact Marilyn 613-472-0853.

ART Show and Sale. Original paintings by Norwood and area artists Sunday, March 18th, 10 a.m. - p.m., Pine Street, Norwood. Free admission.

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CARD OF THANKS CARD OF THANKS

BEDORE, Will (Buck) - Over the past week our family has been blessed by the kindness of countless people. In celebration of Will's life we would like to thank the following: **Caresant Care Nursing Home, Marmora.** Their tireless devotion to Will's needs and the needs of the family ensured that every moment of our time spent by his bedside was full of love and compassion. **McConnell Funeral Home, Marmora.** Their assistance in our time of sorrow was a gift that will be warmly remembered. **Father Jean Laberge's** visits, words of comfort, and sincere joy in becoming part of our family this past week offered Christ's presence among us. **Sacred Heart Catholic School** for their assistance, the **CWL** for their preparation of the lunch, the choir, altar servers, lectors, pallbearers, greeters, organist and all others who assisted before, during and after the Mass. Family and friends who made sure we ate properly, offered comfort, listened to our stories, shared our joy and our sorrow, and to all those who sent flowers and made donations. Often we believe that it is better to give than to receive, this week we experienced the need to receive and we thank everyone for their gift of giving - of themselves, their gifts and their love for Will - husband, father, grandfather, great-grandfather, brother, nephew, uncle, cousin (Gev, Tom, Dan, Theresa and Cecilia).

MY Sincere thanks for your prayers, cards, calls, visits, food, flowers, love & support during my surgery & recovery, **Bess Barnett.**

SHAW - The family of the late **Nellie Shaw** thank family & friends for their charitable donations and expressions of sympathy during our loss. A special thanks to **Marmora & Lake** volunteer fire dept.'s quick response, the two constables who attended, **McConnell funeral home & Rev. Findall.** Thankyou one and all, **Whitey & Dorlene Shaw.**

Thankyou

To our children for all the preparation and planning of our 25th Wedding Anniversary. To our Family and Friends who helped our children by supplying food, helping out at the bar and cleaning up after the party, we appreciate it very much.

Wayne and I want to thank everyone who had a helping hand in making this special night extra special for us. We want to thank everyone for attending and hope you had as good a time as Wayne and I did.
Love, Wayne & Yvonne Rosien

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Centre Hastings Minor Hockey News

by Sherri Carmen

The Atom DD Grizzlies are currently sitting in good shape in a round robin series for the Hastings Cup. Their record is 3 wins and 1 loss in the first four games played. The winning scores for those games were as follows: vs Otonabee 6-4; vs St. Pauls 9-1; and Havelock 8-2. This team has a busy

weekend ahead of them as they travel to Frankford Friday night, then take on that team Saturday at 11:30 in Madoc. On Sunday, they go up against Otonabee at 1:30 on Marmora ice. Good luck Atoms!

Centre Hastings has been lucky enough to have two teams advancing to the O.M.H.A. semi-final round for the All-Ontario Championship. The Midget Grizzlies have already played game 1 in their best of 3 of 5 series, battling the elements last Sunday and taking off to Almaguin. (Almaguin is a township located on Highway 11 just south of North Bay). The long road trip seemed to have no effect on the Midgets as they skated to a 5-0 victory. Games 2 and 3 will be played at the Madoc arena this weekend. Game 2 gets underway at 9pm on Friday night and game 3 is scheduled for Saturday at 2pm.

The Juveniles got by Penetang and will be hosting Walkerton this weekend

to get their best 3 of 5 series started. Game 1 is slated for 9pm Saturday night at the Marmora arena and game 2 is in Madoc at 3pm on Sunday. This is good fast hockey as our Juveniles got bumped to a B-BB level this season and are still handling the competition with ease.

Mark April the 12th on your calendar. Centre Hastings Minor Hockey will be holding the Annual General Meeting that evening at the Marmora Town Hall. This is always an important event as changes to our bylaws and constitution get amended that night, as well as the election of officers. Please plan to attend.

It's nearly time to do your annual national duty by letting the government know exactly what you were up to financially over the past year.

Tax returns for 2000 are due April 30. For many, it is a time to sharpen the No. 2 pencils and get anxious. Others get on the Internet and take advantage of the speed and convenience of electronic tax filing.

Official government Web sites, accounting firms, the makers of do-it-yourself tax software and professional tax preparers can help smooth the process of getting the most out of your tax

Ontario police association to speak out in favour of health privacy changes

The Police Association of Ontario says its officers need to know if a needle prick in the line of duty could kill them. Legislation now being debated in Ontario would provide more access to personal health records to the province's police officers. Bruce Miller, a spokesman for the association which represents 13,000 municipal police and staff in the province, says better access to health information would protect officers who come in contact with blood and other bodily fluids in the line of duty. "We know there's going to be privacy concerns, but our people put their personal safety on the line every day," Miller said recently. The association intends to argue in favour of the proposed bill when it goes before a legislative committee Wednesday. Miller, a former police officer in London, Ont., had a close call that could have cost him his life when he gave mouth-to-mouth and CPR to someone who was later revealed to have spinal meningitis. He says the bill Ontario's Conservatives are proposing would take the uncertainty out of such situations, ensuring that officers know when they need medical treatment. Others have spoken against the controversial bill, including the president of the Ontario Medical Association who said patients may not give their doctors full information about their health problems for fear it would end up in the hands of employers, insurance companies, or the police. Const. Isobel Anderson, who underwent medical treatment after being stuck with a hypodermic needle while arresting a robbery suspect, will also speak in favour of the bill.

Filing your taxes online

return.

And once you're done, you can file your taxes online and get a return (if you have one coming) within about two weeks. Last year -- the first year the Canada Customs and Revenue Agency opened its NetFile system to the general public -- it got 443,000 submissions online.

About 16 million Canadians completed their annual income tax on the traditional paper forms last year and sent them in through the mail. But that is beginning to change, says agency spokeswoman Colette Gentes-Hawn. Along with those who used NetFile,

689,000 used the telephone-based TeleFile service (for information call 1-800-959-1114), which also promises to get a return processed in around two weeks.

"People who used it were very happy with the (online) service -- it's a great way to get your refund in less than two weeks," she says.

"Because it was the first year we sort of held our breath a little bit through the whole season. But our NetFile stuff worked tops."

Filing over the Internet currently requires the purchase of a software package, which can cost between \$30

and \$60. Currently, there are three available for use in Canada: Dr. Tax, QuickTax and Taxwiz.

That might seem expensive, considering those who do their taxes on paper only have to pay for postage. But Gentes-Hawn says preparing taxes and filing them over the Internet can save time and generally produces a more accurate return -- there is no need for a Revenue employee to manually input the figures from paper to the department's computers, reducing the chances of human error.

"There are huge benefits for everybody. For us to get a return electronically saved \$2 -- which doesn't sound like a lot," says Gentes-Hawn.

"But when you consider that there are 22 million taxpayers out there, for every million returns we get electronically, we save \$2 million."

Professional tax preparers have wholeheartedly gravitated to electronic filing, and at 5.8 million returns prepared were the biggest group of electronic filers in the country.

Getting answers to many tax-related questions -- and personal information about certain deductions and benefits -- is also possible through Revenue Canada's site, by accessing the T.I.P.S. Online service.

Revenue Canada offers tax help via telephone, but does not operate an e-mail help service because specific tax advice tends to be too complicated, says Gentes-Hawn.

Commercial accounting firms like Deloitte and Touche often archive publicly available tax tips and guides like their TaxBreaks newsletter.

Accounting firm Ernst and Young www.eycan.com also offers tax tips in a bi-weekly feature. H&R Block a commercial tax-preparation service, has some tax advice available on its site www.hrblock.ca and will answer specific tax questions for a fee.

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ONTARIO GOVERNMENT CONSULTS ON IMPROVING WORKPLACE-RELATED SERVICES

The government is consulting on a proposed unified workplace tribunal to improve efficiency and client access to workplace-related services, Labour Minister

Chris Stockwell said recently.

Currently, workplace-related services are carried out by 10 agencies and tribunals involving five ministries. Each has its own rules of procedure and case management processes; some have overlapping jurisdictions. The result is uncertainty for workers and employers and organizations.

"We want to make sure that the people who rely on the system -- employers, employees, unions and associations -- have access to an efficient, effective, coordinated and integrated process," said Stockwell.

The government's proposals are outlined in the consultation paper *Looking Forward: A New Tribunal for Ontario's Workplaces*. If implemented, the proposals would unify six tribunals and restructure four agencies handling matters relating to the workplaces.

Under the government's proposals:
- the Ontario Labour Relations Board, the Workplace

Safety and Insurance Appeals Tribunal, the Pay Equity Hearings Tribunal, the Education Relations Commission, the College Relations Commission and the Board of Inquiry under the *Human Rights Code* -- would be merged into the proposed unified tribunal.

- the Office of the Employer Adviser, the Office of the Worker Adviser and the Pay Equity Office -- would be reviewed to determine the best way to deliver their services; and
- the Grievance Settlement Board would have its Crown Agency status reviewed.

"We remain committed to protecting the public interest and providing a high level of client service," said Stockwell.

"Our proposals would provide a fair and impartial system with quick resolution of workplace-related disputes."

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Cooper Wild Kids

What's Happening With The Atom Girl's Hockey Team

Wow, so much has been going on with The Cooper Wild Kids it's hard to know where to begin.

The girls have played very competitively in the second half of the season with a record of 11 wins, 2 ties and only 4 losses. This is a tremendous accomplishment. Way to go girls!

Over the past week, we have had to play some regional play down games to try to qualify for the Provincials on April 20-22. So far, the results are positive for the Cooper Wild Kids.

Our first game of the Regional Play Downs was held on February 22, in Cobourg. The girls were really excited about the whole idea of the Provincial and came out strong against the Cobourg team. Brittany Gray, assisted by Andrea McAleary, scored in the first period, making it 1-0 for Cooper.

The second period had no goals scored by either side, thanks to some outstanding goaltending by Lindsay Black. In the third period, Andrea McAleary broke away from the pack and scored on a breakaway assuring the victory for the Cooper Wild Kids.

The second game of the Regional Play Downs was held on Sunday, February 25 in Peterborough.

The girls now had their hands full, as they had played the Peterborough team in the regular season and tied and lost each game.

The game started out at a fast and furious pace for both teams and at the end of the first period, the score remained 0-0. Cooper put the pressure on in the second

period and Andrea McAleary scored an amazing goal in the top left hand corner of the net, making it 1-0 in favour of Cooper.

In the third period, Peterborough played their best, calling time outs and pulling their goalie with a minute and a half left to go in the game.

Lindsay Black again had a tremendous game in net. The whole team put forth a 100% effort and won the game 1-0. Great job girls, you had the fans on the edge of their seats the whole game.

The third game was played at the Madoc Arena on Tuesday night against Peterborough. We had a

great crowd out for the game and the girls didn't disappoint anyone. Peterborough's Julie Czerniawski scored first at the 7:00 minute mark of the first period. The girls continued to put the pressure on the Peterborough team and Brittany Gray scored, unassisted, with only 15 seconds to go in the first period of the game.

The Cooper team had the momentum going after that, and Andrea McAleary, assisted by Joscelyn Rollins, scored in the third period, followed by Jessica Parks, assisted by Joscelyn Rollins, to finish the game 3-1 in favour of the Cooper Wild Kids.

The 3 remaining re-

Grade 10 Test Results

This week, the Education Quality and Accountability Office (EQAO) is expected to start releasing the results of the literacy test administered to all Grade 10 students in the province this past October. This is the first time secondary students have participated in province-wide assessments for graduation. Beginning next year, however, the province is requiring that all students pass the Grade 10 Literacy Test to receive their secondary school diploma.

Individual student results are scheduled to be released beginning February 28. These results are expected to indicate an overall pass/fail for the student. Students are considered to have successfully completed the test only if they have passed both the reading and writing components of the test. Any students who were unsuccessful on either or both parts will receive additional assessment information indicating areas needed for improvement.

"This kind of information will be very valuable in developing programs to support improved achievement for those students," said Linda Wilson, Curriculum Coordinator.

On March 8, EQAO will also be releasing board results from across the province. The news release will be posted later on its website at www.eqao.com. Information will include pass/fail percentages for both the reading and writing components individually and the components combined.

The EQAO requires that all boards make their school results public by no later than April 9, 2001. The full report of results for the Hastings and Prince Edward District School Board will be presented to the public at the regular Board meeting on Monday, March 26. This report will include additional contextual data collected from the Student Information Forms and Student Questionnaires, and preliminary analysis of school and board results.

gional play down games are scheduled for this upcoming week.

The first game against Cobourg is to be held at the Madoc Arena on Saturday, March 3 at 1:00pm.

The next one is Tuesday, March 6 at 7:00pm in the Madoc Arena against Cold Creek 2 and Wednesday, March 7 at 8:00 at the Colborne Arena against Cold Creek 2. If the Cooper Wild Kids can win one of the three games, they are guaranteed a position in the Provincials. So, please come out and support them this Saturday, March 3. Hope to see you there!

Special thanks to Morley Perrie who has been responsible for our referees throughout the entire season and who was our official scorekeeper and announcer with our game against Peterborough.

Thanks again, Morley, we really appreciate everything you have done.

Special thanks as well go out to Kathy Coe, from Centre Hastings Minor Hockey, who, with her already hectic schedule, managed to find some ice time for the Cooper Wild Kids to squeeze these additional games in at the Madoc Arena.

Thanks to everyone who has supported the Cooper Wild Kids over this season.

Battle of the Badges

Battle of the Badges is just one way Police Service and your community come together in an effort to raise funds for local charities and organizations. This is the first such event will be featured in the Belleville area. The event is a highlight of the Centre Hastings OPP Kingston RCMP, joining forces to challenge the local Police Service in a hockey game. Also participating in the event is guest referee and hockey legend, Yvan Cournoyer and celebrity legend hockey players Marcel Dionne and Gilbert Perreault.

A portion of the proceeds from this 2001 law enforcement Battle of the Badges hockey game will be donated to the Prevention Awareness For Life, formerly known as the Ontario Prevention Against Drugs. This non profit organization is committed to delivering programs to our youth and community at large, on violence and substance abuse.

The game will take place on Wednesday March 7, 7:00pm at the Memorial Arena on Market Street, 100. For information, please call 1-800-665-1672. Tickets are \$15 for single, \$20 for a pair, or \$9 each if 3 or more purchased, plus applicable taxes. Please come out and support your local police officers and this worthy cause.

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Location: In the O.P.P. Centre Hastings Detachment area which is bordered on the west by the Hastings Northumberland County Line, east by the Hastings/Addington County Line, north by Gilmour Road and in the south by Ridge Road, (to be located on a highway, County Road or main thoroughfare).

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Attention: Mr. Martin L. Skolnick
Vice President

All submissions, in their entirety, are to be delivered to Rockwell Commercial Real Estate Services Inc. by 3:00 p.m. (EST), on Tuesday, April 3, 2001. Submissions of proposals by facsimile will be accepted, with the original thereof to be submitted in a sealed envelope at the above noted address within three (3) business days of the Closing Date.

For further information, please contact Martin L. Skolnick at (613) 542-2724 or martin@rockwellcommercial.com. The lowest or any submission may not necessarily be accepted.

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CENTRE HASTINGS HUNTINGDON FIRE DEPT. South Hastings



Pictured are Celia Papertjan, Susan Todorowski, Beth Hachey, Stephanie Moore, Sherri Kurvy, Chief Craig Horton and Deputy Fire Chief Bill Pollock. Missing from the photo are Pat Ashley and April Thompson. The Women's Auxiliary, through a variety of fund raising initiatives such as yard and craft sales, have supplied new helmets and portable radios for the fire fighters. This most recent amount has totaled \$3000. Photo by Aubrey Johnson

Fire Prevention

Fire prevention has become an unending war, waged on many fronts. However, fire protection is more than a fire department.

There are two sides to fire safety; fire protection (devices) and fire prevention. All safety oriented professionals in any field of health and safety unanimously agree that prevention is the key to the reduction of life and property loss.

The fire service in Ontario offers a variety of career opportunities with a potential for personal growth. A progressive fire department needs people with a variety of backgrounds and interests including planning, medical care, finance, law, teaching, engineering, and computer science. These same departments also rely heavily on fundraising initiatives to supply needed resources to allow refurbishing equipment necessary to fight sinister as they happen. Another resource fire departments rely on are the women's auxiliaries who work tirelessly on obtaining equipment for their fire fighters.

As we enter Spring, Fire Chief Craig Horton reminds everyone, on behalf of the Centre Hastings Fire Department, that the forest fire season in Ontario officially be-

gins April 1. Historically, fires appear first in southern Ontario where spring generally starts earlier, then appear farther north with the arrival of warmer, drier weather.

Regulations, enacted by both the Municipal as well as Provincial governments, restricts what can be burned. Residents are reminded that open air burning shall not be permitted unless approved, or unless such burning consists of a small, confined fire, supervised at all times, and used to cook food on a grill or a barbecue.

The burning of leaves, brush, wood waste, etc., is not permitted outdoors except under any one of the following three circumstances: 1) the fire is kept small and is used to cook food on a grill or barbecue; 2) the burning has been approved by the Chief Fire Officer; or 3) the burning occurs on farm property used

for farming purposes.

The purpose of this provision is to protect property from risk of fire exposure. Farming operations in Ontario are, however, exempt from these regulations.

The Centre Hastings Huntingdon Fire Department will be holding their popular annual pancake breakfast on March 18, from 7:00 a.m. until 1:00 p.m.

Held at the Ivanhoe Hall, this fund raising initiative allows the firefighters to use the proceeds for the purchase of new fire and rescue equipment.

A hearty meal is being offered for adults and kids alike and a special display from Hastings & Prince Edward County Mutual Aid Fire Safety House and a visit by Sparky, the Fire Prevention Dog, should make this 16th annual event a memorable one

Access Centre Renews Nursing Contract

The Access Centre for Hastings and Prince Edward Counties has renewed nursing contracts with three provider agencies. The contract renewals feature increased

compensation rates.

Contracts have been renewed with All Care Health Services, Paramed Home Health Services and the Victorian Order of Nurses, for

a two year period. The Access Centre had contracts with four provider agencies until Caregivers Health Ser-

continued on page 2

St. Patrick's Day Wonderful in Canada

by Alma Fox

March 17th makes this St. Patrick's Day. The wearing of the green, shamrocks abound in the supermarkets, though they're not true shamrocks, but an easily grown version. On St. Patrick's Day it seems everyone has some family member from Ireland lurking in their past.

Ireland, it really is beautiful in the countryside. Views of rolling hills and fields of varying shades of green come to mind. Yellow primroses and dewy white snowdrops are abundant on roadsides. Wild daffodils and hyacinths, of lavender and blue, sprout in farmer's fields, often to be gobbled up by the heads of sheep that seem to wander everywhere. The ground is stony, Ireland is a very old country, worn out in many places. A land that was always at a strain to feed the population, and a land constantly at battle for countless hundreds of generations.

Television and movies show us a country steeped in pubs and celebration; happy people laughing over a pint, singing and telling stories. Although that's not a false image, it isn't completely accurate either. True, the Irish are a people that enjoy the pub and generally any social gathering that presents itself. They will celebrate almost anything. I know this because it's ingrained within me to always make the best of a bad situation, and it's a good situation, all the better. We like to gather. We like any excuse to get together. A birth, a job, a death, it doesn't matter, we'll get together and celebrate it. This comes from a

long history of a people who, in the past, lived basically alone, miles apart, in order to eke out an existence on the old land.

I lived in downtown Belfast, right in the middle of the shopping district, since my Father owned a large grocery store with a large clientele. Of course it has changed greatly since I lived there. Now there are modern supermarkets and chain stores, but the old Belfast is what I remember, and my

tainly, later on, you were never to even look at a Catholic like you! Such a terrible way to bring up children, teaching hatred and intolerance from an early age. Your personal beliefs didn't matter. It was the rules of survival on the street.

There was a big vacant lot up the street from my Father's shop. It was littered in broken bricks, glass, and rubble, and was left over from the "Blitz". This was where the streets had been



Top of the morning Madoc

memories are quite clear. Everything was old. Ancient brick and stone buildings, three and four stories high. We resided in the three floors above the shop. There was no central heating, but fireplaces in every room where my mother would run in and out of the store, between serving customers, still trying to keep the coal fire burning. It seemed cold and damp all of the time, whether it was summer or winter. Ireland is so green only because it rains and rains and rains.

I was taught, in my generation, as soon as you were old enough to go to school (which is age 4 in Grade 1) just which side of the street to walk on, depending on what street you are on. One side was for the Protestant kids to go to school, and the other, for the Catholic kids, and every street had its own rules. We were told, right from the beginning that when they throw stones at you are to throw them back harder. You were told never to talk to the other kind. No Catholic kids were allowed to be brought home to play with, and cer-

bombarded during the war and never even cleaned up. As children we played there, it was a favourite hangout to play marbles or gather rocks to throw. It was dirty and dingy, and there was always a fight going on between someone or other. The whole day we played there, it was like this. I remember being depressed as a child and I think that is when I learned to escape into books. In books I could be just where I wanted to be. Only on Sundays, I remember being happy. That is when we

continued on page 2

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Access Centre Renews Nursing Contract

continued from page 1

ices went out of business earlier this year.

"Renewing these contracts for a two year period will bring some stability in the delivery of nursing to the community in light of the health care human resources shortages," said Wendy Parker, Director Corporate Development at the Access Centre. "The service providers approached us regarding difficulties they are facing with recruiting and retaining qualified staff. There are some challenges in providing community nursing services with the limited resources available."

"The Access Centre Board of Directors has approved an additional \$1 million for the increase in compensation to front line staff because it is vital that service providers attract qualified professionals to meet the growing demand."

"The Access Centre has

been experiencing a seven percent growth in demand for nursing services annually. We are also seeing increasing challenges with changing demographics, more children with special needs, and increased acuity of care with the down loading of acute care to the community," said Parker. "Nurses must continually upgrade skills to stay current with the changing face of community nursing. They should be compensated for their skills."

The agencies providing services to the Access Centre are pleased to have the stability of a two year contract and the increased rates. "I strongly believe that the contract renewal will help alleviate some of the recruitment and retention issues facing local nursing agencies," said Georgina Thompson of All Care Health Services. "The RFP process makes staff question where the jobs will be in the future."

It will be a great boost for nurses to know that jobs in community nursing will be steady for a few years."

The Ministry of Health mandates that the Access Centre must issue a Request for Proposal for nursing services or any single service contract of \$100,000 or more. "It takes six to eight months to complete the RFP process from developing the standards to awarding the contract," says Parker. "The Ministry of Health provides guidelines and some of the key components but the process is largely developed locally to meet local needs. We use a standardized tool to rate proposals on quality of service and price. If quality is not adequate, we don't even look at price."

Along with the labour stability, agencies are also pleased they don't have to compete for business again. "Certainly there is a cost to performing RFP's," said Georgina Thompson. "Avoiding undertaking the process will help keep the costs of providing service down."

Since March 31, the Access Centre has provided 137,978 nursing visits to 15,500 individuals in Hastings and Prince Edward Counties.

The Access Centre coordinates community nursing, homemaking/personal support, physiotherapy, occupa-

tional therapy, dietetic counselling, speech language pathology, social work, mental health, provision of equipment for home health, supplies and some drugs. In addition, the Access Centre coordinates all admissions to Long Term Care Facilities for the residents of Hastings and Prince Edward Counties.

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Please Join Us

St. Patrick's Day

continued from page 1

would drive into the country. We had a car because of my Father's business. Not many people had cars then. It was an old 1949 Morris Minor, which had a hole in the floor which my Father covered with a board.

In Ireland you can get into a car and drive in any direction and your world changes. It is only a short distance to get anywhere. Here, in the countryside we would visit old castles, little towns of cobblestone streets, and rickety stands selling potato bread. We would picnic on the side of the road where I would pick wildflowers, and search, always hoping to see fairies or leprechauns. Sunday drives usually ended in a little roadside pub, where my Mother would sip a glass of sherry and my Father, a pint of the traditional dark stout. Someone would get up and play the piano; sometimes my Mother, who was quite good, and we would all sing songs like one big happy family, total strangers and all, to one and other. No one spoke of their religion, or the troubles. No one wanted to fight on Sunday.

We were a lucky family that my Father had the foresight he displayed. He knew that Ireland was not to change much in the coming years. He felt that there was not much of a future for children there. My Father had been to Canada in the 1940s. He was in the Royal Air Force, and flight trained in Prince Edward Island. He was, after his training was over, sent to India for several years with the Burma Bombers of the R.A.F. His memories of Canada were good ones, the people open and kind, and so we immigrated here, and started a new life in a new country.

I feel lucky to have experienced Ireland, but I am glad to be Canadian. It is true that I had an advantage with an early British education. After coming to Canada I was put two grades ahead, so you can see that the schooling is excellent. The biggest difference for my brother and myself was that suddenly we had all this freedom! Freedom to meet all sorts of people from different backgrounds and cultures and learn from them all. We could have friends that went to different churches, or no church at all. Religion was not a priority anymore. It was such a relief! Canada was, and still is, the land of opportunity, where you could be anything you wanted. Thank God my Father had the foresight and courage to give up everything he had, for the chance at a better life for his children.

So tonight, I will set a nice Irish dinner table, complete with its little pot of shamrocks and good Irish linen. I shall finely chop green onions and parsley into the mashed potatoes, and light green dinner candles. We shall toast dear Mom and Dad, who are both, sadly, gone now, play a little Irish music and be Irish for the day. Ireland is never too far from my heart, but I am very thankful to be in this beautiful, free country to celebrate St. Patrick's Day.

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Tricky Little Sprites

The Leprechauns are merry, industrious, tricky little sprites, who do all the shoemaker's work and the tailor's and the cobbler's for the fairy gentry, and are often seen at sunset under the hedge singing and stitching. They know all the secrets of hidden treasure, and if they take a fancy to a person will guide him to the spot in the fairy path where the pot of gold lies buried. It is believed that a family now living near Castlereagh came by their riches in a strange way, although the good offices of a friendly Leprechaun. And the legend has been handed down through many generations as an established fact.



There was a poor boy once, one of their forefathers, who used to drive his cart of turf daily back and forward, and make what money he could by the sale; but he was a strange boy, very silent and moody, and the people said he was a fairy changeling, for he joined in no sports and scarcely ever spoke to any one, but spent the nights

reading all the old bits of books he picked up in his rambles. The one thing he longed for above all others was to get rich, and to be able to give up the old weary turf cart, and live in peace and quietness all alone, with nothing but books round him, in a beautiful house and garden all by himself.

Now he had read in the old books how the Lepre-

chaun, with a cocked hat on his head. So the boy jumped down from the cart and seized him by the neck.

"Now, you don't stir from this," he cried, "till you tell me where to find the hidden gold."

"Easy now," said the Leprechaun, "don't hurt me, and I will tell you about it. But mind you, I could hurt you if I chose, for I have the power; but I won't do it, for we are cousins once removed. So as we are near relations I'll just be good, and show you the place of the secret gold that none can have or keep except those of fairy blood and race. Come along with me, then, to the old fort of Lipenshaw, for there it lies. But make haste, for when the last red glow of the sun vanishes the gold will disappear also, and you will never find it again."

"Come off, then," said the boy, and he carried the Leprechaun into the turf cart, and drove off. In a

second they were at the old fort, and went in through a door made in the stone wall.

"Now, look round," said the Leprechaun; and the boy saw the whole ground covered with gold pieces, and there were vessels of silver lying about in such plenty that all the riches of all the world seemed gathered there.

"Now take what you want," said the Leprechaun, "but hasten, for if that door shuts you will never leave this place as long as you live."

So the boy gathered up his arms full of gold and silver, and flung them into the cart, and was on his way back for more when the door shut with a clap like thunder, and all the place became dark as night. And he saw no more of the Leprechaun, and had not time even to thank him.

So he thought it best to drive home at once with his treasure, and when he arrived and was all alone by himself he counted his riches, and all the bright yellow gold pieces, enough for a king's ransom.

And he was very wise and told no one; but went off next day to Dublin and put all his treasures into the bank, and found that he was now indeed as rich as a lord.

So he ordered a fine house to be built with spacious gardens, and he had servants and carriages and books to his heart's content. And he gathered all the wise men round him to give him the learning of a gentleman; and he became a great and powerful man in the country, where his memory is still held in high honour, and his descendants are living to this day rich and prosperous; for their wealth has never decreased though they have never given largely to the poor, and are noted above all things for the friendly heart and the liberal hand.

chauns knew all the secret places where gold lay hid, and day by day he watched for a sight of the little cobbler, and listened for the click, click of his hammer, as he sat under the hedge mending the shoes.

At last, one evening just as the sun set, he saw a little fellow under a dock leaf, working away, dressed all in

Seniors will outnumber children 14 and under

Baby boomers, those born in the 20 years after the Second World War, will have the most profound impact on Canada's population in the next 25 years, Statistics Canada says.

"By 2016 at the latest, Canada will have far more seniors than children aged 14 and under, a phenomenon never before recorded," the agency said recently in a study of population projections. By 2026, one of every five people will be a senior.

"The number of people aged 65 and over is expected to double from nearly four million in 2000 to almost eight million by 2026," the agency says. "By 2051, the population of seniors could reach between nine million and 10 million."

Seniors will make up 21 per cent of the population by 2026, compared with 13 per cent in 2000.

The most rapidly growing age group will be those 80 and older, expected to double to 1.9 million in 2026 from 920,000 in 2000.

"By mid-century, this group will likely have increased nearly four fold to 3.3 million," Statistics Canada estimates.

The agency says that in general, the population growth rate will continue to decelerate.

"On July 1, 2000, Canada's population was an estimated 30,750,000. In 25 years, it is expected to be between 34 million and 39 million."

The annual population growth rate, 0.9 per cent from 1996 to 2000, is expected to slow to 0.5 per cent by 2026 and from 2046 to 2051 it could average 0.1 per cent a year, the agency says.

However, the rate of decline could reach 0.4 per cent between 2046 and 2051 if the rate of replacement continues to decline and is not offset by immigration.

Statistics Canada says the "potential support ratio," that is the number of working-age people per senior, "is projected to fall precipitously in the coming decades."

"Between 2000 and 2026, this ratio will decline from five working-age persons for each senior to just three," the agency says.

"Currently, for every 100 people of working age, there are 46 children and elderly people." By 2026 that dependency ratio will be between 55 and 60.

While cautioning that provincial population projections are difficult to forecast, the agency says it expects population gains until 2026 for all provinces except Newfoundland, New Brunswick and Saskatchewan.

Step-by-Step to Success on the Web

Nine Ways to Put Power into Your Online Program

Power thinking is the ability to make quick decisions. Once you fully understand the scope of your business and what makes a success story, the pieces will be in place for you strategically to enter the saturated Internet marketplace with warriorlike confidence. In order to do this, you have to evaluate constantly where you are and where you are going. Putting these elements in place will help you do more than just generate traffic; they'll help keep your business profitable.

Make sure your web site design follows the basic principles. Successful web sites have these design characteristics in common: They are information rich. They are regularly updated to encourage repeat visits. They have clear navigation paths to allow for easy movement around the site. They give value to the customer in the form of real information and services. They respond to customers within 48 hours.

Market properly Anyone can design a web site, but you need to do more behind the scenes to make it into a business. The site needs to be marketed well in order to ensure high access. This is an art that involves techniques such as cross-linking and promoting your URL in every company communication. If your site isn't marketing- and sales-ready, don't go live.

Understand your customers and their buying habits. Who are your customers? You should be able to clearly identify them in one or two sentences so that you'll know how to reach them. Do customers keep coming back, or do they just purchase from you one time? Does it take a long time to close a sale or do your customers buy on impulse?

Price your product or service correctly. Clearly define your pricing strategy. You can be the cheapest or you can be the

best, not both. Research will help you identify which you should be.

Anticipate cash flow needed

When you are just starting out, suppliers require quick payment for inventory, sometimes even COD. If you sell your products on credit, it can be months from the time you make the sale to the time you get paid. It's wise to plan for this.

Monitor your competition, technology, and other changes in the marketplace.

Don't be lazy here. It's dangerous to assume that what you have done in the past will always work. Challenge the factors that led to your success. Do you still do things the same way despite new market demands and changing times? What is your competition doing differently? What new technology is available? Be open to new ideas and experiment. Poor planning can cause you to be a boat going with the flow of the tide, possibly becoming lost at sea.

Keep growth slow and steady

Despite what we often hear, slow and steady wins every time. Dependable, predictable growth is vastly superior to sudden spurts and jumps. Going after all the business you can get drains your cash, makes you less selective about what you offer, and reduces overall profitability. You may incur significant up-front costs to finance large inventories to meet new customer demand. Don't leverage yourself so far that if the economy stumbles, you'll be unable to pay back your loans. You'll know instinctively when you are ready for quality and quantity, but it usually doesn't happen at first.

Delegate

One of the biggest challenges for entrepreneurs is to let go of the attitude that they must have hands-on control of all aspects of their businesses. Concentrate on the most important problems or issues facing your company and what you do best. Let

others help you out with the rest. Give your employees responsibility and authority.

Develop good internal communication.

A common problem faced by successful companies is growing beyond management resources or skills without the infrastructure in place to deal with it. Good communication can help you organize to solve this problem. Have a plan for quickly building resources with in-house staff, outsourced talent, and contractors using the power of the Internet. Communicate with senior staff when necessary to help move beyond a point of confusion. Understanding everyone's entire skill set within the company is important but where many managers fall short. Know when to reorganize, hire, and fire when change becomes necessary.

Once you figure out what needs to be done to make your online business successful, you'll know how to make the right decisions and use your time wisely, and you'll be riding the sharks instead of just swimming with them.

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Stepping out: Jasmine O'Hara of Douro is one of the top step-dancers in Canada and she demonstrated exactly why that is so during a spirited appearance at the Norwood Town Hall last Friday evening. Jasmine and a number of other performers took to the stage to help raise funds for the ChristChurch Anglican restoration fund.

Photo/Bill Freeman

Overtime woes crush Rebels

Campbellford - It took a double overtime thriller to get there but it was another double overtime game that ended the Campbellford Rebels chances of retaining their league title.

The Rebels came back from the brink of elimination with a 5-4 double overtime win to force a seventh and deciding game Mar. 14 but their overtime luck was not quite as good on the road losing 6-5 in another double O.T. thriller.

What started out as a best-of-seven final with the Nanawee Raiders thus was reduced to a one-game sudden-death showdown Mar. 14 as the Rebels tried to retain their league championship.

Nanawee will face the Uxbridge Bruins, the Central League champions, in the next round of the all-Ontario junior C playoffs.



Uxbridge ousted the defending champion Lakefield Chiefs four games to two in their league final.

Surprisingly, the Campbellford skaters found themselves on the ropes after losing three of the first four games in their Empire League round with the Raiders. After beating the Raiders 3-2 in the opener in Nanawee, the Rebels suddenly lost their focus, dropping a pair of 7-5 verdicts and then suffering.

Continued on Pg. 5-A

13,000 km. trek warms hearts of orphans

Uzbekistan trip heart-breaking but inspiring for Norwood duo

Planning has begun for another trip in August

By Bill Freeman

Asphodel-Norwood - The stark reality of third world poverty and crumbling infrastructure was a constant backdrop for Reverend Ron Hughes and Garry Rodgers of Norwood Pentecostal Church during their eye-opening trip to the isolated country of Uzbekistan.

The Norwood duo, part of a six-member team that linked up with Missions Partners International, travelled to the remote former Soviet republic in January to personally deliver backpacks to 200 orphans living near the city of Tashkent, and far removed from the capital city of Tashkent.

It was a journey of hope as well as a scouting mission for the team which is already planning a return in August when they will provide even more assistance to the orphanage and a seniors home they visited in Tashkent.

"Everything went as planned," Rev. Hughes says. "More got done than expected to get done."

But he and Mr. Rodgers returned to comfortable Asphodel-Norwood with stories that would test the comprehension of most Canadians, yet they were pleased with positive connections they were able to make with local government officials and the hard-pressed missionaries who have worked so heroically in that country for the past several years.

"It was very rewarding in that we were able to see that the kids got the stuff. What we gave actually got straight to the kids," Rev. Hughes says, noting that even with the best of intentions, this is not often the case when people in the west reach out to help third world countries.

There was no overhead and the group was able to pay for everything and some of the money (\$1500) they

were able to take with them will also be used to hire a person who will work directly with the missionaries to make sure the things they were able to give the youngsters, and the orphanage actually stay there and do not find their way to the hyper-busy black market.

The back packs contained a range of useful items -- everything from crayons to toiletries; but the most significant item they were able to leave the children (aged three to 12) were big quilt-like blankets that were immediately useful because the country has been experiencing an unusually cold winter.

They were also able to give them a brand new propane stove.

Rev. Hughes says the stove it replaced looked like it had been built in the 1920's. Bringing some warmth to an unheated, crumbling orphanage was perhaps the most important thing they were able to do during the two weeks they were in the country.

"You can talk about cold and no heat but when you really experience the cold, where there is no heat for days, it really gets into your bones," Mr. Rodgers says.

When they finally arrived at the orphanage the children were "wearing everything they owned" -- gloves, hats, scarves and coats.

"It boggled the mind," Rev. Hughes said.

A heatless lifestyle in a country with a decrepit infrastructure was a commonplace, they said. Diners in the revolving restaurant at the top of a CN Tower-like landmark in the capital Tashkent all wore coats and gloves.

"Everything you could see needed fixing. But there is no money to fix it," Mr. Rodgers said.

"Everything there is old," Rev. Hughes says.

"The new stuff seems to

be from just after the Second World War," he said. The rest appeared to be pre-war.

The apartment they stayed in during their time in the capital city, behind the United Nations' building in the heart of the diplomatic neighbourhood (the wealthiest in the city), was also cold and dilapidated.

"It looked like it had been bombed," Rev. Hughes recalled. "It looked like Beirut."

Their first flight inside the country, from Tashkent to Tashkent, provided an illuminating and somewhat disturbing snapshot of what the new nation faces in terms of development and modernization.

The team boarded a 737 that Rev. Hughes charitably describes as a "flying death trap."

"It would be ground into dust in Canada," he says.

As they boarded the jet -- after walking across the tarmac and climbing laddered steps into the plane

(some of the baggage handlers and greeters on the plane were the same people who worked the ticket counters) -- they could see that the jet's tires were bald and threadbare.

On a snowy runway these tires would not be much use.

Rev. Hughes says the seatbelt would not lock in and was told to simply tie it together. They could also hear the wind howling through the emergency exit.

Mr. Rodgers says that people hand-removed snow from the roads.

"They didn't even have shovels. Just pieces of board," he said.

The orphanage near Tashkent was really beyond fixing, they said, with cracks in the wall and a crumbling foundation that had been undermined by years of drought in Western Uzbekistan. A \$20,000 (US)

Continued on Pg. 6-A



Farewell skate: No member of the Norwood and District Skating Club's has reached the heights quite like Kendra Harding. Kendra skated her farewell performance during the Club's 32nd annual ice carnival Sunday afternoon.

Photo/Bill Freeman

Uniform parkland levy approved by planning

By Rolly Ethier

Amalgamation should bring uniformity, the Planning Committee has determined, in directing staff to prepare a new bylaw calling for an across-the-board parkland contribution levy of \$750.

Percy Ward already had a charge of \$750 in place, based on five per cent of

\$15,000, which has been the average value established for a lot. The charge is collected as a condition to an approved consent to create a building lot.

The charge in Campbellford/Seymour was \$1,031, representing the roads portion of the development charge.

At the last Planning Com-

mittee meeting a moratorium on development charges in the Campbellford/Seymour ward was discussed. This was approved. However, staff was directed to set up a process to continue the practise of collecting the parkland levy.

Funds collected as parkland contributions are required under the Planning

Act to be paid into a special account to be used for park or recreation purposes. This includes the erection and repair of buildings and the acquisition of machinery for park or public recreation purposes.

In Hastings ward there has been no collection of a development charge or parkland contribution at either the consent or building permit stage. There have been no building lots created in Hastings for five years and a limited number of permits for houses.

Council has wholeheart-

edly approved an application to have the strategic and official plan established for the new amalgamated municipality submitted for consideration in the excellence in planning awards competition.

Each year the Ontario Professional Planners Institute and Canadian Institute of Planners conducts the competition. Reports, studies, plans, videos and other planning items may be submitted in a number of categories.

Planning Director Jim Peters says the situation in the new municipality is al-

ready recognized as unique. Presentations have been made at the Ontario East Municipal Conference regarding issues that arose during the creation of these plans.

Planning Is Unique

The process of doing strategic plans and official plans together, crafting them for three different municipalities and doing them in a locally meaningful way is unique. Plans have been selected as the subject of a session at the national planning conference in Ottawa this summer.

Railroad nostalgia buffs enjoy speaker's lecture

By Madeline Simpson

The regular meeting of the Campbellford/Seymour Heritage Society took place at the Heritage Centre on Monday, Feb. 19th. The theme of Heritage Day was Transportation and Railways, which was the topic of the meeting.

This created interest and curiosity among railway buffs for there were representatives there from Norwood, Lindsay, Trent River and Marmora which filled the meeting room to capacity.

President Ann Rowe called the meeting to order and welcomed visitors and members. Business was conducted quickly with reports from committee heads.

Good Bears of the World of the Polar Den are planning workshops for adults and children June 22-23. Register soon with Pam Haywood (653-4659).

Margaret Macmillan introduced guest speaker Peter Wilson, who has had a long association and maintains a lively interest in railways.

He was born in Belleville

where both his father and his grandfather were engineers. His grandfather was only five-feet-one but he seemed like a giant, seated at the controls of a big engine.

In 1940 Wilson was hauling war supplies from Mimico to Belleville. When Peter was only 13, he and his brother often worked in the yards, sweeping grain from the box cars. At that time there were 3,500 railway employees in Belleville compared to a staff of only 40 today.

The chief railways passing through Ontario were the CPR, CNR, Grand Trunk, Grand Junction and the TNO. Often the passenger cars of the Northern Ontario railway were placed on the sidings to serve as school rooms and medical centres, filling a need in isolated areas of the north.

Peter also worked on the railroad as a brakeman. For display he had his shovel, marked CPR, which was not only used for shovelling but could also serve as a cooking pan and a serving dish. Often, engineers might

spend 16-hour periods in the engine cab, so hunger might force them to cook in "Dinah's kitchen."

The shovel was purified in the fire box, a steak then cooked on it, and eaten from it. A can of beans or soup were warmed on the engine turret, always first punching a hole in the top of the can. A pot of coffee could also be safely brewed in the fire-box, if it were propped securely.

The station agent, who was often the telegrapher, also was an important link between trains and stations. He was also an important asset to the community because telephones were scarce in the early years, and the telegrapher was sometimes helpful in emergencies.

Peter has a few stories to illustrate these facts, such as when a cow fell through the ice, the farmer called the telegrapher for help. He, in turn, got in touch with a group of section men who hurried to the scene. A long rope was fastened to the

Continued on page 10

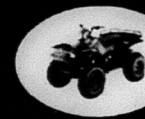
Rebels fall in overtime

Continued from Pg. 4-A

ing a heart-breaking 3-2 loss last Friday night (March 9th) in Campbellford.

That left the Rebels trailing 3-1 in the series. But Saturday night in Nanawee, the Rebels exploded to annihilate the Raiders 8-2 and then carrying that momentum over to Tuesday night's game at home, Rebels squared the series.

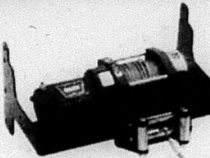
Before the largest crowd of the season, Rebels sent the hometown fans home happy as they came through in a nerve-racking finish, going into the second sudden-death overtime before claiming a 5-4 victory. Now coaches Tom Tanner and Ed Stapley hoped the hometown skaters had one more big performance left with the league crown on the line. The series survivor (Nanawee) will then get ready to start a best-of-seven OHA playoff against Uxbridge on the road to all-Ontario honours.




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Planning begins for next trip

Continued from 4-A
government initiative to fix the orphanage has produced virtually no results with most of that money disappearing into the black hole of corruption.

"They put in maybe \$700 worth of work," Rev. Hughes says, "and I'm being kind."

"If you couldn't laugh, you'd be crying," he says. Drought in Western Uzbek is a huge issue and is compounded by the former Soviet Union's efforts to drain portions of the Aral Sea and create irrigation canals that would be used to stimulate cotton growth.

This failed and has created an ecological disaster leaving gaping, barren canals.

Rev. Hughes says their guide told them that 20 years

"It is heartbreaking in a way. We can't do all the things they need. You could spend two or three years there fixing things up."

Gary Rodgers

ago her family would visit a hotel along the Aral Sea. Today, near that same hotel, the sea shoreline is 60 miles away.

Rev. Hughes said that two American missionaries working with another orphanage for disabled and challenged children have managed to overcome the minimal government support the facility receives and have overseen an "absolute transformation" during the last six years.

Before this couple arrived none of the children knew

how to eat and food would literally be thrown in a room and the children would fight over it. They had no clothes and were blue from the cold.

When Rev. Hughes and Mr. Rodgers visited the children they were treated to a Christmas concert (postponed especially for their arrival). The youngsters were now adept at using knives and forks and were wearing warmer clothes.

From seven deaths a week, the missionaries had reduced that number to zero.

"Now half the workers are from the church and they really care," Rev. Hughes says.

Mr. Rodgers says they have also decorated all the rooms with bright colours and murals. They did the things the government contractors were supposed to do.

But that doesn't mean that the facilities are acceptable by western standards, he adds.

"It is heartbreaking in a way," Mr. Rodgers says. "We can't do all the things they need. You could spend two or three years there fixing things up."

"We have to focus on one thing and do that right and then go on to the next thing."

Mr. Rodgers says they also have to be sensitive to the people who live in this country.

"People have to work with you. You have to partner with them. You can't go in with a heavy hand."

The positive connections they have made with the mayor, Minister of Education and his Deputy, will go along

way during future endeavours.

"The doors have been open. They are a proud people but they are prepared to say we need help," Rev. Hughes says.

"When you get through the government and down to the people, they really care and are giving," Mr. Rodgers says.

"If you are invited to a house you will eat and they will not," Rev. Hughes adds.

"They will give you anything, they are so open and friendly."

"We see them as being ripped off (by government contractors). They don't," Mr. Rodgers said.

"It is fun being able to be generous," Rev. Hughes says. "We're not rich but over there we were filthy rich."

During one trip to a restaurant in Tashkent, the group of nine diners each left \$2-\$3 (US) as a tip. This amounted to the equivalent of nearly three months in wages for the waitress who later returned to the table with tears in her eyes.

A worker might earn on average \$40 (US) a month. A doctor would earn perhaps \$50.

There is a sense of surrealism attached to prices in Uzbekistan.

Rev. Hughes and Mr. Rodgers described a trip to the National Ballet of Uzbekistan in Tashkent to see a performance of the Nutcracker Suite. The opera-ballet theatre is housed in a beautiful building constructed by Japanese POWs during the Second World War.

The ballet troupe is world class, as might be expected in a former Soviet republic where ballet is considered one of the highest expressions of national culture.

Continued on Pg. 7-A

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Spin-a-rama...

In the spotlight: Emily Crowley focuses on her spin during a performance in last Sunday's Norwood District Figure Skating "Let's Celebrate" carnival. It was the 32nd anniversary show for the busy skating club.

Photo/Bill Freeman

Ladies Auxiliary euchre

By Alice Hall

Hastings - Loretta won the lady's high at the Legion Branch 106 ladies Auxiliary euchre Mar. 7 with a score of 73 followed by Doris Little and Kay Crate. Kay won the lone hand prize with four and Pat Arding won low with 54.

The men's high went to Edna Beatty with 69 followed by Bob Andrews with 68. He also won the lone hand prize with five. The low was a three-way tie between Mary Carruthers, Glenn Coopman and Norm Arding with 54.

Don't forget the general meeting on Mar. 20. See you next week.

Railway

Continued from page 5

cow's neck, and the men began to pull. When the cow's breath was cut off, she gave a desperate heave from the water and the section men pulled her to safety.

Peter later went on to higher education and became a publisher. He sent out young reporters with tape recorders to garner stories from various railroaders. And they had stories to tell in the vernacular of their times.

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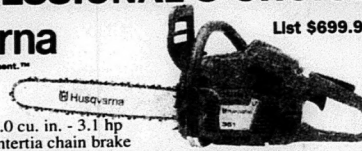
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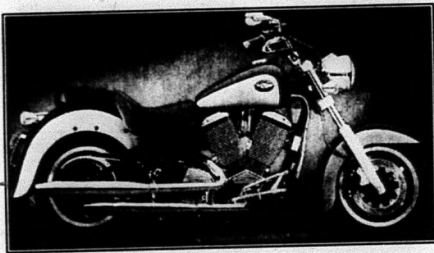
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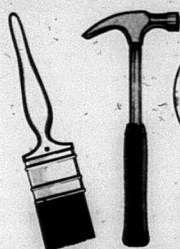
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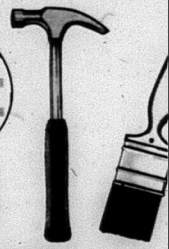
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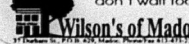
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We would like to thank our family and friends for their flowers, cards and donations. A special thank you to Cody and Fran Wheeler, The Brett Funeral Home and The Masonic Brothers. From Agnes, Skip, Bob and Barb.

THE Fleming family would like to thank everyone for cards, flowers, letters & food sent to us at Lloyds passing. Special thanks to Rev. Paul Derry for his house calls & his words of inspiration. To Kathrine Tibbitts and to all who gave us support during our recent loss. We thank you and God bless you for your kindness. Edna Fleming, Evla Kelly & families.

THANK YOU

I would like to express my sincere thanks to my loving family and to my many friends for their concern and support during those many months previous to my having surgery to replace my hip joint. Your support and sincere returning home is the encouragement I've needed to become well. Thank you one and all!
 Marion Whitney

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Pin-spilling action on Trent Valley Lanes

Tuesday Golden Age (Feb. 27th)

Team Standings--One PinShort, 10; Alley Cats, 10; U-N-Coming, 9.

High Averages--Men: Carl Dorge, 192; Duncan Ulley, 185; Don Cassan, 180; Ladies: Marlene Harris, 190; Marie Bullen, 168; Shirley MacEwan, 165.

High Singles Flat--Men: Don Cassan, 294; John Locke, 233; Duncan Ulley, 225; Ladies: Joan Turner, 222; Marlene Harris, 215; Shirley MacEwan, 208.

High Singles With Handicap--Men: Don Cassan, 331; Cy White, 276; John Locke, 271; Ladies: Joan Turner, 222; Marlene Harris, 215; Shirley MacEwan, 208.

High Triples Flat--Men: Don Cassan, 571; Lloyd Bullen, 566; Duncan Ulley, 565; Ladies: Shirley MacEwan, 644; Marlene Harris, 642; Joan Turner, 610.

High Triples With Handicap--Men: Cam Meiklejohn, 718; Lloyd Bullen, 710; Henry King, 696; Ladies: Joan Turner, 778; Marlene Harris, 729; Doris Thomson, 723.

Bowlers Of The Month--Tom Spinks and Joan Turner.

(Feb. 20th)

High Singles Flat--Men: Carl Dorge, 225; Pep Lattion, 224; Vern Maddar, 220; Ladies: Marlene Harris, 189; Marie Bullen, 169; Shirley Brown, 164.

High Singles With Handicap--Men: Lionel Harris, 282; Norm MacEwan, 269; Vern Maddar, 265; Ladies: Helen Stephens, 273; Marg Howard, 261; Barb Noble, 248.

High Triples Flat--Men: Allan Runciman, 561; Lionel Harris, 555; Norm MacEwan, 550; Ladies:

Marlene Harris, 546; Shirley brown, 511; Helen Stephens, 517.

High Triples With Handicap--Men: Tom Spinks, 764; Lionel Harris, 762; Norm MacEwan, 739; Ladies: Helen Stephens, 712; Barb Noble, 671; Marg Howard, 670.

Friday Golden Age (March 2nd)

Team Standings--Blacksheep, 17; Dynamos, 15; Gamblers, 12; C-US-Go, 11; Corner Pins, 10; Jokers, 9; Pin-Ups, 6; Survivors, 4.

High Singles Flat--Earle Nelson, 305; Shirley Mackie, 238; Bill Meacock, 233; Lloyd Bullen, 217; John Smith, 210.

High Singles With Handicap--Earle Nelson, 318; Bill Meacock, 277; Shirley Mackie, 264; Stella Savoie, 263; Lloyd Bullen, 263; Marie Tamblin, 254; John Smith, 260; Daisy Pomeroy, 253; Ted Morris, 252.

High Triples Flat--Earle Nelson, 715; Shirley Mackie, 645; Bill Meacock, 593; Lloyd Bullen, 547; Lynne Meacock, 523.

High Triples With Handicap--Earle Nelson, 754; Bill Meacock, 725; Shirley Mackie, 723; Lillian Adams, 694; Marion Grills, 690; Lloyd Bullen, 685; Fay Arpo, 678.

February Bowlers Of The Month--Darlene Adams, Jack Gummer.

(Feb. 23)

High Singles Flat--Shirley Mackie, 313; Earle Nelson, 256; Darryl Barth, 251; Jack Gummer, 237; Bob Mackie, 209; John Locke, 208; Eileen Robertson, 201.

High Singles With Handicap--Shirley Mackie, 341; Darryl Barth, 299; Jack Gummer, 291; Earle Nelson,

269; Bob Mackie, 259; Jim Coyle, 255; Stella Savoie, 254.

High Triples Flat--Shirley Mackie, 722; Earle Nelson, 663; Darryl Barth, 603; Bob Mackie, 546; Carl Dorge, 544; Jack Gummer, 541.

High Triples With Handicap--Shirley Mackie, 806; Darryl Barth, 747; Earle Nelson, 702; Jack Gummer, 702; Bob Mackie, 696; Lorna Crockett, 684; John Smith, 683.

Thursday Golden Age (March 8th)

Team Standings--As We Are, 102; Screwballs, 98; Pick Me Ups, 93; Tigers, 89; Spoilers, 85; Bonkers, 81; Scramblers, 76; Golden Oldies, 69.

High Singles Flat--Jeanitta Campbell, 228; Leona Baker, 210; Marg Blyth, 206; Len Kennedy, 291; Don Cassan, 245; Ray Scarborough, 223.

High Singles With Handicap--Leona Baker, Marg Blyth, 268; Jeanitta Campbell, 266; Marg Cross, 256; Len Kennedy, 329; Don Cassan, 281; Armin Hartwig, 261.

High Triples Flat--Bonnie Kennedy, 543; Jeanitta Campbell, 506; Marilyn Archbell, 505; Len Kennedy, 613; Don Cassan, 586; Ray Scarborough, 575.

High Triples With Handicap--Marg Cross, 750; Marilyn Archbell, 682; Liz Banks, 676; Len Kennedy, 727; Don Cassan, 694; Martin Herr, 690.

(March 1st)

High Averages--Thelma Lockhart and Bonnie Kennedy, 194; Jeanitta Campbell, 178; Doreen Holmden, 175; John Kopra, 218; Ray Scarborough, Harold Goodlet, 186; Charlie Banks, 182.

High Singles Flat--Jeanitta Campbell, 252;

Doreen Holmden, 216; Marilyn Archbell, 213; John Kopra, 302; Len Kennedy, 247; Charlie Beamish, 236.

High Singles With Handicap--Marilyn Archbell, 274; Marg Blyth, 265; Doreen Holmden, 256; John Kopra, 308; Len Kennedy, 286; Charlie Beamish, 273.

High Triples Flat--Jeanitta Campbell, 566; Doreen Holmden, 547; Bonnie Kennedy, 528; John Kopra, 675; Len Kennedy, 595; Charlie Beamish, 571.

High Triples With Handicap--Tressa Glenn, 709; Marilyn Archbell, 702; Jeanitta Campbell, 681; John Kopra, 713; Len Kennedy, 712; Charlie Beamish, 700.

(February 22nd)

High Singles Flat--Pauline Hartwig, 235; Thelma Lockhart, 230; Jean Leahy, 217; Charlie Banks, 224; John Kopra, Pat Goan, 216; Harry Koks, 213.

High Singles With Handicap--Pauline Hartwig, 281; Jean Leahy, 261; Lillian Goodlet, 257; Armin Hartwig, 271; Charlie Banks, 255; Harry Koks, 252.

High Triples Flat--Thelma Lockhart, 591; Bonnie Kennedy, 567; Pauline Hartwig, 522; Charlie Banks, 603; Pat Goan, 547; Pep Lattion, 532.



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It's All in the Image

Imagery is a flow of thoughts you can see, hear, feel, smell, or taste. People use these three terms: imagery; guided imagery; and Interactive Guided Imagery on a regular basis and it's important to recognize the differences between the three.

Imagery

Imagery is a natural, yet special, way of thinking that involves our senses. Images are thoughts you can see, hear, smell, taste or feel, and include memories, dreams and daydreams, plans and visions, and fantasies. Imagery is a type of thinking that has particularly strong effects on our emotions (imagine the face of someone you love and notice the feelings that come with the image), and our physiology (close your eyes and imagine sucking on a really sour

lemon).

Guided Imagery

Guided imagery describes a process where you are asked to focus on images selected to help you achieve certain goals. Common applications include relaxation, relieving pain and other physical symptoms, reducing distress from surgery and other medical procedures, increasing creativity, enhancing confidence, stimulating healing responses in the body, and enhancing memory and learning.

Interactive Guided Imagery

Interactive Guided Imagery is a specific way of using imagery with particular applications in mind/body medicine. It is particularly effective in helping you to discover and improve your relationship to your health, to discover what role you can

play in your recovery, and in helping you to use your resources most effectively. In this form of imagery, a trained guide helps you discover and work with your personal imagery about your illness and your healing, clarify any issues that may be involved, and learn to use your mind to support your own healing. The imagination, as it is used in imagery, is not sufficiently valued in our culture. The imaginary is equated with the fanciful, the unreal, and the impractical. In school we are taught the three R's while creativity, uniqueness, and interpersonal skills are either barely tolerated or frankly discouraged. As adults, we are usually paid to perform tasks, not to think creatively. The premium is on the practical, the useful, the real, as it should be -- but imagination should be recognized as a valuable component of human thought. Without imagination, humanity would be long extinct. It took imagination -- the ability to conceive of new possibilities -- to make fire, create weapons, and cultivate crops; to construct buildings, invent cars, airplanes, space shuttles, television, and computers. Paradoxically, our collective imagination, which has allowed us to overcome so many natural threats, has been instrumental in creating the major survival problems we face on earth today -- pollution, exhaustion of natural resources, and the threat of nuclear annihilation. Yet imagination, teamed with will, remains our best hope for overcoming these same problems. The information you will find in this program will focus primarily on simple ways of using imagery for relaxation, stress reduction, and emotional wellness.

Ontario school boards battle for new recruits to ease teacher shortages

A few years ago graduates of Ontario's teacher colleges were the hunters; now they're the hunted as school boards battle for new recruits to offset anticipated shortages in the next decade. Gone are the days when graduates had to wait until boards issued summer recall notices to learn of vacancies.

Students are now receiving multiple employment offers from job fairs as boards scurry to sign up graduates before other boards make a move. "They were offering jobs on the spot," says Caroline Freibauer, a Brock University student from Brantford, Ont., who is hoping to land a position with the Brant-Haldimand-Norfolk Catholic District School Board in her hometown in southwestern Ontario. Freibauer said several Toronto area boards have been the most aggressive because they have the biggest need for teachers.

Looming on the horizon is the retirement of 56,000 teachers by 2010. Hardest hit will be public boards in northern Ontario, Toronto and growth communities surrounding the provincial capital, says the Ontario College of Teachers.

Half the primary and junior teachers will be replaced, while a slightly smaller fraction of secondary instructors will retire. Less severe losses are expected in Catholic and French-language school boards. Freibauer said some classmates have been offered positions from three Toronto area boards at a time.

Location is everything to students as they weigh their many options, she said. Salary and preparation time are secondary factors. Eric Wood said boards have been more aggressive this year than during his 16 years as a professor at the University of Western Ontario's teaching faculty. More than 60 boards attended a recent job fair, some with computer presentations and glitzy literature than in the past. "This is now a very hot job market," he said, noting that a similar crisis took place about 35 years ago when the current teacher retirees faced similar lures from school boards.

Teachers with English, French, high-school math and technology experience are in greatest demand. There's also a shortage of male teachers for elementary levels. With union contracts and provincial funding limiting its ability to increase starting wages, the Toronto District School Board is studying a series of options, including the creation of a teacher residence for new recruits and relocation bonuses to offset higher hous-

ing costs. Neither option has yet been costed. "I think it is (a crisis) and we have to be proactive about it," said board chairwoman Irene Atkinson.

The province's largest public board with more than 300,000 students, it's looking to hire about 2,000 teachers this year. Atkinson called for changes that would allow retired teachers to work some days, accelerated accreditation for foreign graduates and the ability of graduates to immediately supply teach.

The board also wants to encourage high school students to consider teaching by offering them special bursaries. Atkinson said the Ontario government must provide enhanced financial assistance so the Toronto board can offer salaries that are more competitive with neighbouring municipalities that boast lower costs of living.

But Education Ministry spokesman Rob Savage said it's up to local boards to decide how to spend the money provided for salaries. He said the ministry is helping by committing \$45 million over five years to add 6,000 spaces to the 25,000 spots available at Ontario teacher colleges.

Despite the promise of increased spaces, the number of applications to the province's teacher colleges last year dropped by 26 per cent to 11,220. Applications to French-language programs have virtually collapsed, noted the Ontario College of Teachers. Educators believe many students who might have entered the teaching profession are instead being lured by better salaries in the private sector.

Union and school board leaders say continuous bashing by the government has also removed the lustre of being a teacher. "There is a poisoned climate right now between government and teachers," said Paul Dunne, director of the English Catholic school board in London, Ont. Dunne said his board has been forced to begin its recruitment efforts earlier than in the past to hire the cream of the crop of graduating students and fend off faculty raids by boards surrounding Toronto.

Cecil Somme, director of the Huron-Superior Catholic District School Board in Sault Ste. Marie, said that in the rush to lure faculty, competing boards have failed to conduct reference checks on her departing employees. Despite declining enrollment, the board has been able to fill most spaces with former residents seeking to return home. Competing against Ontario school boards are recruiters from

Britain, Australia and the United States who are willing to dole out financial incentives.

Several American states offer signing bonuses to come tax credits and housing subsidies. The British government pays new teachers "golden hellos" totalling more than \$9,200. It also wrote off student loans at 10 per cent a year over years to about \$24,000. During its pre-election budget this week, the Labour government also offered retired teachers nearly \$9,200 bonuses to return to the classroom.

With their limited funds, Ontario school boards haven't yet jumped on the bandwagon, although some say they can't rule it out if the situation worsens. They are not offering financial incentives, the Hamilton Wentworth District School Board is providing a counted YMCA membership and help with local home. The Peel District School Board has for the first time travelled to New York in a bid to hire Canadians studying abroad.

The Ottawa-Carleton Catholic District School Board plans to once again travel to Atlantic Canada, Quebec for new recruits. Director, Philip Rocco, said the board can't consider financial incentives which has been forced to trim million from its budget. Financial incentives are a short-term fix, says Constable, vice-president of Ontario Secondary School Teachers Federation. "The problem is deeper than that. A signing bonus is a simplistic way to deal with the problem," said.

She said it's up to province, not school boards to resolve the crisis. The matter of demographics, the fact that Ontario is an unattractive place to

Canadian scientists want guidelines

Canadian scientists are poised for a major push into one of the hottest and most controversial areas of modern medicine -- stem cell research. But they say they're being held back by the lack of federal regulations or guidelines in a field whose promise is accompanied by potentially explosive ethical questions. Embryonic stem cells, derived from the earliest developmental stages of an embryo, have the ability to develop into virtually any type of body cell. "This is a very hot, up-and-coming field," Ron Worton, head of the Ottawa Hospital Research Institute, said in an interview. "It's clear an embryonic stem cell can make any and every tissue. It can make blood, your liver, your kidneys, your brain, your lungs -- everything." Worton, co-discoverer of the gene that causes Duchenne muscular dystrophy, is excited at the possibility of rebuilding muscle in victims of that disease. In the past two years, scientists have learned that stem cells in adult tissues, while not as potent as those from an embryo, can also give rise to many useful tissues. They believe stem cells from one part of a person's body might eventually be used to regenerate tissue needed somewhere else. "If we could take bone marrow cells and put them into muscles and have them rebuild muscle, that would be amazing," said Worton.

Animal experiments have produced highly promising results, but work with human cells is still in the very early stages. Still, excitement is growing. Worton has assembled \$35 million in funding for a Centre for Stem Cell and Gene Therapy that will open in Ottawa within 18 months. He has

also proposed national research network and is confident of support from other scientists across the country. "Altogether that's going to take Canada from being relatively nowhere in terms of the overall stem cell work to being a world leader," he said. The biggest problem is that researchers need to work with cells from human embryos, at least in the early stages. "Any time you do research on fetal tissue involving embryos there's an understandable hesitancy on the part of the researchers," says Tim Caulfield, law professor at the University of Alberta. "Part of it is an intuitive hesitancy, because they understand and respect the significance of the tissue they're working with, but part of it also is that they're working within somewhat of a regulatory vacuum." Britain and the United States have introduced guidelines to guide stem cell research; some countries have effectively banned it. The situation in Canada is unclear. In 1993 the Royal Commission on New Reproductive Technologies recommended tight regulations to govern the use of fetal tissue, but they were never implemented. Ethicists agree that a woman's decision about abortion should not be tainted by the question of providing material for research purposes, said Caulfield.

But he raised questions about tissue from a fetus that has already been aborted, material which would otherwise be treated as medical waste.

Also, there thousands of surplus frozen embryos in storage at fertility clinics across the country.

Many will eventually be disposed of under current practices.

Wearing of the Green

Saint Patrick's Day, the feast day of the Christian missionary and patron saint of Ireland, is observed annually on March 17. It is a national holiday in Ireland and has been celebrated in North America since at least March 17, 1737, when a group of Irish Protestant gentlemen and merchants met in Boston to honour St. Patrick and founded a benevolent group called the Charitable Irish Society. To commemorate the meeting, the officials had silver keys made for the members. Since that time, the festivities have come to be marked by civic parades, church services and banquets attended by public officials. The shamrock, having three leaflets, is worn to commemorate St. Patrick's use of it to illustrate the doctrine of the Trinity, and green (the national colour of Ireland) is the favourite hue for the occasion.

A Bit of Blarney

A stone in the parapet of Blarney Castle, Ireland, is supposed to confer the gift of persuasive eloquence on whoever kisses it. The stone is near the top of the castle. To kiss the Blarney Stone, one has to lean backward and head downward between the main castle and the parapet, holding onto the stone.

The castle, built in the 15th century, is visited by thousands of tourists each year. It is situated near the village of Blarney, about 10 kilometres northwest of Cork.

Ontario's showing in high school literacy test not far from national norm

Parents in Ontario still reeling from the poor results of a provinciewide Grade 10 literacy test can take some solace: things don't seem a whole lot different across Canada. Only about 69 per cent of 16-year-old students who participated in a cross-country reading assessment in 1998 performed at the expected level for their typical high school peers.

Students proved to be far better writers, with 86 per cent performing at or above the level expected by Canada's Council of Ministers of Education, which administered the assessment. Those results, released in a 1999 Statistics Canada report, didn't land with anything like the impact of a test run of Ontario's new so-called literacy test, which 29 per cent of students failed.

Please read below for sample questions on Ontario's Grade 10 literacy test. "The (1998) results that you have resemble quite a bit what came out in Ontario," said Gilles Fournier, coordinator of the council's School Achievement Indicators Program. But the test administered last October by Ontario's Education Quality and Accountability Office was a trial run and didn't count against the grades of the students, Fournier added. As such, he said, it can't be considered an accurate barometer of current high-school literacy rates in the province.

"When the kids were writing the assessment, they were told, 'Well, this isn't the real thing,'" he said. "That certainly has an impact on motivation when they're writing assessments. You've got to take a look at it in that light." Officials with the EQAO were also warn-

ing Friday about the dangers of comparing their test with other previous efforts to gauge literacy levels in Canada.

The Grade 10 test was designed to specifically measure the skill set students are expected to use in tackling Ontario's new back-to-basics primary and secondary school curriculum, said Pauline Laing, who helped design the test. "Comparing any two tests is always something that requires careful analysis and often turns out to be very difficult," Laing said. "This is a curriculum-based test." In the EQAO test, reading scores needed to rate about 62.5 per cent to pass; writing scores, 61 per cent.

Valid or otherwise, the results of the test - leaked to the media two days before their official release - landed on the province's education sector like the proverbial ton of bricks. Not surprisingly, the ensuing dust cloud contained more questions than answers, with union leaders and Ministry of Education officials meeting recently to try to determine why there was such a poor showing.

Some experts, like Fournier, described the results a "warning shot" for both students and teachers. "This is an alert for us," said Anne Gibson of the Toronto District School Board. But others used them to decry the validity of standardized tests or as proof of the Ontario Conservative government's vindictive attitude towards teachers and school boards. Part of the reason the results made such a splash in Ontario was because of the resident frustration and anger between parents, teachers and the government, Fournier said.

"Right now, we're looking at a fairly critical time in Ontario as far as changes are concerned," he said.

Liz Sandals, president of the Ontario Public School Boards Association, said the province fomented public outcry by calling the assessment a test of literacy. "If you name this thing the literacy test and tell everyone that 30 per cent failed, you get a totally different reaction," said Sandals. The group who took it last year - the "guinea pig" group - hadn't had the full benefit of the province's new curriculum, she added. Then there are the more immediate questions: why are literacy rates so low?

Is it too late to help those students who failed the test? "The why can be a variety of reasons: everything from not eating well in the morning to not being sufficiently prepared to not being sufficiently motivated," Fournier said. Some school boards have special needs students that comprise more than 20 per cent of the student population, he added. There's also a large number of students learning English as a second language.

There's also the everpresent issues of television, video games and how much reading and writing kids are doing at home, Fournier said. One thing is for certain, he added: the test will help identify problem areas for teachers and better enable them to tailor their efforts to students. One final point, he said: don't underestimate the students, who as of this year will be required to pass the test in order to graduate. "It's a warning shot to the students, saying, 'Hey, take this seriously, or the conse-

quences will be quite drastic,'" Fournier said. "I know the results next year will be better, for whatever reason."

As for current students, the Ontario government is promising to shore up basic reading, writing and arithmetic skills, including \$25 million for remedial help. The province has also committed \$64 million to a new teacher adviser program designed to give students more one-on-one assistance in weak areas, and \$70 million for early literacy programs for students in kindergarten through Grade 3.

There's a growing public appetite for a return to the old, sink-or-swim style of educating students, said Sandals. "This seems to be a society that can't make up its mind whether it wants everybody to meet a single standard, or whether it wants an education that best meets the strength of the individual student," she said. "Quite frankly, you can't have it both ways." A sample of the material on Ontario's Grade 10 literacy test: Reading: In a democratic society, a trial by jury allows the people of a community to participate in the legal system and to ensure that justice is done.

Jurors have to make important and difficult decisions that affect the lives,

property and freedom of their peers. The rights and liabilities of people in civil or criminal cases are based upon the facts of each case and how the law applies to those facts. The jury has to

consider evidence witnesses. Since many take place long events in quiet witnesses remember events and details accurately than other

Obituary

Irene Virginia Empey of Madoc, passed away at the Carresant Care in Marmora on March 3, 2001, at the age of 57.

Daughter of the late Murray and Eva Empey, she had been ill for the past year. Educated in Madoc, Virginia was a Red Cross homemaker and a member of St. Peter's Presbyterian Church.

Virginia Empey will be sadly missed by Sheila & Dave Martin (Madoc), Sam Empey (Marmora), Laura Empey & Allan Firth (Madoc) and Greg & Lisa Maxwell (Bancroft). She is fondly remembered by grand children Chantal & Breanne Maxwell (Bancroft) and Bruce Empey (Marmora).

Virginia is survived by sister Shirley (Don

Wilman) of Marmora & Jack Fle Madoc. She was preceded by brother Empey.

Funeral services held March 6, 2001 at the McConnell Funeral Home in Madoc with Stephen Thompson officiating.

Interment was Eldorado Cemetery. Bearers were Rodney Wilman Empey, Michael James Chamberlain, Francis Doyle.

Irene Virginia could often be seen sitting people at the Madoc Arena loved being there, especially for the kids. She will be missed by many friends.

Ontario moves forward with mandatory criminal background checks

The province will take another step to improve the safety and security of Ontario's classrooms with the introduction of criminal background checks for teachers and other school employees starting in September 2001, Education Minister Janet Ecker announced recently.

"We recognize that the vast majority of teachers and school staff have earned and deserve the respect of their students," said Ecker. "However, mandatory criminal background checks will provide school boards with an additional tool to assist them in creating more secure learning environments."

This initiative is part of the Harris government's election commitment to move forward with a province-wide Code of Conduct to improve safety within our schools. Local police services would run a one-time criminal background check designed to capture all criminal convictions.

Approximately 200,000 individuals are employed in schools across Ontario and would be affected by the mandatory criminal background checks. The checks would be phased in over two school years, beginning in September 2001 and running to August 2003.

This initiative will form the basis of a new regulation under the Safe Schools Act, 2000. Over the next month the government will solicit input from the Ontario College of Teachers, the Ministry of the Solicitor General and other partners on implementing criminal background checks for September.

Criminal background checks are consistent with practices for a variety of other professions, including social workers and early childhood education workers. This initiative will establish a province-wide standard and set out the necessary procedures for handling this type of information.

"Parents, teachers and students have told us that safe, secure learning environments are a priority," said Ecker. "This is another key step in fulfilling the government's commitment to make all publicly-funded schools safe, respectful places for learning and teaching."

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Women closing earning gap with men but still have far to go

Unlike their more seasoned cohorts, young men don't seem to be pulling their weight at home, a new federal study suggested recently. A surprising gap appeared in the latest Statistics Canada study of the differences in workload - including household chores - and in pay between men and women.

Women in their late 20s and older are taking home pay packages that are edging a bit closer towards what men earn.

Men in that age group are also helping out more at home, narrowing the traditional gap between women and men's unpaid work. But for the younger generation, these gaps are widening, tak-

ing experts by surprise.

Teens and women in their early 20s are working a lot harder - some of it without pay - compared with guys their age, the study concludes.

"We really haven't come such a long way, baby," said Hedy Fry, secretary of state for the federal Status of Women office. "We still have

some way to go."

The study found young women between 15 and 24 are performing about 18 per cent more work, including unpaid labour such as household chores, than males.

In older age categories, the gap dwindles almost to equality in chores between men and women from about 45 to 55 years old.

"Young women are doing more work at home, more housework, etc., and we figure that the guys are out there playing hockey, because of the age group," said Fry.

"They're out there with their buddies and leaving the women at home to do the work."

That conclusion is supported by leisure time surveys by StatsCan, added Sheila Regehr, economic policy co-ordinator at Status of Women Canada.

Young women are doing more housework and child care, "and the guys - as you might have thought - are much more involved in active leisure," said Regehr.

"There were both more young men involved and they spent more time at (leisure) and that amounts to a really, really large discrepancy in workload."

Meanwhile, an independent economist questioned some of the study's conclusions on women's gains in take-home pay.

Statistics Canada's latest income data, which dates back to 1997, shows that women took home about 63 per cent of men's average after-tax income.

That's an improvement from 1986, when women took home about 52 per cent of the average after-tax income of men.

But it's largely due to Canada's progressive tax system, which gives breaks and transfer payments to low-income families - many of which are headed by women, says Toronto economist Monica Townson.

"The tax system does have a beneficial effect, particularly for women because it kind of evens things out - there are benefits that are of interest to lower-income workers, which is mainly women," said Townson.

When tax benefits and social transfers are stripped out, leaving earnings alone, women in 1998 were paid 64.4 per cent of what men were paid.

While that may look better, Townson argues the gap hasn't really been closing.

The 1998 figure is really no better than the 65 per cent gap in 1995 and only slightly

better than the 59 per cent gap in 1989.

"The gap is still quite wide and it hasn't really closed down significantly in the five or six years," said Townson. Those figures include all hours worked - full-time, part-time and temporary.

For full-time work alone, women earned about 72.2 per cent of men's in 1998, virtually unchanged from 72.3 per cent gap recorded five years earlier, Townson said.

The StatsCan study, which crunched numbers from several earlier surveys involving tens of thousands of households, found some improvements in the lives of women.

Women's share of job-related training is increasing, especially training sponsored by employers, it noted.

Other findings
Women still do about 60 minutes more work per week - about two weeks per year - than men.

Gaps in income amount of work are widening among women, especially between those with children and those without.

Many areas of education are becoming more gender-balanced as women enter more fields that have been male-dominated.

Women seem to be doing the after-tax income with men a little, says Statistics Canada. Some details.

Women's after-tax income in 1997 was, on average, 63 per cent of men's after-tax income.

That's an improvement from the 1994 gap, when women took home 61 per cent of men's pay or the per cent gap in 1986.

In 1998, women over 44 in dual-income families spent 7.8 hours per week working, including chores at home and work.

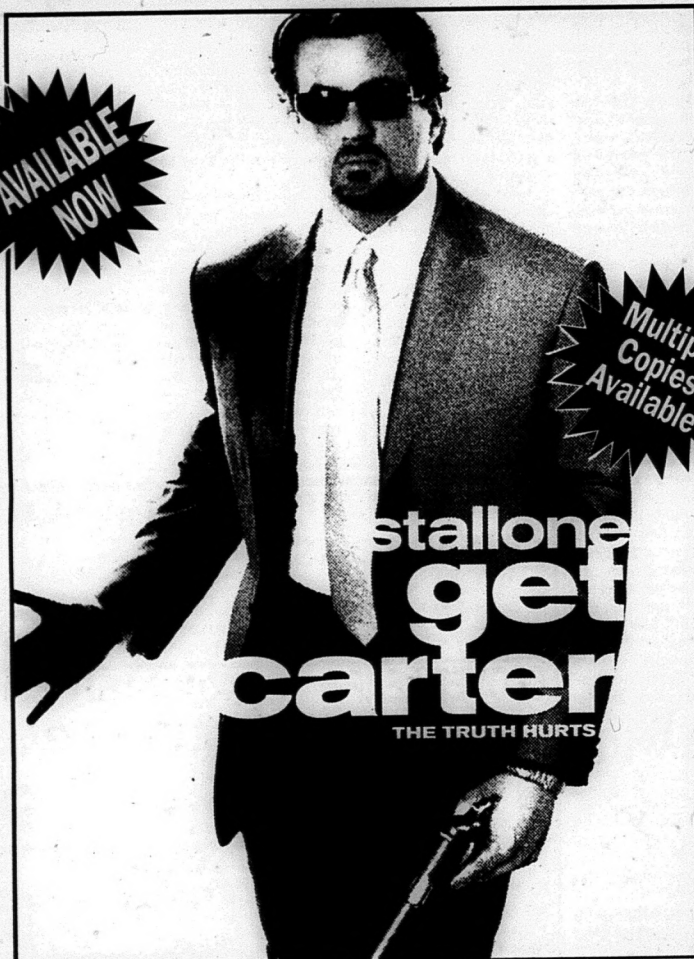
At the same time, women worked somewhat less hours per day in total.

In 1998, women aged 44 in dual-income families spent 147 minutes per day caring for children.

At the same time, women aged 20-44 in dual-income families spent about 85 minutes per day caring for children.

Irish Blessing

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face,
the rain fall soft upon your fields
and until we meet again
may God hold you in the palm of His hand.



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Funding

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alternatives than coming to Bancroft.

Economic development was addressed as a major concern and Ilda Furtado, a member of the North Hastings Strategic Planning Committee wanted to know if plans to make Employment Insurance more helpful to seasonal workers was going to be considered by the Federal Government, and what subsidized mechanisms would be put in place to stimulate trades training within rural communities.

Community Futures was established to make these concerns become reality through the direct involvement of organizations such as the NHCDC. In keeping with the Federal Government's commitment to providing alternatives through effective economic partnerships and tools, Andy Mitchell announced that the ongoing NHCDC operating grant has been increased to \$250,000 and an additional contribution of \$500,000 was allotted to the NHCDC for the investment funding of small businesses who cannot obtain the funding from conventional lenders.

Bruce Walker, Chair of the NHCDC, stated "with our dedicated board we are providing leadership within the community." "We are concerned about the future," he continued, "and this funding will allow us to continue the task we have begun, to provide direction and support for small business."



Margaret Ann Dean poses with the awards she recently was given during the last symposium. Photo by Aubrey Johnson

Poet Honoured

by Aubrey Johnson

The International Society of Poets is the largest and most active poetry society in the world, with members in over 60 countries. Their objective is to recognize and foster the poetic talents of members by providing forums where poets can showcase their poetry, encourage and support the achievement of fellow poets, and share their love for the art of fine poetry.

In addition to a quarterly membership magazine, ISP sponsors an annual convention and symposium, sponsors monthly member-only poetry competitions, awards prizes in international poetry competitions in over 70 nations, and promotes "peace through poetry" with the world's largest poem for peace.

Nestled among the pines near the Village of Gilmour sits a house occupied by an artist, who shares her talents with other members of the ISP and aficionados of fine verse. Margaret Ann Dean, originally born in Guyana, South America, came to

Canada in 1965 with her parents, and six siblings and, being a romantic at heart, found poetry and music to be an inspirational part of her voyage down the "road less taken". Margaret shares her passion with her husband John and a bevy of dogs who personify the intrinsic values of life in the serene surroundings of her country home.

After having graduated with a degree in Business Accounting, Margaret continued her passion for bringing her words to paper, and also expanded into putting her verses to music. She now writes personalized poems for special events such as birthdays, anniversaries, memorial services and many special events, and is moved spiritually when her words personally touch her readers.

Margaret Ann Dean was recently recognized with the prestigious "International Poet of Merit Commemorative Award" in honour of her poetic dedication and achievements. "I feel that my ability to write is a gift from God," she says, "which I do treasure." "To have someone

cry," she continues, "when they read one of my poems is to feel that I have touched their very soul." Margaret's poetry has been published by the International Library of Poetry, in book form, and as a member of the Songwriters Association of Canada, her music can be heard on demos and tapes that she has made a signature trademark of MarDean Music Canada, in collaboration with Capricorn Productions in Oshawa.

Listen carefully...you may just hear the melodies of her words wafting on the wind as you drive through the pines!

News to report?

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Give us a call!

Bobby

continued from page 1

I bet she could woop your butt in a math test. She may seem easy to pick on but her heart will tear the same as us. She has feelings and a soul. If you got to know her better, you might really be fond of her. But you people being so stuck up don't even give her a chance to be herself."

Bobby held the paper up and tore it into shreds. The pieces fluttered to the floor making my heart lift and my face cool. The lump in my throat disintegrated and slowly a smile slid under the frames of my glasses.

Nowadays, when I dream of bungie jumping, the wind still howls past my face and my stomach still lurches from excitement; but this time, Bobby is there flying faithfully by my side.

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Dangerous Friends and Friendly Enemies

by Dr. B. Goode

Microbes are everywhere humans are. We can never completely escape their presence. From the minute we are born, they are our constant companions, surrounding us and living inside our bodies. Although many microbes can cause disease, most are harmless or actually beneficial to us.

However, disease is a constant threat to our health and life. Everyone has been affected by disease sometime in his or her life. Infectious bacteria, viruses, fungi, and protozoa have existed longer than the human species.

Usually diseases are contained to small groups or areas. However, periodically a disease will spread out of control and rapidly infect a population. Epidemics are a frightening but natural occurrence. Some epidemics, such as the Bubonic Plague, can wipe out millions and spread around the world, becoming pandemics. With today's global travel, pandemics are more frightening because they can spread around the world more rapidly.

Centre Hastings Grizzlies

by Sherri Carman

Things are starting to get quiet at the arenas, as hockey is winding down for another season. C.H. Minor Hockey is proud to say we still have three teams going for championships. Our Midget and Juveniles are doing battle for the O.M.H.A. All-Ontario title and the Pee wee DD team finished in first place for the Hastings Cup. The Pee wees are now waiting for a make up match between Peterborough and Tweed to be played out and they will hopefully get that best 3 of 5 series started this weekend. I will try to announce game times on the MIX when the information is available.

Last Saturday the Midgets loaded up two buses with players, family and fans and headed out on a six hour road trip to Teaswater (about 3 hours north of London).

From all reports our hockey players put on quite a show for all in attendance! Saturday night's game ended in a 5-3 victory for the Grizzlies. On Saturday afternoon they took to the ice for game two and this time skated to a 6-3 win over the host team. Game three of this All-Ontario round will get underway at 6 pm this Saturday in Madoc. If necessary, game four will take place on Sunday at 1 pm in Marmora. The team would like to take this opportunity to say "Thank You" to Stan at Family Auto Sales who not only sponsored the team's jerseys, but shows up for every game and has a drink waiting for the players after. Thanks also goes out to the Marmora District Lions Club whose generous donation helped keep this team going.

The Juveniles were also on the road last weekend to get their O.M.H.A. All-Ontario series going against Harrow (near Windsor). I must say when I heard the scores from the two games played I was a bit surprised! This very talented hockey team fell to the competition in both games! On Saturday the score was 2-1 and on Sunday they suffered a 6-2 loss. After talking to the coaching staff, upon their return, it all became clear. The Juveniles had what has got to be the world's worst road trip. They loaded up the bus and left Madoc at 11 am on Saturday morning. Half-

way down the 401, traffic came to a standstill and the team sat there for 4 hours while an accident was cleaned up. The game time in Harrow was for 9 pm but the Juveniles didn't arrive until 9:15 when they were told they had to be ready to play at 9:30. Before Sunday's game, everyone went out to eat and disaster number two took place. They waited for hours to get food (some guys never did eat!) and the players who did get violently sick. It's a do or die situation this weekend when game three gets started at 9:30 pm on Saturday night in Marmora. Game four, if necessary, will be played at 1 pm on Madoc ice. Sunday. The Grizzlies are more than ready for their shot at redemption. This team, too, would like to thank their sponsors. Doug Hunter Ford purchased the team's jerseys at the start of this season and the Crowe Valley Lions made a big contribution to aid in the Juveniles' success.

C.H.M.H. Awards Banquet is fast approaching. Friday, April 20th at the Marmora Curling Club. The dinner is set to start at 6 pm (it will be catered by Bar-B-Q on Wheels again this year). Dinner for the players and coaching staff is covered by Minor Hockey and the cost for everyone else will be 13 and under \$7.00, 13 and over \$10.00. Please contact your own team's manager A.S.A.P. for more information and to purchase tickets.

Loyalist seeks support for biggest expansion in past three decades

By Rolly Ethier

President Douglas Auld of Loyalist College is on the municipal fund-raising circuit and Tuesday night he made his sales pitch before the new municipality's Finance Committee.

He is asking for an investment contribution of \$10,000 from Campbellford/Seymour, Percy and Hastings as part of the \$5.1 million expansion project planned for the Belleville educational facility.

Auld said the expansion of a new two-storey science and technology building, the creation of a computer access lab and renovations for new classrooms represents the largest expansion at Loyalist in 33 years.

"This new facility will improve the quality of education and training in the entire region," said Auld. "Training and re-training employees is an important part of our mandate at Loyalist."

Planners expect the project to be completed by September, 2003.

The Loyalist enterprise will expand space to accommodate up to 450 more students and ensure 21st century education and training. The province has awarded the college \$4 million which is already in the bank. Loyalist has pledged to raise an additional \$1.1 million through fees, investments and contributions from suppliers and community organizations.

Loyalist predicts a big increase in economic activity from expansion due to increased student enrolment and an increase in faculty and staff over the next eight to nine years. It is estimated at roughly \$40 million.

Auld said the development of facilities ensures students from the new municipality can attend Loyalist College into the future and obtain first class post secondary education and training. Many students are drawn from the geographic boundaries of Brighton, Campbellford/Seymour, Hastings, Bancroft, Napanee and Prince Edward County.

"However, half the student population are from out of that area," said Auld. "And now we're seeing far

more international students who find out about Loyalist on the internet."

Councillor Carol Hamilton said the municipal donation would be money well spent representing a mere expense of approximately 10 cents a household. Contributions can be phased in over the next two years.

Finance Chair Bill Petherick thanked Auld for his presentation and promised Council would carefully consider the request for municipal funding.

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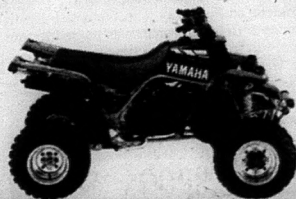
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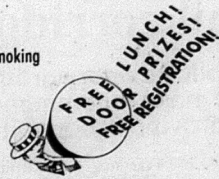
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Cup contenders: Frank English, coach of the last Norwood Novice team to take the Eastern Ontario "DD" championship, presided over the ceremonial face-off at the 2001 Red Lobster Cup final opener between the Norwood Hornets and the Beaverton Blades. See inside for more.

Photo/Bill Freeman

"Fans were the winners" in rousing seven-game set Napanee survives in close matchup

By Rolly Ethier

Although the Campbellford Rebels failed in their quest to defend their Empire League junior C championship, General Manager Jim Peeling has taken the philosophical approach in his assessment of the season.

"To play a seven-game

series and have games six and seven go into double overtime speaks for itself," said Peeling after the Rebels were eliminated by the Napanee Raiders.

"The winners were the fans. Both teams played the complete seven-game series, including the overtime play,

and incurred less than 100 minutes each in penalties," he noted.

Raiders served 96 minutes in the penalty box, compared to 91 for the Rebels, underlining the fact that both teams served up a crowd-

Continued on page 11

Reeves will talk about rail corridor appointees

Public advisory group will make recommendations to provincial committee

By Bill Freeman

Asphodel-Norwood - Reeve Doug Pearcy will meet with Otonabee-South Monaghan Reeve Dave Nelson to discuss the appointment of a municipal representative to a public advisory committee that will make recommendations on abandoned CN rail corridor

that runs through portions of both Townships.

The 140 km. rail corridor runs from Uxbridge to Corbyville and has finally been sold by CN to the Ontario Realty Corporation and GSI, a Toronto area real estate firm, has been given the job of removing barrier fences and leading a public consultation process that

will assess "alternative interim uses" as well as management options for the interim use of the right-of-way.

This study phase is in its initial stages with GSI beginning to gather information about the nature of the line, land uses along the corridor which cuts through Durham, the City of Kawartha Lakes as well as Peterborough, Northumberland and Hastings Counties.

Part of this phase includes

Continued on Pg. 5-A

Mildmay has 3-1 edge in OMHA juvenile final

Play continues this weekend

By Rolly Ethier

Warkworth - The Percy Bull Dogs will be facing an uphill challenge this weekend when they travel to Mildmay for the next two games of their OMHA juvenile series, trailing 3-1 in points.

The best-of-seven battle between two closely matched rivals evolved into a point series after the Bull Dogs, sponsored by Banta Saw, and Mildmay skated to a 4-4 deadlock in game one Saturday, March 17th at the Warkworth Arena. Both teams were a little leg-weary for Sunday afternoon's second game but the Mildmay skaters had enough stamina left over to scrape out a 5-4 victory.

The teams now shift to Mildmay for games Saturday, March 24th at 9 p.m. and Sunday, March 18th at 2:15 p.m. It will then be

back to Warkworth Saturday, March 31st at 7 p.m. and back to Mildmay, if necessary, Sunday, April 1st, at 3 p.m.

If the series extends to a seventh and eighth game to determine the OMHA champion, Percy team officials are planning to use the Campbellford Arena Saturday, April

7th at 7 p.m. and Sunday, April 8th, at a time still to be determined.

Third Period Surge

Sunday's game was frustrating for the Bull Dogs after battling tenaciously to take a 4-3 lead at the second intermission. But Mildmay

Continued on Pg. 11-A



This goalie is part of the OMHA juvenile final, featuring the Percy Bull Dogs and the team from Mildmay, who has a 3 to 1 advantage in the point series. The games continue this weekend. Photo/Rolly Ethier

Police say there may be other victims Local man faces harassment charges

Asphodel-Norwood - A 64-year-old local man faces two charges of criminal harassment and one of committing an indecent act following an investigation by the Peterborough County OPP.

The incidents were reported to the OPP after a female victim was involved in a driving incident in the Norwood area involving the accused. The female victim is known to the accused but a relationship has never existed between the two.

Police say the charge arose from an incident on Highway 7 in Otonabee-South Monaghan Township when a vehicle driven by a Brampton man was passed by the accused who then slowed his vehicle suddenly in front of the victims.

The licence plate of the suspect vehicle was recorded and reported to Peterborough County OPP by the woman. No one was injured in the incident.

The third charge of committing an indecent act involves another woman who alleges that the accused inappropriately touched himself in front of her.

Again, police say the woman and the accused are known to each other but no relationship exists.

The three incidents were reported to the OPP over the weekend and the accused was arrested and held in custody for a Mar. 19 bail hearing.

The second charge of an indecent act, also occurred in the Asphodel-Norwood area, involves a second female victim.

Peterborough County OPP say they have information indicating that there may be other victims of harassment in the Norwood Havelock areas and are asking anyone with information that could help this investigation to call the OPP at 742-0401 or 1-800-310-1122.

Charged is James Allan, 64, of Highway 7 and the Township of Douro/Dummer.

Hornets, Blades trade wins in thrilling series

By Bill Freeman

Asphodel-Norwood - It has been 20 years since and Eastern Ontario novice "DD" championship title has resided at the Brethen Coliseum and the Begg Fuel Hornets would like to end the drought in this year's Red Lobster Cup final.

But to get there, the squad will have to battle by the Beaverton Blades and that will be no easy feat after the two teams sawed off wins over the weekend in a terrific opening to the 2000-01 championship.

Norwood took game one 7-4 before an appreciative home crowd Mar. 17 but were edged in a 3-2 thriller the following afternoon in Beaverton.

Hornets 7, Blades 4 (Red Lobster Cup)

It didn't take long for the Hornets to make their mark Saturday with Eric Gallagher, on his way to the hat trick, scoring on the first shot of the game 14 seconds after the opening face-off. Pearce McIlmoyle earned the assist.

After the explosive start,

Norwood appeared a little tentative and weathered some serious pressure from the Blades ending the period with a narrow 1-0 lead.

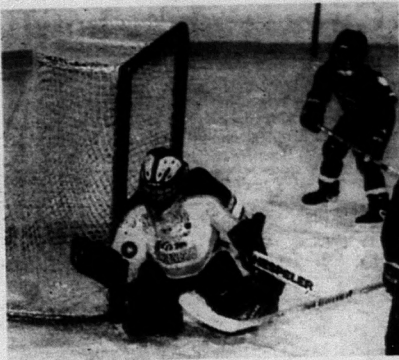
The Hornets opened the second period following the same script, this time with Nicholas Orton, with an assist from Michael Loucks, delivering a goal 32 seconds into the frame. Norwood's pressure was relentless in the period and it paid off in a 5-0 lead after the buzzer.

Gallagher would get his second at the 11:42 mark after a puck deflected off a Beaverton stick. Steven Gerow picked up the assist.

Six minutes later, after killing off a penalty, Orton struck again after sweeping in front of the Blades' net. Steven Walsh and Clayton Leeming helped engineer the goal.

The Norwood powerplay made it 5-0 at the 4:02 mark with McIlmoyle, from Gallagher and Gerow, firing in the marker.

The Hornets let their guard down at the start of the third allowing Beaverton speedster Jonathan Carnevale to fire in a pair of goals 42 seconds apart to open the final frame. Nor-



Follow the bouncing puck: Hornets stopper Mark Bitten has his eyes on the puck while Beaverton Blades players descend on the net.

wood recovered adding two more goals from Seamus McDougall and Gallagher to regain their five goal lead. Spencer Anderson, Orton and goalie Mark Bitten all picked up assists.

But 24 seconds after the 7th goal, Carnevale struck again making it 7-3. Beaverton closed the gap to 7-4 on a powerplay with 3:33 to play but that is as close as they would get but it is clear that the Blades have an offence to be reckoned with.

Mark Bitten played a strong game in net keeping the Blades at bay in the crucial first period when Norwood's offence was stifled.

Blades 3, Hornets 2

Game two was a nail-biter

Teen-ager charged with car theft

An 18-year-old Township of Cramahe man faces charges of possession of stolen property as well as theft of a vehicle following an incident Feb. 24th. Officers observed a vehicle failing to stop at a stop sign. It slid off the roadway due to icy road conditions.

Two young men were arrested in the 1993 GMC Sonoma pickup truck which had been stolen from Emily Township. The driver was identified as Jessie Gugliemin of the Township of Cramahe. A passenger was released unconditionally.

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Public consultation to begin

Continued from Pg. 4-A

the formation of a public advisory committee made up of three representatives -- one each from municipal and public agencies, one representing interest and user groups and one representing adjacent property owners -- from the five regions.

These representatives are expected to liaise with people within their communities and make recommendations to the province's

Interministerial Committee on Abandoned Rail Lines which has the final say.

"No new occupation agreements, use licences or management agreements will be made until this assignment is completed, GSI says. "In other words, the status quo of the line, as it was when the province took possession, will continue until specific recommendations are made."

Interest groups have expressed a desire to have the

rail corridor developed into a recreational trail.

Along with the PAC meetings there will be two formal public meetings held to gather information, to identify alternatives and to finally identify preferred alternatives before the advisory committee makes its final recommendations.

GSI is also circulating a questionnaire about the rail corridor which is now available at the Asphodel-Norwood Township office.

The public consultation process is expected to run through the end of June. Otonabee-South Monaghan and Asphodel-Norwood need to select one municipal representative and recommend one property owner to the PAC by Mar. 30.

GSI is actively seeking public input and can be reached by e-mail at gsiadvisors@hotmail.com by phone at 416-222-3712 and fax at 416-222-5432.

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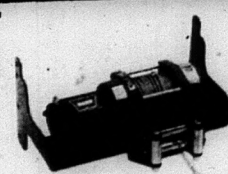
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Art's back from sunny Cuba ready to bowl

By Art Sels

Hastings - I'm back from the sunny land of Cuba. The day we arrived back here I was up to my knees in snow to get our van. I said to Isabella: "I have my Canadian job back - shovelling snow. Why did we not go to Cuba for two months?"

I had fun swimming with the dolphins and playing in the sand on the beach but while we were away the Monday Night Mixed League still had terrific games at Dodd's Lanes in Hastings so this is a combined four weeks of scores.

High single performances Feb. 19 included Hart Gazell

257, 230; Dale McColl 253, 201; Malcolm Pacey 248, 231, 211; Paul Cardwell 237, 171; Art Sels 217, 174, 169; Murray Beamish 209, 208; Fran Heffernan 195, 189; John Glenn 194, 183; Don Henry 180, 153; Ellwood Sweeting 177; Muriel Stewart 172, 164; Glenda Glenn 164; Fred Sauder 163; Isabella Sels 161, 142; Dave Harper 160, 153; Frigo Zapletal 157, 147; Helen Wilford 153, 150; Helen Ward 150, 146 and John Gilmour 148.

High triples went to Malcolm 690; Hart 653; Dale 617; Murray 573; Paul 565; Art 560; Fran 544; John Glenn 512; Muriel and Don 476; Ellwood 462; Isabella 445; Frigo 444; Dave 442; Glenda 429; Helen Ward 417; Helen Wilford 416; Lyn 414 and Fred 402.

High single performances on Feb. 26: John Glenn 266, 222, 209; Terry Chapman 255, 214, 198; Dale 244, 197; Paul 241, 176; Malcolm 231; Fran 227, 212; Hart 226, 206; Frigo 210, 205; Glenda 197, 192; Helen Ward 190, 161, 158; Dave 189; Ellwood 188, 184, 178; Helen Wilford 188, 155, 153; Lori 185, 175; Murray 175, 162; Lyn 171; Jane Henry 167; Art 160; John Gilmour 156, 145; Don 153, 150; Isabella 152 and Fred 149, 141.

High triples went to John Glenn 697; Terry 667; Dale 591; Fran 589; Frigo 582; Hart 578; Paul 573; Glenda 551; Ellwood 550; Malcolm 547; Dave 535; Helen Ward 509; Murray 499; Helen Wilford 496; Lori 487; Art 462; Don Henry 430; Lyn 417; Jane 413; Isabella 409 and Fred 408.

High single performances Mar. 5: Doug Dodd 281, 272, 212; Glenda 260; Diana Bicknell 256, 219, 217; Malcolm 253, 239, 178; Paul 252, 189, 179; John Glenn 246, 195; Ellwood 245; Dale 240, 202, 195; Fred 239, 192; Murray 229, 193, 190; Frigo 227, 206, 163; Terry 225, 221, 214; Hart 211, 203; Helen Ward 209, 160; Art 203, 198, 162; Helen Wilford 199; Jane 194, 188, 170; Lyn 191, 183, 167; Don 188, 161; Dave 178, 170, 163 and Isabella 161, 142.

High triples: Doug 765; Diana 692; Malcolm 670; Terry 660; Dale 637; Hart 625; Paul 620; John Glenn 614; Murray 612; Frigo 596; Art 563; Fred 562; Glenda 558; Jane 552; Lyn 541; Ellwood 537; Helen Ward 529; Dave 511; Don Henry 495; Helen Wilford 450 and Isabella 445.

High single performances Mar. 12: Doug 299, 224, 206; Terry 275, 203; John Glenn 275, 195, 182; Malcolm 219, 205; Dale 218, 193, 182; Hart 213, 189, 188; Don 212, 205; Murray 205, 202; David Cardwell 203, 181, 168; Fran 201, 194; Frigo 188, 167, 165; Lori 179, 175; Muriel 179, 169; Paul 177; Isabella 175, 142; Alma Hennigar 171; Dave 169, 151; Ellwood 168; Art 165, 163, 160; Helen Ward 163, 162; John Gilmour 158 and Jane with 156, 144.

High triples went to Doug 729; Terry 681; John Glenn 652; Dale 603; Malcolm 591; Hart 590; Glenda and Don with 561; David Cardwell 552; Fran 551; Murray 550; Frigo 520; Helen Wilford 504; Lori Zapletal 502; Paul 501; Muriel 493; Art 488; Helen Ward 456; Ellwood 452; Isabella 445; Dave Harper 436; Alma 422 and Jane with 411.

On Mar. 19 high singles went to Dale 305, 243, 199; John Glenn 266, 208, 192; Terry 264, 232, 185; Dave Harper 261, 224, 175; Diana 244, 224, 209; Hart 236,

221, 178; Paul 223, 170; Malcolm 218, 175; Fran 212, 181, 165; Murray 210, 172; Don Henry 198, 150; Ellwood 192, 166, 160; Lyn 186, 177; Helen Ward 182; Art 180, 166; Frigo 180; Glenda 177, 170; Lori 176, 159; Isabella 165, 148; Muriel 162, 145; Jane 156, 144 and John Gilmour with 152.

High triples kept the battle going on Mar. 19 with Dale-bowling 749; Terry 681; Diana 677; John Glenn 666; Dave Harper 660; Hart 632; Fran 558; Paul and Malcolm with 546; Murray 533; Ellwood 518; Lyn 513; Glenda 500; Art 497; Lori 484; Helen Ward 476; Frigo 484; Don 453; Muriel 447; Isabella 433 and Jane 411.

Havelock ladies bowl away

Hastings - On Mar. 12, the Havelock Monday Afternoon Ladies League not only relied on their bowling skills to get good scores, but we all needed a little help from the Man upstairs to knock those corner pins down.

And down they went for Kathy Petey who bowled a fantastic 299 (how close can you come to a 300 game?) and a triple of 641. Nice bowling, Kathy!!

Marg Greenly came up with a super game of 249 and a game of 195 for a triple of 601. Joan West had a game of 140, Sandy Toms with 189, Camille Edwards with 166, Kim Messacar, who was in last year's AIL (American Income Life) Canada's Association Executives Championship and the "Open" sponsored by Sidney L. Morris and the Ministry of Citizenship, Culture and Recreation, bowled a terrific 231, Wanda Greacen had 141 and Fran Toms had 187.

Ann Hutton had games of 214 and 199, with a triple of 589, Donna Finney, who won this year's Ontario 5 Pin Bowlers Association Seniors Tournament, bowled a great 192, Doreen Playne had a 219, Gerri Greenwood bowled a 211 and a triple of 579 and Heather Pflanzner, who was in last year's Bowling Proprietor's Association National Classified and Score Gold Points Holiday Classic, had great games of 206 and 218 and a triple of 605.



Craft magic: There was plenty of crafty fun at the Westwood Branch of the Asphodel-Norwood Public Library during the March school break. For a loonie a craft, youngsters could put together a super collection of neat and colourful crafts. Photo/Bill Freeman

Westwood needs a highway sign

May seem like a small item to MTO but it is important to community

By Bill Freeman

Westwood - The Township of Asphodel-Norwood wants the Ministry of Transportation to reconsider its decision not to give hamlet of Westwood a directional sign at the junction of Highway 7 and County Rd. 38.

Reconsider

In a letter from Toby Covell, a traffic operations analyst with the MTO, the Township has been told that the Ministry will consider signage requests from unincorporated communities if they are shown on the official Ontario road map, provide services (such as food and fuel) and have a local name.

Based on this Mr. Covell says Westwood does not meet existing criteria for destination signs.

An earlier request from former CAO/Treasurer Mike Rutter had been rejected by the MTO.

This doesn't sit too well with Deputy-Reeve Cathy Turner.

"How do you get on an official road map? And do you need a sign to get there?" Mrs. Turner wondered of this possible conundrum.

She was determined to find out and has since discovered that Westwood is indeed on Ontario's vaunted official road map.

In a letter to Mr. Covell Mrs. Turner says that this addition to the map should

bring the Township's request for highway directional signage "into compliance with existing criteria."

She made it perfectly clear that Westwood was not a cipher -- that it was a busy community just south of one of Eastern Ontario's busiest thoroughfares.

Mrs. Turner noted that the Township's Fire Station #2 is located in Westwood along with the public works department and a branch of the Asphodel-Norwood Public Library.

"Although there is no fuel available on a daily basis in Westwood, sand, salt and fuel are available at the public works yard on an emergency basis."

And to those who have unfortunately not discovered the fact, Mrs. Turner noted that the Westwood Library Branch is a popular purveyor of snacks (and books) when it is open.

"In light of this information," Mrs. Turner adds, "I hope that you will reconsider the request."

"While this request may seem relatively insignificant in the bigger scheme of things, the issue is very important to our residents who live in Westwood and the surrounding community."

Mrs. Turner could have added that the junction of Highway 7 and Cty. Rd. 38, already a much-intersected part of the highway, will become an even more significant milestone along the heavily-travelled tourist route when the MTO's own upgrades are completed this year.

A major component of the project involves work at this busy intersection to the south of which is historic Westwood.

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2001 SPRING & SUMMER CAR CARE

Car Care: A spring tune-up reverses winter damage

(NC)—The design of modern engines and the ease of computer diagnosis have simplified car maintenance, but this has not eliminated the need for the traditional tune-up, especially in spring. Though vehicle manufacturers claim "No tune up for 100,000 kilometers" are necessary, to avoid seizing in the cylinder head, plugs should be removed, checked and the threads cleaned and lubricated with an approved anti-seize grease once a year.

Consider the tune-up as a well deserved "time-out" for your automobile—a rejuvenation and replenishment that is not only important after a long, harsh winter, but equally necessary before those long, hot summer driving trips that make demands of their own on your engine and ignition systems.

Spark plugs, the ignition system, fuel injection, oil and air filters, pcv valves and sensors should all be tested



and replaced where necessary. Today's computerized engines make the job a precise science. The mechanic simply hooks up the engine to a computer and a diagnostic program quickly reports which engine parts need at-

tention. Here are a few of this season's more innovative auto products, targeted to improve the longevity of your car:

- If spark plugs need replacing, ask for platinum-based plugs. They report

fewer misfires, they reduce polluting emissions and improve mileage by burning fuel more efficiently. These plugs are designed to last longer and the platinum tips of the plugs virtually eliminate gap erosion. That will mean quicker starts and faster acceleration.

Oil filters report to prevent premature engine wear by trapping up to 96% of damaging dirt particles the first time impurities pass through the engine.

Internal combustion engines gulp thousands of litres of air for every litre of gasoline burned and a clean, efficient air filter is vital to the health of the engine.



Teen drivers need training

(NC)—As we approach summer, many young Canadians are making plans for a warm, fun-filled summer as they leave the cares of school behind. Those plans should include time for safe driving courses, according to safety experts.

Statistics gathered by Mothers Against Drunk Driving shows traffic crashes are the leading cause of death for 15 to 19 year-olds in Canada and the second-leading cause of death for 20 to 44 year-olds. The crash rate for teens exceeds that of other age groups by

a wide margin.

A study undertaken by MADD Canada and the Traffic Injury Research Foundation and sponsored by Allstate Canada shows that summertime holds the largest risks for young drivers and, particularly, males. At all ages, men die more often than women as a result of traffic accidents. Also, the majority of crashes involving youth take place on weekends and on relatively clear roads. In many cases, there are young passengers injured or killed in accidents in which youths are driving.

Safe driver training is essential for teenagers, according to Allstate Canada president Mike Haskell. "Experts tell us immaturity is a contributing factor to the high rate of auto crashes and deaths of teenagers. Youthful exuberance can lead to tailgating or avoiding seat belt use, for instance," he said. "Good training by responsible schools can overcome a driver's lack of experience and save a lot of lives and misery this summer," said Mr. Haskell.

Parental vigilance is also important, say safety advisors. There is a great deal of information available from organizations like MADD Canada and companies like Allstate. Allstate has an interactive driving game and a symbolic parent-teen drive safe agreement on their website at www.allstate.ca. Mr. Haskell adds, "Parents can test the driving skills and knowledge of their children before turning over the keys to the family car."

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- Shocks: Right

ENGINE COOLING

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- Belt Condition

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SUSPENSION STEERING

- Springs

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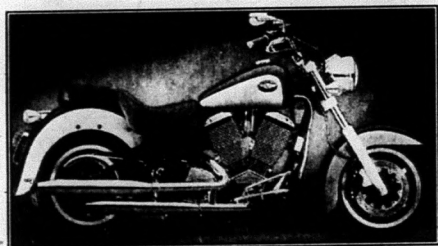
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2001 SPRING & SUMMER CAR CARE

Tips to help reduce your car insurance rates

(NC)—Car insurance is mandatory, but it is also peace of mind.

If you are injured in a car accident and unable to work for example, car insurance is there to cover many medical expenses and provide you with income benefits. If you have purchased extra insurance, you may be covered for such things as the cost of repairs or car replacement, if your car is damaged or stolen.

"When buying car insurance," says Dina Palozzi, Chief Executive Officer and Superintendent of the Financial Services Commission of Ontario (FSCO), "it may not always be wise to buy the cheapest insurance policy you can find. We suggest you compare price with service to ensure the best value for your money." FSCO safeguards consumers in a variety of ways, including providing dispute resolution services and the approval and monitoring of both the premium rates and driver classification systems used by insurance companies. FSCO also offers information on the financial services sectors it regulates. These include insurance, loan and trust companies, pensions, credit unions, caisses populaires, co-operatives, and mortgage bro-

kers.

In its handy booklet, *Shopping For Car Insurance*, the commission explains how insurance rates are set.

Factors you can control
Insurance companies have their own rating systems, yet there are a number of factors you can control, such as the type of car you drive, your driving record, how much you drive, where you live, and your deductibles. Let's look at them a little more closely:

Your Car: Many insur-

ance companies rate makes and models of cars according to actual claims data, factoring in average repair costs, the rate of injury, and the theft-rate of the car. As well, some insurance companies base their rates on the Manufacturer's Suggested Retail Price of the car, so the more expensive it is, the higher your premium will be.

Your Driving Record: The better your driving record, the lower your premium will be. Rates will rise, however, if you have had at-fault accidents and/or driv-

ing convictions, such as speeding, impaired, or careless driving.

How Much You Drive: Rates are higher for people who spend more time on the road, simply because it increases your chances of having an accident. Those who drive to work, or use their car for business, generally pay higher premiums than those who don't drive to work at all.

Where You Live: Urban areas, where there are a large number of cars on the road, increase the chances of an accident, and therefore insurance rates are higher. Also, more cars are stolen on city streets than in rural areas.

The Deductibles: Opting to increase your deductibles can help to reduce your premium. Your deductible is the portion of a claim that you are required to pay in the event of a claim.

Vehicle care basics

(NC)—With Spring around the corner it is important to remember that your vehicle has endured a lot throughout the winter. Not only the cold weather but the salt and slush has taken a toll on your paint's finish. Following are a few vehicle care basics to help prepare your vehicle for the summer cruising season.

Understanding the steps to effective car care is the key to keeping your vehicle looking newer with the least amount of effort.

1. Wash

Using a shampoo and water to remove the dirt and grime that have not yet bonded to the paint.

Caution: Avoid using dishwashing detergents. Never wash your vehicle unless the surface is cool and in the shade. First rinse the entire vehicle with a spray of water. Then start at the top and work your way down. The wheels should be done last. After you have finished the final rinse, wipe dry with a natural chamois or 100% terry cloth toweling.

2. Clean

Remove all surface oxidation, stains, blemishes or contaminants that will not wash off to restore a smooth finish prior to polishing and waxing.

Caution: Using rubbing compounds and other harsh abrasive products will scar the finish.

3. Polish

Restore vibrant color, clear reflection and sparkling high gloss (which

are the benefits of a surface that is completely free of oxidation and contaminants).

4. Protect

Protecting the topcoat of paint with a barrier coat of either waxes or silicones will help keep contaminants from sticking and coming into direct contact with the paint finish.

5. Maintain

Remove surface contaminants and dirt before they have an opportunity to bond to your paint.

Many good multi step vehicle care products can be found at your local automotive store.

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2001 SPRING & SUMMER CAR CARE

Save your radiator by changing your anti-freeze

(NC) - If you have ever suffered from freeze-ups, boil overs or corrosion of your radiator you probably now know the way to avoid such a disaster is by annually changing your anti-freeze. This helps prevent cooling system failure. Flushing your radiator and putting in new anti-freeze fights corrosion and the accumulation of rust. Rust restricts coolant flow, can destroy your radiator and may eventually lead to engine breakdown. Not just any anti-freeze will do, however. It is important to find the right anti-freeze for your system. You should always check your owner's manual for specific instructions.

Here are some simple tips you can take to safely change your anti-freeze:

1. With engine off and cool, drain the used anti-freeze into a large enough container to catch the solution. Then close the drain valve.

2. Flush the radiator system before adding the new antifreeze. Fill the system with water allowing room for a radiator cleaning solution (one that is designed to remove the rust and corro-

sion sediment that plain water cannot).

3. Run the engine for about ten minutes at its normal operating temperature with the heater on high.

4. Stop the engine and allow it to cool off.

5. Drain the radiator once more, close the drain and refill with water.

6. Run the engine at normal temperature for another

ten minutes, retrain the engine and close the drain valve.

7. Refill the radiator. Make sure to check your owner's manual for cooling system capacity and solution mixture.

8. Once the system is filled run the engine once more at normal temperature with the heater on high for

ten minutes. Shut off the engine and allow it to cool. Top off system and coolant reservoir.

9. Dispose of the used anti-freeze coolant in accordance with government guidelines.

10. Check for any spills or leaks. Tighten the child resistant anti-freeze container and store in a safe place.

Car air conditioners: comfort at a price

(NC)-In many parts of Canada, car air conditioners are considered almost a necessity in hot and humid summer weather. But the comfort of a cool automobile comes at a cost: increased fuel consumption and higher output of greenhouse gases and other pollutants.

That's because air conditioning places an extra load on the engine, which means it has to work harder to achieve the same result. Operating an air conditioner in hot weather can increase fuel consumption by more than 20 percent in city driving.

So what are your options? To stay cool at highway speeds, try using your car's flow-through ventilation. At low, city speeds,

open windows or sunroofs can be a fuel-saving alternative to air conditioning, but on the highway they increase aerodynamic drag and fuel consumption.

Another possible solution is to install tinted glass on your vehicle. Tinted glass prevents some of the sun's heat from entering the vehicle, which in turn can reduce the need for air conditioning

and help you save fuel. Tinted glass can be installed on both new and used vehicles.

Your best solution, however, may simply be to use the air conditioner wisely in other words, only when it's absolutely necessary. For maximum efficiency, keep the windows closed and switch the air conditioner on and off as needed.

How well does your vehicle protect you?

(NC)-In the same time it takes to pop a balloon with a needle, a life-threatening car crash can happen - in 67 milliseconds or less. How a car is designed to perform during a crash is crucial in determining the protection that will be provided in that split second.

Numerous lives are saved each year during car collisions due to the strength of steel. Nearly all vehicles on the road today are made of steel because it is the best material for designing safe vehicles.

In a recent study commissioned by TheSteelAlliance, nearly 80 per cent of Canadians believe steel provides the best protection in an automobile. In fact, 10 times as many respondents chose steel over fiberglass, aluminum or plastic.

Steel is a material with a unique, inherent capability to absorb an impact, and thus diffuse crash energy away from the vehicle's occupants. Steel parts can be engineered to collapse like an accordion to absorb crash energy and most cars have a front end made of steel that performs in this way. Since steel also has the ability to resist deformation when it's

crushed, it will actually become stronger upon impact, allowing it to absorb more energy. At higher impact velocities, the strength of steel increases without the risk of breakage often associated with other materials.

"Protection on the road can be greatly enhanced by choosing a vehicle that is designed for optimal safety,"

says Mark Stephenson, president of TheSteelAlliance.

"Steel plays an important role in pro-

tecting against injury or death during a collision and in crash avoidance; more so than other materials such as aluminum or plastic."

High-strength steel is also used to make brakes, steering components, wheels, tires, and suspension components, all of which are critical in maintaining control of a car and in helping to prevent car crashes.

TheSteelAlliance is an organization of more than 130 North American steel producers and affiliated organizations that have joined together in an unprecedented industry-wide coalition to educate consumers about the benefits of steel. For more information about steel, visit: www.thenewsteel.com



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MECHANICAL & AUTO BODY

Tires: the most important part of a car

By Denis Duquet
(NC)—Whatever you own—a luxury sedan or a subcompact econobox—tires are the only point of contact with the road. And this contact patch is very small, about the size of an adult's hand for each wheel. This is incredibly small for allowing more than one ton of steel, rubber and plastic to average speeds in excess of 100 km/h for many hours, while being responsible for grip in cornering and braking on dry, wet, or snow-covered roads.

In Formula 1 racing, tires play the most important role in obtaining success. Not only do race engineers choose ones that are as wide as the rules permit, but the rubber compound and carcass design are highly sophisticated. This season, Michelin is back in Formula 1 racing and will not only



highlight its expertise in high-performance tires but will also use these races as a benchmark for new technology which will later be used in passenger cars.

So, it is of the utmost importance to invest as much as you can in high-quality tires. Too few people really know how tires can improve the handling of any vehicle. The worst mistake someone can make is to buy tires that are inferior in quality and overall performance to those which were factory installed. The best move is to invest in products of higher quality.

It is also important to insist on the fact that one person's choice may not be the best alternative for somebody else. For instance, most women are afraid of

having to replace a flat tire. For them, a tire with puncture protection is a good option. It has a self-seal compound that is designed to instantly and permanently seal most tread punctures. Owners of high-performance cars are more interested in products designed for more aggressive driving.

It is very important to invest in the best tires your budget allows. You will be amazed by the improvement in performance, comfort and safety. As always, the advice of a professional is still the best way to select the right product for your car and your driving needs. Of course, it is also important to check the pressure regularly and rotate the tires according to the manufacturer's recommendations.

It would be stupid to invest thousands of dollars in an automobile and reduce driving capacities with inferior quality and old tires.

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Speeding drives up fuel consumption and costs

(NC)—Many Canadians are thinking twice about their personal driving habits which have a big impact on their fuel consumption and costs. Leaving the car at home is one solution to reduce costs, but that's not always possible. Something you can do, though, is drive less aggressively.

For example, your normal highway cruising speed has a big influence on fuel consumption. Unfortunately, once the snow and ice have cleared from the roads and there are sunny days ahead, we all tend to drive a little faster.

Studies have shown that getting to your destination faster doesn't save fuel—in fact, it can increase fuel consumption. For most vehicles, increasing your highway cruising speed from 90 km/h to 120 km/h will increase fuel consumption by about 20 percent, and from 90 km/h to 100 km/h by 10 percent.

One way to maintain a reasonable and consistent speed is to use cruise control, if your vehicle has this option. For most drivers, this will save fuel by keeping your speed constant and avoiding inadvertent speeding.

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A spring tune-up should be in your plans

(NC)—It's a Canadian ritual—another long, cold winter is over, and in neighbourhoods across the country people are taking advantage of the return of warm weather to give their cars a spring cleaning. Chances are your vehicle is also due for some mechanical attention.

Keeping your car in top running condition is essential if you want to enjoy maximum fuel economy and cost savings. It's no small matter: a poorly maintained vehicle can increase fuel consumption by up to 50 percent. Even something as minor as a clogged air filter can cause fuel consumption to rise.

Your investment in a spring tune-up will probably pay for itself in no time. Keep in mind that a well-maintained vehicle not only uses less fuel, but is more reliable and could be worth more when you want to sell it.

And don't overlook the environmental benefits. A properly running vehicle reduces emissions of carbon dioxide, the main greenhouse gas that is contributing to climate change, as well as other pollutants that cause air quality problems in urban areas.

Requirements vary from one vehicle to another, so it's best to consult your owner's manual on recommended intervals for maintenance checks. It's also a good idea to let a trained automotive professional do the work.

Fuel cost savings, reduced chances of a breakdown and fewer emissions — they're all good reasons for giving your vehicle a spring tune-up now.

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Bulldogs continue title quest

Continued from Pg. 4-A

shook loose for two goals by Wes Dietz and Shawn Dextler in the final session to dim the hometown team's hopes. For both Dietz and Dextler it was their second goals of the game.

Scoring for the Bull Dogs were Ryan Bennett, Chris Barnett, Andrew Brown and Chris McComb. Earning assists on the Percy scoring plays were Bryce Rosborough, Mark Hogg, Jeff Scott, Ian Sturtzenegger, Justin Lowe and Barnett.

Percy took a 2-1 first period lead, only to have goals by Ben Inglis and Dextler put

Mildmay ahead with less than five minutes left in the second period. After being unable to get untracked for most of the period, the Bull Dogs suddenly found the groove with two goals just 65 seconds apart by Brown and McComb that gave them the lead starting the final frame. But the Percy kids just couldn't hold off the determined Mildmay team.

Dietz Big Scorer

In the Saturday night game, Wes Dietz was also a thorn in the sides of the Dogs with another two-goal performance, while also earning an assist on a third goal. Jeremy Bross and Shawn Dextler were the other

Mildmay marksmen. Mike Hogg, with two goals; George Nelson and Ryan Bennett replied for the Bull Dogs.

It was a see-saw affair with both teams playing a hard-hitting but disciplined game that saw the referee call only 24 minutes in penalties, including a 10-minute misconduct to Mildmay's Ben Inglis.

Mildmay led 4-3 heading into the final period and it stayed that way until Ryan Bennett converted on a play with McComb and Hogg that pulled Percy even. Josh Cork, Justin Lowe and Pat Mahoney each earned two assists for the Bull Dogs.



Getting ready for Easter: Kristin McConkey, Kelley Sheppard, Melissa Uschenko, Kris Prentice and Kassi Sheppard show off the hats they made during the March Break K Club craft session at Daddys that was hosted by Hastings Valu Mart. Nearly 70 youngsters participated in the lively craft morning. See inside for more photos. Photo/Bill Freeman

"Fans were the winners"

Continued from page 4

pleasing brand of hockey without any goon tactics.

Rebels actually outscored the Raiders, 33-31, over the seven games. Campbellford registered victories by 3-2, 8-2 and 5-4 margins, while the Raiders won 7-5, 7-5, 3-2 and 6-5.

Hot Goaltenders

Both goaltenders, John Cranston of the Raiders and Rebels' Jordan Ashley, stood tall in the series and were particularly sensational during the two double overtime games.

In game seven on Napanee ice, Rebels gave it everything they had but fate dealt them an unkind hand.

"When it's this close it's hard not to relive all seven games and wonder what if," said Peeling. "But sometimes you just have to tip your hat to the opposition. Good luck Raiders the rest of the way."

In game six on March 13th in Campbellford, a jam-packed crowd thrilled to a classic finish.

The winning goal at 17:58 of the second overtime came off a draw in the Raiders' end. Centre Anthony Davies drew to the left point where captain Kevin Cork simply fired the rubber at the net as he was hard-pressed to get it away.

Todd Kerr, located in front of Cranston, tipped the puck over the netminder to end the best game of the playoffs. It was difficult to imagine that less than 24 hours later the two teams would stage a repeat performance.

Again the winner came off a draw in the Raiders' end. This time Jamie Hinchley lobbed the puck into centre ice where Derek Plane raced away into Rebel territory. Forced by Cork into a corner, Plane's passout was re-directed to Scott Bradley who found the net past Ashley's blocker after just 35 seconds in the second overtime period.

It was a shocking disappointment for the Rebels who had shown a lot of tenacity by battling back after trailing 3-1 in games, forcing a seventh game with 8-2

and 5-4 victories. Both teams had battled impressively to that point, and as the old adage suggests, it was a shame someone had to lose.

Anthony Davies and Jamie McComb each netted two goals in a losing cause in game seven while Kevin Cork scored once and assisted on two other goals.

Ice Chips: The game marked the end of a six-year Rebel career for rearguard/leftwinger/captain Kevin Cork, who as always was centre stage for the Rebels. His teammates could have

broke out in a chorus of Bob Hope's theme song, "Thanks For The Memories." Unfortunately it's too bad he has no place to play next year. In the old days, the Clipper intermediates would have been his next club after moving out of junior ranks. "Maybe this situation best sums up the status of hockey in Canada as a result of the decline of intermediate play," said Rebel General Manager Jim Peeling. Peeling announced that the year-end dinner and awards night will close out the Rebels' season.

Bowling on the Trent Valley Lanes

Tuesday Golden Age (March 6th at Trent Valley Lanes)

Series 4 Standings--Alley Cats, 15; One Pin Short, Crackerjacks, 12.

High Singles Flat--Men: Ron Turner, 246; Carl Dorge, 228; Gord Mead, 228; Ladies: Joan Turner, 241; Marlene Harris, 215; Eileen Smith, 208.

High Singles With Handicap--Men: Ron Turner, 304; Gord Mead, 269; Gord Gardiner, 263; Ladies: Joan Turner, 295; Eileen Smith, 281; Jean Collard, 259.

High Triples Flat--Men: Carl Dorge, 631; Ron Turner, 583; Cy White, 557; Ladies: Joan Turner, 619; Marlene Harris, 556; Marg Barnes, 539.

High Triples With Handicap--Men: Cy White, 710; Carl Dorge, 709; Gord Gardiner, 688; Ladies: Joan Turner, 781; Helen Stephens, 722; Marg Barnes, 695.

Friday Golden Age (March 16, at Trent Valley Lanes)

Team Standings--Blacksheep, 28; Dynamos, 24; Gamblers, 22; C-U-Go, 18; Corner Pins, 15; Jokers, 14; Pin-Ups, 13; Survivors, 6.

High Singles Flat--John Locke, 257; Charlie Banks,

251; John Smith, 244; Marion Grills, 240; Lynne Meacock, 238; Bill Meacock, 234; Darryl Barth, 227; Lillian Platt, 220.

High Singles With Handicap--Marion Grills, 316; John Locke, 297; John Smith, 294; Lillian Platt, 285; Burt Green, 280; Charlie Banks, 279; Bill Meacock, 278; Barry Barth, 277; Darryl Barth, 274.

High Triples With Handicap--John Smith, 802; Lillian Platt, 786; Charlie Banks, 773; Barry Barth, 745; Darryl Barth, 735; Bill Meacock, 734; Marion Grills, 724; Fayto Arpa, 704; John Locke, 697.

Napanee driver faces variety of charges

A 31-year-old Napanee man arrested earlier following an erratic driving complaint on Highway 401 faces a number of charges. They include possession of stolen property (a stolen validation sticker), using a plate not authorized for the vehicle and operating a vehicle without valid insurance. The car was stopped at Theatre Road in Hamilton Township. Darren Malcolm, 31, of Kingston, will appear in Cobourg Provincial Court.

Novice A Colts settle for OMHA silver medals

Elmvale sweeps final series

A team that showed an edge in skating prowess, the Elmvale Coyotes, turned back a battling band of Campbellford Colts to capture the Eastern Zone OMHA championship last Saturday in Elmvale.

The Coyotes wrapped up the series with a three-game sweep, having posted 8-0 and 6-3 victories in the two previous games.

The teams fought evenly

through a scoreless first period. But in the second period Elmvale opened the scoring less than two minutes after the opening faceoff. But the Colts came right back to net the equalizer.

Ben McKeown found the mark, assisted by Jordan McEvoy. Elmvale scored again and ended the period ahead by a mere one-goal margin.

Lots of action highlighted the final period but the Colts took charge with three quick goals to jump into three-goal lead.

Colts got one back as A Davis fired the puck past Elmvale goaltender with 11 from Steven Blake and Z Patfield. It would prove too little too late. Elmvale added their fifth goal.

The Colts, a team that tinged themselves year, received the Silver Lobster Cup for their runner-up finish. Players coaches were presented ver medallions.

Members of the Campbellford squad, sponsor Graham Florist, are: T Battman, Steven Blake, Craig, Alec Davis, Brad Neil Forestell, Curtis Douglas Little, Jor McEvoy, Ben McKee, Ethan McMillan, Kyle Norton, Zach Patfield, A Quinn and Aaron Tin. The coaching staff include Gord McMillan, Pete H Steve McKeown and Conte. (Submitted Deanna Patfield).

Is democracy being manipulated?

Bureaucrats calling the shots

By Bette Jean Crews

When we go to the polls and, in good faith, elect the people we want to run our province or our country, we expect those people to take charge and run things in our best interest.

However, there has long been another force at work behind the scenes of our governments--the power of the bureaucrat. We know it's there, but we don't like to think democracy can be so easily manipulated.

For Canadian farmers, this reality is not only causing great concern, but great distress for many farmers. During much of the past year, farmers and their organizations worked hard to present the story of impending financial disaster for many farmers.

That work continued through into the federal election last November. The politicians, during the campaign, told us they heard our lobby loud and clear, and even after the election they continued to assure us there would be additional funding for the safety nets programs that already exist.

Need Lobbyist

Yet, we are left waiting and wondering what more has to be done.

Some farmers are telling

us at the Ontario Federation of Agriculture that a professional lobbyist is needed to get behind the scenes in Ottawa and work on people who "really make the decisions"--the bureaucrats. That's how it is done in the United States and the European Union, they say, and then point to the high level of support farmers in those countries receive.

B-ball shooter right on target

Winners from the Norwood and District basketball throw competition sponsored by the Knights of Columbus Council 8287 had great success as they moved on to next level of action.

At the district finals held in Cobourg five local competitors stepped up to the line and had great showings earning first place awards.

In the girl's division were: Megan Keller, Trent F 10-year-olds; Tara McFadden, Havelock, 11-year-olds; Marchant, Norwood, 12-year-olds; Alicia MacDon Warkworth, 14-year-olds. In the boy's division Callaghan Brown, Norwood, 10-year-olds.

The winners of the district level advanced to the regional finals in Oshawa with Tara McFadden finishing her division while Heidi Marchant placed second in the year-olds competition.

Congratulations to these free throw stars for their excellent performances.

The Knights of Columbus thanks all athletes, coaches and teachers for helping to make this year's free throw competition such a great success.

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A challenging opportunity exists for an individual to become the Early Years Community Co-ordinator for the counties of Northumberland and Haliburton and the City of Kawartha Lakes. Under the direction of the Early Years Steering Committee, you will mobilize all-sector support, raise awareness, lead communities in the development of an Early Years Action Plan, and liaise with community groups developing proposals for submission to the government's Early Years Challenge Fund.

The successful candidate will possess skills and qualifications in the following areas: leadership, facilitation, knowledge of the local community, understanding of the vision for early child development and parenting as outlined in the Early Years Study, an ability to work collaboratively, organizational ability, communication skills, computer literacy and an understanding of research and evaluation techniques. A post-secondary degree in a related field and a minimum of five years experience in social and health services is required.

The Early Years Community Co-ordinator is a contract position and is expected to continue until March 31, 2002. The Health Unit will be the host agency for the project, with the Co-ordinator being accountable to a cross-community Steering Committee, the Health Unit, and the Children's Secretariat.

The Early Years Community Co-ordinator will be appointed through an Order in Council by the Provincial government.

Interested individuals are invited to forward a submission addressing the specifications outlined above and a resume by April 6, 2001 to:

Selection Committee, Early Years Co-ordinator
 c/o Fiona Gowing, Director, Family Health
 Haliburton, Kawartha, Pine Ridge District Health Unit
 108 Angeline Street South
 Lindsay, ON K9V 3L5

We would like to thank all applicants in advance and advise that only those selected for an interview will be contacted. All information is collected solely for the purpose of job selection under the provisions of the *Canadian Freedom of Information and Protection of Privacy Act*.

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APPRENTICE or Licensed Plumber. Phone 613-475-3375 or fax resume to 613-475-4996.

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2:00:00 p.m. local time, 12 April 2001.

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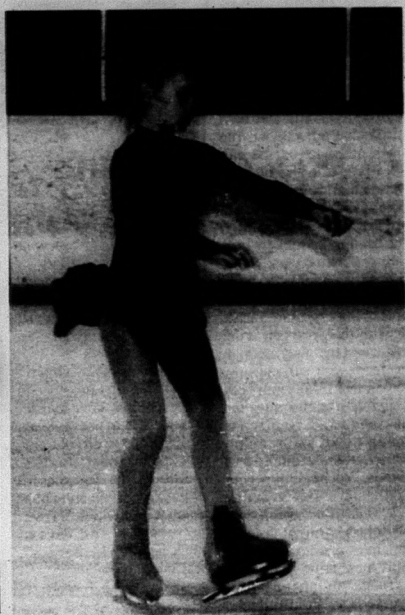
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In the groove:
Miranda Rance gets ready to do a jump during her solo performance at the Hastings Figure Skating Club's "Smooth Sailing" carnival Friday night.
Photo/Bill Freeman

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Police reports

Multi-Vehicle Mishap
Police are investigating a multi-vehicle accident on Highway 401 at the Grafton exit. Ten to 12 vehicles were involved in the collision Feb. 23rd, closing eastbound traffic. Three persons received minor injuries in the accident. A preliminary report indicate that one vehicle rolled, causing several others to collide with one another.

in a head-on collision with a west-bound 1996 Ford fuel truck operated by John Moran, 53, also of Trenton. Both vehicles were extensively damaged. McDowell received a broken ankle while Moran suffered less serious injuries. Both were transported by ambulance to Trenton Hospital. McDowell will face a careless driving charge.

Victim Identified
The name of the deceased woman involved in a fatal motor vehicle collision Feb. 26th on Highway 201 eastbound has been identified. Sandra Potter, 37, of Brighton Township, was traveling east in her Pontiac Bonneville when she came upon black ice, losing control. The car flipped over, striking a metal sign post.
County Rd. Collision
A motor vehicle collision occurred on County Road 2 on Feb. 28th. A 1988 Cadillac, operated by 18-year-old Brian McDowell of Trenton, lost control, resulting

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The Art of Healthy Living

Ayurveda (pronounced eye-yer-vay-duh) is the art of healthy living that enables you to create harmony in daily life by applying self-knowledge and self-care. The word, Ayurveda, is from the ancient Indian language, Sanskrit, and literally means "Knowledge of Life". Inherent in Ayurvedic principles is the concept that you are capable of taking charge of your own life and healing. Ayurveda may come from ancient texts, but these principles are just as applicable today in our society as they were when they were originally recorded in India. Ayurvedic living occurs when you recognize your basic nature and live according to this true self. The Ayurvedic approach to life involves listening to and addressing the unique needs of your body, recognizing and balancing your mental and emotional states and deepening your connection with your spirit your essential self. You are the only one who can do this, because you are the only one who will truly benefit from your actions or suffer from your abuses. It all begins with knowing yourself... Ayurveda recognizes three main energies that combine to form all things in the universe. These are recognized as being fundamental to all life and are seen in the processes of growth, maintenance, and decay. Their actions are named anabolism, metabolism, and catabolism in the western sciences. Life, light, and love exemplify all these energies and are found in our environments at every moment on every level. These energies combine in limitless ways to create the unique qualities of each individual. When you become aware of these qualities within yourself, you take the first steps toward creating a healthy life. Ayurveda assists you in identifying these energies in your body and shows you how to more fully experience their gifts and to gain freedom from their limitations. By working with the body's unique nature, you are able to create true health. Ayurveda names these basic energies Vata, Pitta, and Kapha. In the Ayurvedic approach to life and health, we recognize how these energies are at work at each moment in our bodies and minds. When we recognize this, we can begin to create balance for ourselves by countering the destructive forces with positive actions. How does this work? With Ayurveda, we acknowledge that beneficial daily habits are different for each person, because each person is a unique combination of these three energies. Everybody has all three energies; though people experience each of

them to a greater or lesser degree. Ayurveda can be a mirror that reflects our true nature and maps out the path for a return to the lives of vitality that we are meant to have. Everyday Ayurveda would like to assist you on this healing journey by providing more information for discovering your underlying nature using Ayurvedic principles. Once you are familiar with this, you can bring balance to the body through the foods you eat and how you eat them, daily practices including exercise, rest and massage, and five-sense therapies utilizing color, aroma, taste, touch, and sounds. Your health is your business! Everyday Ayurveda provides introductory classes on Ayurvedic principles and how you can apply these principles to live a fully balanced life. Ayurveda is an affordable, accessible daily practice for creating health and harmony in your body and in your environment. Once you begin to incorporate these principles in your daily activities, you will see positive benefits in every aspect of your life. There is not one food, herb, or activity that is Ayurvedic. You already have many practices that create balance in your life.

When this brings clarity and healing at the deepest level, you are practicing Ayurveda.

MEDITATION

If the pace of your life has built up in your mind-body a residue of stress, perhaps you will finally try that yoga or meditation class. In the meantime, to find relief from stress, fatigue, and even negative emotions, try this simple 'Heart Meditation' technique, which will produce measurable changes in the body and could have profound effects on your well-being.

First, sit in a comfortable chair. Place your feet flat on the floor, your hands open on each leg facing up. You will most benefit if your spine is erect. You can pretend a string attached to the top of your head is lifting you up.

Next, blow all the air out of your lungs, then inhale deeply. Take several slow, deep breaths. This is essential in beginning to relax the entire body. Beginning with the face. Imagine each of your facial parts - eyebrows, cheeks, jaws, chin, etc. - and consciously relax each in turn. Release all the tension from your face, then move to your neck, shoulders, arms, upper back, lower back, pelvis, etc.

As you relax, your posture will slip; gently lift your head back up or try using a pillow to support the lower back, to bring the spine as straight as you can while still relaxing the body around it.

Bring your attention to your chest. Ride down an escalator from your brain to your heart. Imagine each breath feeding into the energy of the heart, whose electrical system is 40 times stronger than that of the brain. While keeping attention focused in your heart, try to recall the feelings of love, appreciation, or joy elicited there during some beautiful scene from your life. Try to recreate these feelings within your heart - the feelings, rather than the thoughts.

If you find yourself bombarded with stray thoughts, which is quite natural, just let them float away like clouds. Some are valuable, but give your attention to them only after your meditation is concluded. Return your attention back to your heart and to the feelings of love and peace you were recalling. If you want to access your own intuitive wisdom simply ask for guidance regarding a situation, then release all expectations and thoughts about the outcome. The answer could come when you least expect it, and in any form. Watch your dreams.

The last part of the meditation consists of feeling love for others whom you are in daily contact with. Then, dedicate a sustained amount of time to feeling appreciation for yourself!

When you are ready to end your meditation, begin by moving your fingers and toes, open your eyes, and SLOWLY return yourself to full consciousness.

Write down any thoughts!

Ontario government takes tough stand on organized crime

Organized crime is picking the pockets of everyone in Ontario, the province's new Attorney General David Young told a parliamentary committee that is reviewing the Harris government's organized crime bill.

Last December, Ontario became the first province in Canada to introduce legislation that would use civil law to disrupt and disable corrupt organizations.

Bill 155, the Remedies for Organized Crime and Other Unlawful Activities Act, was the subject of two days of public hearings by the Standing Committee on Justice and Social Policy in Toronto recently.

"Ontario is open for business, but not the business of organized crime. We can't be naive about this problem."

The people behind corrupt organizations are victimizing Ontarians and making enormous profits at the expense of hard-working, law-abiding people," said Young.

"If the bill is passed, the province would be able to freeze and seize the proceeds of unlawful activities and help prevent further victimization."

The proposed legislation would allow the province to ask the courts to freeze, seize and forfeit to the Crown assets that are proceeds of unlawful activity or that will likely be used as "instruments" to engage in unlawful activity; take to court two or more people who conspire to commit activities to harm the public; and enable victims of unlawful activity that lead to a forfeiture to claim compensation against those forfeited proceeds.

An elite strike force of investigators, lawyers and forensic accountants would also be established. The Attorney General also called on the federal government to act quickly and make changes to Canada's Criminal Code that would: broaden the definition

of criminal organization; criminalize recruitment and participation in criminal organizations; attach consequences to the wearing of badges and other manifestations of membership in criminal organizations; expand police powers to detain and search suspected members of criminal organizations; establish mandatory sentences following conviction to a criminal organization offence.

"Organized crime affects everyone in this province. We pay for it through high credit card rates and other costs," said Young.

"Our proposed bill will provide new and innovative tools to fight corrupt organizations."

More summer jobs for Ontario students

During the summer of 2000, the Ontario Summer Jobs Program exceeded its target for creating jobs for young people for the 4th straight year said Dianne Cunningham, Minister of Training, Colleges and Universities.

"We're proud of the success of our Ontario Summer Jobs Program," Cunningham said. "Each year, this program helps young people gain valuable workplace experience in their communities."

Ontario Summer Jobs helped almost 60,000 young people find work or create their own jobs last summer. When the \$50.8 million program was launched in March 2000, the government set a target of 57,000 jobs for young people. Over the last five years, the number of young people finding work through Ontario Summer Jobs has more than doubled.

"I want to thank the thousands of employers who opened their doors this summer to provide young people with valuable work experience and an opportunity to build on their education," Cunningham said. "Summer jobs is one way we are giving young people an oppor-

tunity to work, to learn skills, and to gain confidence in themselves and their abilities."

Ontario Summer Jobs targeted to young people ages 15 and up, and ran April to September. It binned programs offered by the Ministry of Training, Colleges and Universities; Management Board of Ontario; the Ministry of Economic Development and Trade; the Ministry of Natural Resources; the Ministry of Northern Development and Mines; and the Ministry of Agriculture, Food and Rural Affairs.

Under the program, a range of services are offered, including an incentive for businesses and community organizations to employ young people for up to four weeks, and loans to encourage self-employment. These were also available in the government ministry agencies.

Ontario Summer Jobs is part of the Ontario government's Youth Opportunities Ontario strategy. Ontario has the most extensive employment program in Canada, spending \$21 million on programs for 214,500 young people



Secretary of State for Rural Affairs, Andy Mitchell and MP Larry McCord, Parliamentary Secretary to Agricultural Minister Lyle Van Clief, pose after a \$75,000 cheque presentation at the North Hastings Community Development Corporation. by Aubrey Johnson

The Annual Centre Hastings Huntington Firemen's Breakfast



The annual Centre Hastings Fire Department "Pancake Breakfast" has traditionally been the major fund raising source for the department. Bob Pierce, Director of Life Safety, states that the Hastings & Prince Edward Counties Fire Safety House display, which can be seen at various community events throughout the year, has become a tremendous safety, as well as educational tool to instill fire prevention as a matter of community concern.

Pictured getting the bacon ready are Deputy Fire Chief Bill Pollock and Firefighters Scotty Blackburn and Gary Thompson. Photo by Aubrey Johnson



Gerald Reid, Reeve of Madoc Township, gets ready to sample the morning's breakfast, cooked to perfection by the many volunteers who make this special day a "hearty" one. Many people are responsible for the Fireman's Breakfast, including Dale Wood, owner of Victoria Place Restaurant in Tweed who supplied the homefires. Photo by Aubrey Johnson

Obituary

Irene Virginia Empey of Madoc, passed away at the Carasant Care in Marmora on March 3, 2001, at the age of 57.

Daughter of the late

Murray and Eva Empey, she had been ill for the past year. Educated in Madoc, Irene was a Red Cross homemaker and a member of St. Peter's Presbyterian Church.

Irene Empey will be sadly missed by Sheila and Dave Martin (Madoc), Sam Empey (Marmora), Laura and Allan Firth (Madoc) and Greg and Lisa Maxwell (Bancroft). She is fondly remembered by grand children Chantal and Breanne Maxwell (Bancroft) and Bruce Empey (Marmora).

Irene is survived by sister Shirley (Don Wilman) of Marmora and Marie and Jack Fleming of Madoc. She was predeceased by brother Bob Empey.

Funeral services were held March 6 at the McConnell Funeral Home in Madoc with Reverend Stephen Thompson officiating.

Interment was in the Eldorado Cemetery. Pall bearers were Brian & Rodney Wilman, Robert Empey, Michael Empey, James Chamberlain and Francis Doyle.

Irene Virginia Empey could often be seen greeting people at the gate at Madoc Arena, as she loved being there, especially for the kids.

She will be sadly missed by many of her friends.

News to report?

Photo opportunity??

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North Hastings Community Development Corporation

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by Aubrey Johnson

Skate Canada is the largest figure skating governing body in the world. Membership now tops 191,000 with 1,448 affiliated clubs. The recent international success of Canadian skaters and high quality programming have boosted the popularity of the sport.

Skate Canada provides standards and rules for the figure skating activities of its

Madoc area Skaters Applauded

members. The Association qualifies and appoints judges, referees and other officials, conducts training seminars for skaters and coaches, provides financial support to national team athletes and disseminates information concerning figure skating to the general public. Skate Canada also promotes the 3M National Coaching Certification Program and sponsors free skating and synchronized team skating competitions and the annual MasterCard Skate Canada International.

CanSkate is Skate Canada's flagship learn-to-skate program for beginners of all ages that teaches fundamental movements (go forward, go backward, stop, turn, spin and jump) and basic skills.

The program is set up in seven stages. The CanSkate program emphasizes fun and continuous movement and is taught in a group lesson format. CanSkate is taught by professional Skate Canada professional coaches and assisted by trained Program Assistants.

Awards and incentives are used to motivate skaters to achieve and develop their skills as well as to keep interest high! CanSkate is a feeder program to all other Skate Canada programs.

Objectives of the Program

- *To provide basic skating instruction in a group format
- *To introduce skaters to the principles of Jumping, "Figure Skating", Speed, Challenge, Performance, Safety
- *To introduce skaters to

the five fundamental elements of Figure Skating

*To encourage and identify "Talented Skaters" that they are fast-track through Skate Canada team of training

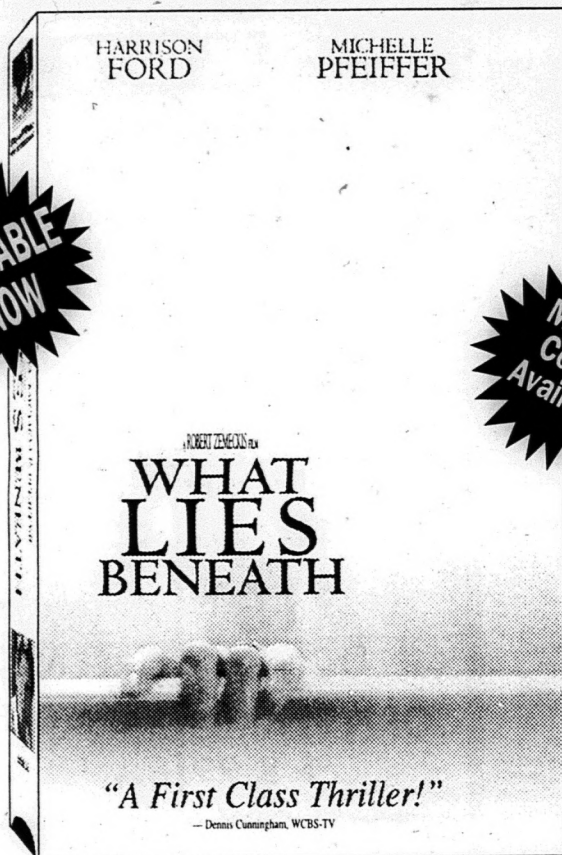
*To promote all skating through Skate Canada team of training in a seamless manner.

The Madoc District Figure Skating Club held its annual year end Fun Awards day on March 17, which time presentations were made to members of the club who have improved their overall skating ability. Cam Gardiner was awarded the "Most Improved" award while Tori Foley and Alyx Wilkinson received recognition in the "Most Dedicated" category.

Lindsey Kenneson home the award for "Perfect Attendance". Coach Nicole Casselman and Leen Lockwood were presented with tokens of appreciation for their involvement with the club.

A "Special Thanks" given to Sarah Wannamaker, Senior Program Assistant for her ongoing support throughout the season.

Pictured (top left photo) Sarah Wannamaker, E. Gallina, Valerie Dan, Remington Danford, L. Blaser, Bailey McCull and Colleen Lockwood. Pictured below with Nicole Casselman are Sarah Wannamaker, Tori Foley, Alyx Wilkinson and Cam Gardiner. Photos by Aubrey Johnson



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Pictured with Community Futures Development Corporation of North and Central Hastings and South Algonquin Chairman of the Board Bruce Walker, are Gail Krupa, owner of Park and Bark Boarding Kennels and George and Theresa King, owners of Kings Way Express Restaurant. Photo by Aubrey Johnson

Entrepreneurs Honoured

by Bruce Walker

North Hastings Community Development Corporation is working closely with private and public sector partners in our community to assess local problems and to look at new ideas and opportunities that could strengthen our local economy.

With the assistance of Industry Canada and FedNor,

we provide counselling, business development services and investment in local businesses.

Local job creation comes from local business expansion spurred by innovative business people. It is local business that creates jobs. Local business stimulates our local economy. Local business generates sustainable community wealth.

Once yearly, NHCDC has

the honour and distinct pleasure of recognizing the success of worthy members, nominated from among our business community. Both of our winning candidates have started their businesses this past year. NHCDC has had the pleasure of seeing both of these enterprises start up, evolve over the past year, and develop into successful businesses.

Rural Youth Job Strategy

The Rural Youth Job Strategy, part of Youth Opportunities Ontario, is designed to help rural youth, aged 15 to 29, prepare for and find a good job close to home. Working with youth, employers and communities in rural Ontario, the Rural Youth Job Strategy enhances the skills of rural youth and encourages new job creation and investment opportunities in rural communities.

The Rural Youth Job Strategy is a program designed to enhance the employability skills of rural youth and encourage a climate for job creation and

opportunities for business in rural Ontario. The Rural Youth Job Strategy is an integral part of the government's Youth Opportunities Ontario Innovative and involves Ministry of Agriculture, Food and Rural Affairs, the Ministry of Education and Training, and the Ministry of Northern Development and Mines.

The strategy will invest in projects carried out by partnerships and alliances that would stimulate job creation and/or improve the skills and employability of Ontario rural youth aged 15 to 29.

On March 28, Ontario

Premier Mike Harris that the Quinte area will benefit from a \$2 million investment will be used to create dozens of new internships for youth, encouraging rural economic renewal.

Speaking at a roundtable of local business leaders in Belleville, Harris announced that the province's initiative will mean prosperity for the region.

The project, called Greater Quinte Workforce Development, initially

brings together the resources of several local industries. Under the leadership of Quinte Area Economic Development Commission, the initiative raised \$2 million in private sector funding. Ontario government through the Rural Youth Jobs Strategy, match the initial investment. The program will create 400 internships over the next 18 months.

"We'll continue to work hard so that all the people in Ontario share equally in a prosperous future," Harris said.

"By training young people in the skills they need and by helping companies create jobs close to home, we're making sure small communities are able to compete and thrive in the global marketplace."



Pictured at a recent stopover at the Two Loons Restaurant are Dr. Doug Galt, MPP for Northumberland; Ontario Premier Mike Harris and Cemal Publications Publisher Joe Cemal. Photo by Aubrey Johnson

Restricted loads on township roads

by Constable Kathy Whyte

The Centre Hastings detachment of the Ontario Provincial Police would like to remind the trucking industry that restricted loads are in effect in several townships. There is a limit of 5 tons per axle, less the weight of the vehicle.

These restrictions are regulated by township bylaws and can extend up to the 15th of May, although they are generally off by the 1st of May.

All of the roads have been posted. The OPP will be working in conjunction with the townships to enforce these restrictions.

NHCDC Changes Corporate Name

In an ongoing dialogue with the corporate and public sector, the North Hastings Community Development Corporation have initiated a new name change in keeping with their mandate of bringing economic awareness and renewal to the communities it serves.

At the Annual general Meeting, held at the organization's Head Office in Bancroft, the Board of Directors voted unanimously to change their name to The Community Futures Development Corporation of North & Central Hastings and South Algonquin.

The corporation was recently awarded \$750,000 to continue the growth of industry in the catchment area served by the organization.

Alzheimer Society Walk for Memories

The sixth annual Alzheimer Society of Belleville-Hastings "Walk for Memories", held at the Quinte Mall, was the most successful ever, raising \$18,750, which surpassed the goal of \$15,000. The final total pledges may go as high as \$20,000, because of money still coming in from uncollected pledges.

Thirty five volunteers do-

nated their time and talents with entertainment, displays and overall assistance during the event held on March 25. Town Crier, Allen (A.J.) Kelleher opened the event by introducing the Alzheimer Society Board members and local politicians The Honourable Lyle Vanclief, MP; Belleville City Councillor Joe Cox; Paul Macklin, MP and Ernie Parsons, MPP. When

the Town Crier officially declared the walk to begin, Pipe-Major John Macdonald led over 80 walkers comprised of the politicians, staff, volunteers and a cross section of participants from the Hastings County, Quinte West and Brighton area. Grandpa's Good Time Gang and Fiddler's Connection provided toe-tappin' entertainment throughout the af-

ternoon to the large crowd in attendance. Information and display tables from the Alzheimer Society were featured. Mark Philbin of OJ 95.5, one of the sponsors, was broadcasting live.

This is the Alzheimer Society's major fundraiser to support its Wandering Person Registry, 800 Entry Line, Educational Services, Resources and Sensory Stimu-

lation Centres and Support Services to families coping

continued on page 2

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Maple Syrup Madness for Everyone

by Aubrey Johnson

It is said that the First Nations people taught the British and European immigrants how to make maple syrup and maple sugar when they came to America. The First Nations people made maple sugar so they could store and carry it easily.

As winter slips away into springtime and the daytime temperature begins to rise above freezing, many families in Ontario return to their sugar bush to make maple syrup. The boiling of sap to make maple syrup and ma-

ple sugar is one of the oldest traditions in North America and is part of Canada's heritage. Canada is famous around the world for its pure Maple Syrup.

Maple Syrup may be one of the most unique products you can give as a gift. This sweet nectar of spring is produced nowhere else on Earth, except northeastern North America.

Strangely, it is the annoyingly prolonged start of spring in the Northeast which makes the Maple harvest possible. Many parts of the world see spring come quite

quickly with temperatures rising steadily as the season arrives.

In the Maple belt, March and April bring a series of warm and cold stretches before the temperatures finally rise above freezing permanently. It is this long stretch between seasons that gives Maple producers enough cold nights coupled with warm days to yield lots of sap.

Steven Needham, owner/operator of O'Hara Sugar Maples, is no stranger to the maple syrup production process. Casually mention-

ing that he taps over 5,000 maple trees, Mr. Needham then goes on to say he has been actively engaged in this process for over 17 years.

Even though the season this year will run late, O'Hara Sugar Maples will see an ample bounty of this natural resource produced for the Ontario market, helped in part by a Seprotech reverse osmosis unit which substantially speeds up the production time, allowing from 15-18 gallons of syrup to be produced per hour.



Pictured tasting the 2001 crop are Dylan Adams, Samantha Foley, Katie Donovan and Victoria Foley. Photo by Aubrey Johnson

Local Author to sign book

Local author Chris Magwood will be present at the Madoc Public Library Saturday April 7, from 10:00 a.m. to 12 noon. He will be signing copies of his highly successful book "Straw bale building: how to plan, design and build with straw". Chris is generously donating the proceeds from the sale of these books to the Madoc Public Library Building Fund.

Please come out and visit with Chris and help support your local library.

Alzheimer Society Walk for Memories

continued from page 1

with Alzheimer Disease. Fundraisers such as this are crucial for the support of the 1,500 people with Alzheimer Disease and Related Dementia in our communities now, and to prepare for the future demand and to expand the Society's services.

All money raised here stays here to maintain the Alzheimer Society of Belleville-Hastings' services.

In addition to many attendance prizes, there were also the major prizes donated by area businesses and individuals. Top prizes (\$500 or more raised) consisted of a Ramada Inn Night for two; a Vista 390 telephone from Nortel Networks and a grocery shopping spree from A&P Loyalist Plaza. Rev. Ross Bruleigh won top honours as the individual who raised the most money in pledges, having gathered \$2,601. The other walkers who raised over \$500 were Patricia Johnson, Clarence Mayhew, Roy Sanderson, Mike Pilling and Garnet Thompson. The Team Prize of Quinte Mall gift certificates was won by staff members of Bioniche.

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The Phone and the Web

Shared anniversaries, separated by a century

With the bear market for technology stocks growing into a second year, investors may be too distracted to reflect on the 125th anniversary of an event that helped put the failed Internet gold rush into perspective.

It was on March 10, 1876, that Alexander Graham Bell made the first telephone call, setting in motion the communications revolution that made the Web possible, let alone cause for the Wall Street celebration that peaked a year ago on March 10. However, the public telephone network was hardly built in a day - a noteworthy reminder for investors who profess to embrace a long-term perspective, but may have been hoping the Internet might reach all its potential overnight.

In reality, it took more than 25 years after Bell's invention to reach the one million mark in telephone users, and it wasn't until the 1950s that half of U.S. homes were wired for phone service. Furthermore, the invention of the telephone came decades after the first communications via telegraph. While the marvels of the telegram brought the installation of cross-country and transatlantic cables, no one was scrambling to string telegraph wires into every home and every business.

But with Bell's telephone, the prospect of spoken communications across a wire inspired an ever-sprawling web of cables around the globe. Of course, that cen-

tury-long sprawl seems like a snail's pace in the blur of Internet time, where America Online signs on another million subscribers every few months and millions of miles fibre-optic cable have been laid down in less than a decade.

Then again, the lightning growth of the Web came with a running start, thanks to the existence of a national phone network connecting billions of people who were already indoctrinated to the basic idea of electronic communications. "We're already

accustomed to the wonders of telecommunication. But in the old days, with the telephone, people had to be convinced that it was a worthwhile thing to have," said Dr. Paul Levinson, a telecommunications historian and author of Digital McLuhan: A Guide to the Information Millennium, a book published last year. "A telephone is no good if you have no one to talk to, so you had to achieve a critical

continued on page 14

Ontario patients to get round-the-clock care under new system

The Ontario government is promising patients access to 24-hour-a-day, seven-day-a-week health care, under the direction of a new provincial agency announced Wednesday. The Ontario Family Health Network will expand across the province a new system of family medicine introduced and tested in five communities over the last two years.

Doctors, nurses and other health care providers in the agency will develop and implement health "networks" - teams of medical staff to provide patient care at all hours, Health Minister Tony Clement said.

In return, patients are being asked to commit to doctors within the network and avoid "doctor-shopping," which drains the already stretched health-care budget.

"In a team approach there's a little bit more flexibility," said Clement. "You can have the peace of mind knowing that your patients - even if you are off-call for some reason - will be part of a team that you are aware of that can administer medical treatment."

But the system will change the way doctors are

paid and some wonder how many physicians will agree to take part. Most doctors who do get involved would switch to a flat salary based on the severity of their patients' illnesses. Currently, most Ontario physicians are paid based on the number and type of services they provide.

Dr. Albert Schumacher, who represents doctors as head of the Ontario Medical Association, says the government's three-year goal to get 80 per cent of family doctors to take part in the new system may be unrealistic.

Others were more optimistic. "I know that there are many physicians around the province that I've talked to that are really interested and they're waiting to join," said Dr. John McDonald, who represents the OMA's pilot project in Paris, Ont.

For some doctors, the new method of payment would provide financial security while allowing them to share the escalating costs of running their offices. McDonald acknowledged that he couldn't predict when the government's tar-

continued on page 14

Army commander pondering deep manpower cuts to make financial ends meet

The commander of the Canadian army can't make financial ends meet and is looking at drastic cuts in the ranks, Lt. Gen. Mike Jeffery, who took over command of the army last fall, says he can't maintain the status quo with the money he's got. "The institution requires more dollars to keep it running than there are dollars available," Jeffery said.

He said he can restructure things to save money and try to save more with better management, but in the end, he's likely going to have to "cash in people to pay the bills." He wouldn't give any exact figures, saying the numbers are still being crunched, but he offered a hint: "When my predecessor was going through some of this exercise earlier there were options that included the potential for going from three to two brigades and clearly that is an option... if you want some idea of magnitude."

Losing the equivalent of a brigade would mean several thousand people out of a force with an authorized strength of 21,000, and a combat strength of perhaps 10,000. Defence analysts were aghast. "It causes any number of problems," said Jim Hanson, associate executive director of the Canadian Institute for Strategic

Studies and a retired general. "I think if I was chief of the land staff I'd think seriously about cashing in my second career at this stage of the game." "Any commitment is going to become more and more difficult notwithstanding the spin of NDHQ that it's quality, not quantity that counts," said Alain Pellerin of the Conference of Defence Associations.

"We are into big trouble," said Brian MacDonald, a retired artillery colonel. "We are in the interesting position of seeing a once proud and magnificent institution just simply, suddenly crumbling in front of us." The general's comments follow on the news that the air force plans to scrap a third of its fighter-bombers and come after the navy tied up one of its West Coast destroyers for lack of

a crew. Rumour suggests that an East Coast destroyer may get the same treatment, also for lack of sailors.

Defence Minister Art Eggleton, who recently found another \$600 million for the military in the supplementary estimates, has said repeatedly that the Forces will get what they need to do their jobs. Jeffery said he didn't set out to cut the ranks. "Shrinking the army is not the objective. It may indeed, and probably will, be a byproduct. The bottom line is I believe the army can do what is required of it, but if we don't change what the army is and don't change some of the dynamic, there will come a point when it can't." He said new equip-

continued on page 14

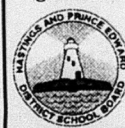
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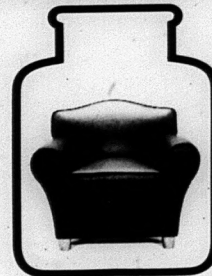
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“We’re not anti-education but pro-teacher:” Premier

Premier makes position clear during local visit

By Rolly Ethier

Madoc--Although repeatedly vilified as an enemy of education and teachers, Premier Mike Harris has completely denied the character assassination, calling it something unions have worked hard to achieve.

Harris, in one of his infrequent visits to the Quinte region, took part in a news conference Wednesday at the Two Loons Restaurant here before attending a Progressive Conservative luncheon.

"I hope over the next two years we, as a government, are able to convince the teachers that our agenda is not anti-education but pro-teacher," pointed out the Premier. "We both have the same goals--an improved education system. I want to keep reaching out to teachers no matter how the unions are portraying us."

Harris said Ontario has excellent teachers but because they are among the best paid in the country they should expect to be held to a certain standard "so we can produce better students and improve the quality of education generally."

Harris finds it unfair that



Premier Pays A visit--Premier Mike Harris attended a party luncheon at the Two Loons Restaurant in Madoc during his whirlwind tour of eastern Ontario Wednesday. Here, he chats with MPP Doug Galt, Darryl Kramp of Madoc and Joe Cembal of Marmora, Publisher of the weekly Cembal Publication newspapers. photo/Aubrey Johnston.

labour laws prevent him from communicating directly with teachers but teachers and unions can take their message directly to the students and parents.

"So I have to make my position known through the media," he stated.

Teacher Testing

On the subject of teacher testing, he said the procedure isn't being implemented to make a statement to claim

"I hope over the next two years we, as a government, are able to convince the teachers that our agenda is not anti-education but pro-teacher."

Mike Harris

teachers, schools or boards "are doing a lousy job."

It is dictated, noted the Premier, because the government has to know what remedial formulas are required

in the education program.

Asked about the refusal of some teachers and schools to participate in traditional extra-curricular activities, Harris said Education Min-

ister Janet Ecker has had a number of recent consultations with boards. He said Ecker has appointed a panel to develop strategies in an effort to resolve the issue.

"There seems to be some

confusion out there, too," said Harris, "because there are a lot of great teachers still volunteering their time. It's happening right now but the unions won't admit it."

He asserts there is recognition that the issue is being used by unions as a bargaining tool.

"Many teachers feel threatened by the union position," said Harris. "The (the teachers) had been coaching for years and wanted to continue to do so but admit the unions don't want them to."

Harris also said there is some confusion at the Board level about whether outside volunteers have the right to step in, but he insists the assistance is not only valid but it is welcomed.

Harris said the performance of extra curricular duties by teachers has never been a problem in some areas, particularly in elementary schools.

Manners Mentioned

"In the public high schools, however, when Earl Manners' union is in charge, we've had the most concerns and the most problems," added the Premier. "But I believe we are slow but surely getting back normal."

On the controversial issue of conducting criminal background checks for teachers, Harris describes the action as something the public

Continued on Pg. 6

All Ivy League all star as well

Cassie Turner makes all-academic squad

Brown Univ. hockey star earns ECAC honours

Centreville, MA - Campbellford District High grad Cassie Turner has made the East Coast Athletic Conference's hockey all-academic squad.

Cassie, a star sophomore defender on the Brown university women's squad,

joins six other team-mates in receiving the ECAC academic honour.

A total of 73 student athletes representing 13 Division I league teams were honoured.

To meet the criteria for the all-academic team, student athletes must have completed at least one academic and have a cumulative grade-point average of at least 3.0. As well, they must have competed in at least one-half of their team's contests during

the current season.

Along with Cassie, four other Canadians on the Brown Bears squad made the all-academic team. They include: Senior, Christina Sorbara (Toronto), 3.28 in International Relations/Business Economics; Senior, Patricia Long (Toronto), 3.21, Psychology; Senior, Melissa Rennison (Delaware, Ont.), 3.38 in Community Health and Senior, Cara Gardiner (Hensall, Ont.), 3.28 in Human Biol-

ogy.

Cassie was also one of five Brown players selected to the All-Ivy women's team as voted by the six coaches in the league. The Brown Bears finished third in the Ivy League this year with a 15-6-3 record and were edged 3-2 in double overtime by the Dartmouth Big Green in the ECAC semi-finals. Dartmouth is the ACWHA's top-rated team and the double OT match was the longest in Brown women's hockey history.

Brown finished ECAC play with a 19-7-3 record.

Cassie was named an Honourable mention All-Ivy performer. She is a top defender in the league and a master of setting up goals.

Continued on Pg. 5-A

HATS OFF TO THE BABIES OF 2000!

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Cassie's team falls short in amazing game

Brown Univ. edged by No. 1 Dartmouth in double O.T.

Hanover, NH - It was a history-making game for Campbellford's Cassie Turner and the Brown University women's hockey team but the result was not the one they wanted to skate away with.

After playing the longest game in Brown Bears' history, the squad was edged 3-2 in double overtime by the Dartmouth College Big Green in the East Coast Athletic Conference (ECAC) semi-finals.

The loss to the nation's top-ranked team ended the Brown Bears season. Brown finished fourth in the ECAC with a 19-7-3 record. They had a 15-6-3 Ivy League record.

With the victory, Dartmouth joined St. Lawrence, Harvard and Minnesota-Duluth in the national championship tournament at the University of Minnesota.

Brown goalie Pam Dreyer was phenomenal in the game against Dartmouth making a career-high 56 stops -- four shy of a 15-year-old team record.

Dartmouth took the lead four minutes into the contest converting a powerplay against the nation's top-rated powerplay killing unit.

The Bears trailed 2-0 going into the second period but were fired up narrowing the lead 1:14 into play with a bullet drive by Krissy McManus. They tied the match four minutes later with Kelly Sheridan slapping in a rebound off a Turner blast from the point.

After a scoreless third period and 20 minute overtime dominated by a Big



Winding up: Cassie Turner has established herself as one of the top defenders in the entire ECAC and was the second leading scorer on the Brown Bears defence this season

Green squad that out-shot Brown 31-8, it took only one minute into the second OT

frame before Carly Haggard of Port Alberni, B.C. put away the gamewinner.

All league

Continued from Pg. 4-A

Cassie dished out 15 assists this year, topping her rookie total of nine last year. She is second among Brown defenders in scoring.

The Brown Bears were the top defensive team in the NCAA this season allowing only 25 goals in Ivy league play and 47 goals overall.

Cara Gardner of Toronto, another Brown defender, was named to the All-Ivy first team.

Second team honours went to Captain Kathleen Kauth (Saratoga Springs, N.Y.), sophomore defender.



Maplefest time...



First annual event: Lindsay and Lori Buritt and the Norwood Lions Club, along with plenty of energetic volunteers, hosted the first annual Maplefest gathering last Sunday. Organizers considered the day a rousing success.

Photos/Bill Freeman

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Frustrated Bull Dogs on verge of elimination in OHA juvenile finals

Mildmay--"It's getting to the point when we're starting to wonder if we might be able to buy a break," offered Manager John Conway after the Percy Bull Dogs returned from Mildmay after suffering two bitter one-goal losses.

Going into Saturday's do-or-die fifth game of the all-Ontario juvenile championship series, Percy trails the eight-point (best-of-seven) set 7-1.

After a 4-4 tie and a 5-4 loss in the first two games the previous weekend on Warkworth ice, the Percy Banta Saw squad, coached by Derek Lord, hoped to bounce back. But fate wasn't in their corner as the Dogs lost two excruciatingly frustrating losses, both by 4-3 margins.

Saturday night in game three, Mildmay punched in three unanswered goals in the second period and then held on as Percy slammed back by scoring twice to force the winners to forecheck desperately during the waning minutes to preserve their margin.

It was a different story in game four but the same result. The teams skated off at the second intermission locked in a 3-3 tie but a third period goal by Curt Schmalz, his second of the game, enabled Mildmay to escape with

another victory.

A three-goal performance by Jeremy Bross proved le-

thal for the Bull Dogs in game three. Mike Murray, combining with Jim Huber



David Swan tends goal for the Bulldogs.

Photo/Rolly/Ethier

Hats off to the Havelock Hurlers

Hastings - On Mar. 19 the Hastings 5 Pin Bowlers Association members of the Monday Afternoon Ladies League came out swinging and showed those dratted pins who was boss.

Especially Kathy Petthey who bowled an excellent 265, 227 and 239 for a triple of 731 (nice bowling, Kathy!), Sandy Toms had great games 197 and 189 and a triple of 522, Vera Dodd seems to be settling down with her games of 174, 201 and 219 for a triple of 594, Glenda Glenn, who was in last year's AIL (American Income Life) Canada's Association Executives Championship, bowled 189, Marie Kirby with a personal best of 158 and triple of 409, Eileen Young with 217, Kim Messacar, who is in this year's Ontario 5 Pin Bowlers Association Team Tournament and was in last year's "Open" sponsored by Sidney L. Morris and the Ministry of Citizenship, Culture and Recreation bowled 205.

Ann Hutton had a game of 208, Shirley Bevan had a great 194, Margo Masson, who was in this year's Bowling Proprietors Association National Classified, bowled a great 213 and 202 and a triple of 580, JoAnne McParlan had super games of 194 and 252, Gerri Greenwood had a personal best game of 222 and a great triple of 541, Sheila Lyon also had a personal best day with games of 151 and 195 and a triple of 475, Heather Pflanzner, who was in last year's Score Gold Points Holiday Classic, bowled a 199.

Kathy McMillan is staying on the winning side with her game of 203 and Darlene Forde could do no wrong with her excellent games of 208, 162 and 255 and triple of 665.

Monday Nighters hit the big time

By Art Sels

Hastings - The Monday night Mixed Bowling League were shining bright again and striking it big while burning up the alleys.

It was for some of us one of those nights when the corner pins continued to dance around but would not fall. At the same time the players below should get a big pat on the back for their action.

We have four more weeks in the 2000-01 season and I hope to see more of us join the "300 Club."

Results from between the gutters at Dodd's Lanes in Hastings Mar. 26 included high single performances by Doug Dodd 339, 200, 191; Han Heffernan 251, 171; John Glenn 239, 218, 186; Diana Bicknell 239, 213, 190; Paul Cardwell 232; Murray Beamish 227, 205, 203; Hart Gazell 221; Glenda Glenn 210, 207, 182; Art Sels 207, 201, 196; Ellwood Sweeting 207; Dale McCall 203, 184; Lori Zapletal 197, 181; Helen Ward 190, 169, 161; Lyn Miller 190; Frigo Zapletal 179, 175; Dave Harper 177, 169; Helen Wilford 175, 161; Malcolm Pacey 173, 162; John Gilmour 166 and Fred Sauder with 155, 140.

High triples went to Doug 730; John Glenn 643; Diana 642; Murray 635; Art 604; Glenda 599; Fran 578; Dale 544; Paul 524; Hart 521; Helen Ward 520; Lori 494; Ellwood and Malcolm each with 489; Dave 482; Lyn 479; Frigo 476 and Helen Wilford 462.

and Evan Wise, had the other goal for the homesters. Andrew Brown, Mark Hogg and Georgie Nelson were the Percy goal scorers.

Although facing a three-goal deficit, the Bull Dogs kept nipping at the heels of their opponents in their comeback bid. Hogg took a pass from Bryce Rosborough to cut the Mildmay lead to 4-2 at the 10:13 mark and then Nelson connected, with help from Josh Cork, but the Dogs' Continued on Pg. 10-A

Premier talks about education, farming

Continued from Pg. 4-A

demanding.

While unions insist it is simply another attack on teachers, Harris says the majority of all community organizations inter-act with children are forced to undergo background checks.

"When you send your kids off to scouts, guides, hockey, or whatever, you want to be confident they will be safe," said the Premier. "The background check may not be perfect but it's one more tool we have to detect predators. I see where one (a former teacher) was discovered recently in Belleville."

Harris conducted a whirlwind tour Wednesday, going from Belleville in the morning and then on to Peterborough in the afternoon, with the stopover in Madoc.

He made the visit to eastern Ontario to announce one-time \$90 million subsidy contribution to cash-strapped grain and oilseed farmers to help with spring planting. He also announced a \$2 million investment in the Quinte area to create jobs for youth and encourage rural economic renewal. The money is expected to create 400 new internship positions during the next six months.

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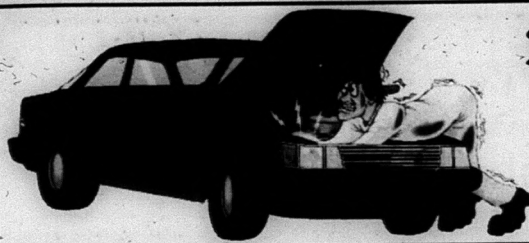
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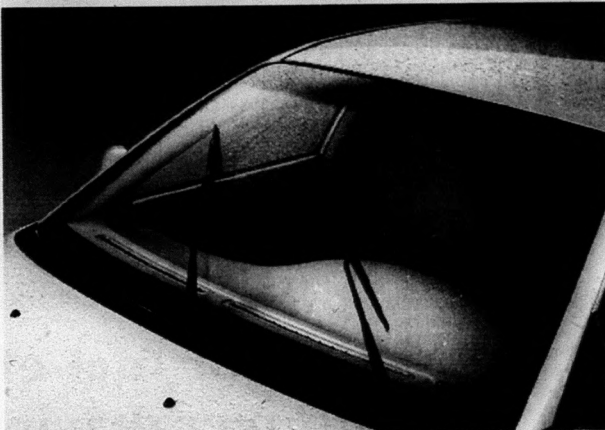
2001 SPRING & SUMMER CAR CARE

Safe Driving: Wiper blades can be quickly restored

(NC)—There are few things more annoying to a driver than a windshield wiper blade that drags and screeches during a spring or summer rain, leaving streaks and smears that seriously impede vision.

Wiper blades in fact are among the hardest-working components of your car and it's essential for them to function properly. Most of the decisions you make while driving, after all, are based on what you see in front of you.

Remember that wiper blades have to contend with grime and grease, as well as with the hardening effects of aging. Friction soon wears down the cleaning edge and weather conditions can make the rubber brittle. Over time they lose contact with the windshield and ride on a



built-up layer of dirt, oxidation and road grime. Eventually they have to be re-

placed.

The car pros suggest that replacing the blades once a

year is a good rule of thumb. Survey research however, indicates that only one in

three vehicle owners actually follow this recommendation. That means that two out of every three drivers may be tolerating poor wiper blade performance. Here are a few ways to improve this situation:

- Clean them off regularly. This will extend the blade life considerably.
- Develop a habit of checking wiper blades every time you clean your windshield.

Restorer products make a big difference. They remove accumulated oxidation, road salt and dirt, improves contact and reduces drag. It also conditions and preserves the blade's rubber, extends the life of the blades and gives you the sightlines you need to drive safely and well.

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Idling's a problem - even in summer

(NC)—It's common knowledge that idling a vehicle is a wasteful and destructive habit—it burns fuel but gets us nowhere, all the time generating unnecessary pollution. But you may be surprised to know that idling is a big problem in summer, as well as winter.

A recent study suggests that during summer, Canadians voluntarily idle their

vehicles for a combined total of more than 46 million minutes per day—equivalent to one vehicle idling for 89 years. If every driver of a light-duty vehicle in Canada avoided idling for just five minutes per day, we would prevent more than 1.4 million tonnes of carbon dioxide from entering the atmosphere.

As a rule of thumb, if you are going to be stopped for 10 seconds or more, except in traffic, turn the engine off. You'll save money and your vehicle won't be producing harmful emissions of carbon dioxide, the principal greenhouse gas that is contributing to climate change.

Insurance Q&A: Ask for discounts

(NC)—Don't forget to inquire about discounts the next time you renew, or go shopping for car insurance. There are a variety of discounts available, so it helps to know the right questions to ask.

A booklet, *Shopping For Car Insurance*, published and distributed free-of-charge by the Financial Service Commission of Ontario (FSCO) is an invaluable source for tips and information. It covers everything from how to compare price and services; to deciding on optional coverage; to understanding insurance language; to reducing your rates. Discounts are available, but each company applies them differently. It is wise to bring information such as the following, to the

attention of your broker, agent or insurance company:

Q: I am employed by a large corporation and belong to a union. Do I get any breaks on my car insurance?

A: A group insurance discount could be in store for you if you are a member of an organized group such as a group of employees of the same employer, or a group of persons that is a labour union, a professional or occupational association, an alumni association or a non-profit organization.

Q: Will I get a discount if I use the same company

that insures my home? Do I get a break on each car I insure?

A: These are two powerful reasons to get a discount. Multi-policy discounts can range from 3 to 15%. Multi-vehicle discounts can range from 5 to 15%.

Q: I'm a senior and my yearly mileage is much lower than the average driver. Should I get a discount?

A: Seniors with good driving records often qualify for a discount, and low yearly mileage is a good argument for lowering everyone's premiums.

Spring cleaning your vehicle

(NC)—It is late Sunday afternoon and you're just turning into your driveway after a family trip to the cottage. There is ketchup from your six-year-old son's hamburger splattered over the back seat of your brand new SUV. But he's not the only culprit; you spilled your coffee all over the dashboard. There are also these distasteful looking bugs stuck to the windshield and oh, how could you forget; your one year-old's milk stains are embedded on the passenger floor mat! This would appear to be a nightmare to clean, but not necessarily. Available are cleaners that will help you keep what's left of your hair on your head.

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2001 SPRING & SUMMER CAR CARE

Better gas mileage with less smog

(NC)-Getting better gas mileage while cutting pollution emissions is no longer a pipe dream for automotive manufacturers and the environmentally conscious. Every driver needs to do his/her best to help reduce emissions. One way to do so is by using quality spark plugs. New "plugs" can reduce emissions while promoting quicker starts and boost fuel economy. The platinum tip virtually eliminates gap erosion, which is the archenemy of fuel efficiency and pollution control.

With gap erosion your engine is more likely to misfire. (A misfire occurs when a cylinder does not fire properly, causing a loss of power and reduced fuel economy.) The unburned fuel causes increased levels of polluting emissions.

With more and more provinces enacting or consider-

ing passing emission control legislation it is a good idea to seek out and find a way to reduce the amount of air pollutants emitted by your vehicle's exhaust system.

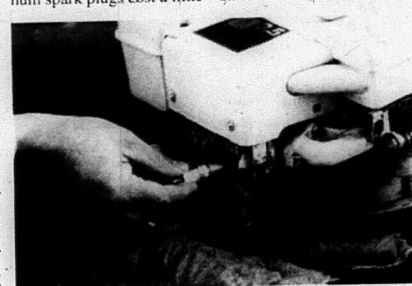
Not only will our planet benefit, but you will as well. With a single spark plug you can drive 100,000 kilometers before needing a spark plug change and with the platinum-tipped plug your vehicle will go for 150,000 kilometers before it's time to get a new set of plugs.

One word of warning however, the extended life of the new brands of spark plug does not mean that your engine should be neglected for the 1st 100,000 kilometers. Before reaching 100,000

kms, your car will need several oil and oil filter changes, probably a PCV valve and frequent under the hood inspections.

Platinum and double platinum spark plugs cost a little

extra but will give you double or triple the service life, increase your chances of passing government emission tests, promote easier starting and save you money on lower fuel costs.



Tips for fuel-efficient summer driving

(NC)-Summer is here and, for many Canadians, the open road beckons. Before you set off on a driving adventure, consider these fuel-saving tips:

- Remove your vehicle's snow tires. Their heavy tread is unnecessary in summer, and serves only to increase rolling resistance and fuel consumption.

- Get rid of your car's winter weight. Heavy bags of sand and salt you may carry around in your trunk during winter serve no useful purpose at this time of the year-they just add weight, which increases fuel consumption and exhaust emissions.

- Remove your car's roof rack. Even unloaded roof

racks increase aerodynamic drag and fuel consumption. If you have the removable type, take it off your vehicle when it is not in use.

- Check tire pressure (don't forget the spare), engine fluid levels, spark plug wires, battery terminals, coolant level, and radiator hoses and clamps.

Patches of ice: the invisible enemy

(NC)-At this time of the year, the warm rays of the sun during the day and freezing temperatures at night combine to create patches of ice on the roads. Even if the pavement is generally dry, many motorists are caught off-guard by these very slippery patches that they notice only at the last second. So, early in the morning and when the sun goes down, you must drive with extra precaution not to be caught by surprise by this invisible enemy.

Going on a long trip?

(NC)-If you are planning a long trip this early spring, it would be wise to bring along some items that could be very helpful if something goes wrong. A foldable shovel, a bag of sand, a nylon towing cable, emergency flares, a flashlight loaded with fresh batteries, a spare coat, a few blankets, winter boots, baling wire, some candles - all these items can be useful in case of emergency. Also a cell phone is very handy to call for help.

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Helen and Everett Quackenbush, pioneers with true community spirit

By Nancy Derrier

Havelock — There is a couple living on a farm north of Havelock on County Road 48 who are unsung heroes and likely to remain that way. Helen and Everett Quackenbush, who married in 1953, raised dairy cattle on their farm, three children, have contributed, each in his/her own way, to the community and even father aid.

Helen was raised in the Trent River area, Everett's family, which included two sisters, farmed south of Havelock in Seymour Township from the late 1800s.

First rink in 1963

In 1963, when their son Keith was six, Everett built his first ice rink at the side of the house. It was always open to neighbours' children. The rink was later relocated to the opposite side of the house and, finally, "across the road and up the hill". To this day, Everett maintains a rink that is open to grandchildren, neighbours and community groups such as Girl Guides, Scouts and the Pentecostal Church young people. One day, Helen looked out the window and a hockey game was in progress: Bryce Sharp had organized the match with boys from Warsaw, Norwood and Campbellford, not bothering to call ahead.

It has not always been an easy job to maintain the rink: one year, because of warm spells, Everett lost the ice three times, bringing it back each time.

There is a posted sign declaring that people skate



Helen Quackenbush displays a wonderful queen-size quilt she recently completed. Helen has completed 156 quilts that have been sent to Romania, with seven more ready to go.

Photo/Nancy Derrier

at their own risk but the only accident Helen is aware of happened to her own child. Six-year-old Keith was pulling his four-year-old sister, Carol, in a sleigh. Carol decided she wanted to pull Keith and did all right for awhile and then the sleigh overturned. Keith's collarbone broke. Helen remarked that it was hard to tell who was hurt because both were crying by the time she went to the rescue! The only other incident involved a hockey puck flying through a window and landing in a flowerpot.

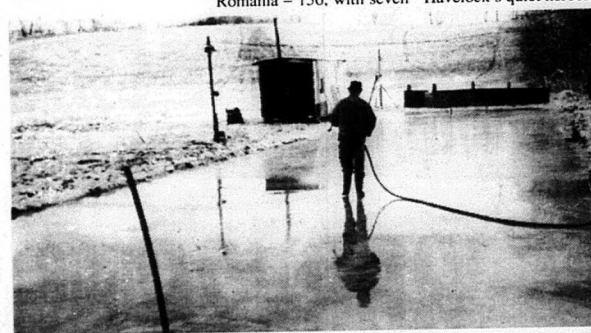
More amenities now

The latest rink, 30 feet by 100 feet, offers more amenities, including a paneled warm-up shack with box

stove and country telephone; a dug well that is kept open all winter with kerosene lamps so water is always available; Christmas lights operated by a generator; a snowblower and snow scoops so visitors can help clear the ice if they want to skate when Everett isn't around. He snowblows a road so people can drive right up to the rink, or bring crazy carpets and slide on the hill.

In addition, Everett built an outside brick fireplace, topped by an old cookstove, where groups can cook hot dogs, warm hot chocolate or coffee. The rink has hosted groups of up to 60 people, never paying a fee. The only drawback to the newest lo-

Everett Quackenbush is seen watering his 30' by 100' rink which is always open to visitors.



cation is the lack of Helen's sugar cookies. In the early years, when friends joined her children on the rink, Helen would bake a batch of cookies, open the back door and ask, "Does anyone want a cookie?" and watch the plentiful disappear.

Helen's only talent is not baking, however. She is a wonderful quilter. Daughters, daughters-in-law, grandchildren, nieces and nephews have all benefited of course, as well as neighbourhood brides. "I wish I'd kept score of how many I've made," Helen laments.

One of her most prized memories is of Canadian skier Kerin-Lee Gartner and the 1992 Olympics. With the help of her son, she designed an Olympic logo quilt, added congratulations to Kerin-Lee and mailed it to her following the Games. She modestly displays the photos and thanks Kerin-Lee sent her, framed and in a place of honour in their home.

What she has kept score of is the number of queen-size quilts she has made for Romania — 156, with seven

more ready to be shipped. She presents them to an organization in Peterborough, ORA — that pays the shipping costs. She has enough material to make at least 20 more but, because they are going to orphanages, her efforts will now be put in making cot-sized quilts. However, she doubts she will ever be able to use up all the material that has been donated, including bolts of fabric traditionally used in making suits.

Everett has always been surrounded by gift craftsmen. His grandmother, who lost an eye in a farming accident, was known for knitting 100 pairs of socks, at the rate of a pair a day, for soldiers during World War I. She lived the age of 102, passing away in 1942. Everett, now 77, going strong with a pair of glasses, still helps Keith maintain a herd of beef cattle. And, of course, there is daily chore of maintaining the rink for kith and kin.

Helen and Everett Quackenbush — two Havelock's quiet heroes.

Bowling on the Trent Valley Lanes

Tuesday Golden Age (March 20th)

Series 4 Standings—Alley Cats, 21; Crackerjacks, 21; Up-N-Coming, 19; Silly Willys, 19

High Averages—Men: Carl Dorge, 191; Duncan Ulley, 186; Don Cassan, 181; Ladies: Marlene Harris, 189; Marie Bullen, 168; Shirley-Brown, 163.

High Singles Flat—Men: Gord Mead, 258; Pep Lattion, 257; Robert Sutherland, 228; Ladies: Shirley MacEwan, 219; Marlene Harris, 218; Marie Bullen, 218.

High Singles With Handicap—Men: Gord Mead, 299; Pep Lattion, 297; Robert Sutherland, 277; Ladies: Stella Savoie, 271; Helen Stephens, 271; Shirley MacEwan, 269.

High Triples Flat—Men: Pep Lattion, 667; Gord Mead, 653; Duncan Ulley, 608; Ladies: Marlene Harris, 616; Marie Bullen, 541; Shirley Brown, 519.

High Triples With Handicap—Men: Pep Lattion, 787; Gord Mead, 776; Pep Lattion, 787; Ladies: Marlene Harris, 706; Helen Stephens, 702; Marg Howard, 694.

Percy juves face exit

Continued from Pg. 6-A

Josh Cork, but the Dogs' best efforts to net the equalizer went unrewarded.

While Schmalz had the game-winner Sunday for Midway, Kent DeBruyn turned in a key offensive performance by assisting on three goals, including the big one by Schmalz. Jeff Dosman was the other Midway marksman.

For the Bull Dogs, the snipers were Ryan Bennett, Bryce Rosborough and Andrew Brown. Mark Hogg assisted on two goals while Rosborough, Bennett and Justin Lowe had single helpers.

Police looking for car vandals

Several acts of vandalism were reported to police overnight March 24/25 at a used car dealership located on Bridge Street west in Campbellford.

A 1997 Cadillac had a hood ornament broken off and the trunk area and hood of the vehicle were stomped on, damaging the paint. A group of eight or nine teens was observed in the early morning hours in the area of the car lot.

Police are seeking the assistance of the public in identifying those responsible for the mischief.

Vehicle Collision

A motor vehicle collision occurred at the intersection of Bridge Street West and Campbell Street in Campbellford March 28th. A Buick, operated by Maiese Tontoly-Spencer, 76, struck an eastbound Dodge operated by 18-year-old Matthew Carlaw. There were no injuries.

New technologies could benefit Northumberland

The Research, Innovation, Technology Advisory Council has a mission and it wants the new Municipality of Trent Hills to be part of it.

The Council is dedicated to the task of bringing the cutting edge of the new technologies to the province which could be a future generator of millions of dollars being poured into the economy.

Elizabeth Simmons appeared before Municipal Council Monday night not only to ask for Council's support in the group's ambitious task but also seeking the recruitment of four local members to serve on the technology council.

Simmons said the research council held its first meeting in January and during the past eight weeks has identified areas of interest such as broadband telecommunications and cold fusion energy.

"These technologies have the potential to pour millions of dollars into the economy with mammoth initiatives

creating hundreds of jobs from Toronto to Kingston, which also includes Northumberland County," Simmons told Municipal Council members.

Simmons said she envisioned fusion energy reactor technology eventually evolving in Chalk River-type operation could produce future energy power this entire riding.

ID Kit program to be renewed for youngsters

Last year the Independent Order of Oddfellows (IOO) in co-operation with the OPP and local elementary schools participated in a campaign to produce Child ID kits, which was realized by having the young students at St. Michael's, Kent, Percy Centennial and Hastings P.S. schools fingerprinted and providing DNA samples.

The DNA sample was taken simply by having the child lick a stamp and putting in a space provided in the Kits were then sent home with the child to be completed by the parent. Approximately 1,200 elementary school students took part.

This year the program continues for the new J. Kindergarten children and those missed last year. The Kit Committee will be part of the Warkworth Policing initiative display at the Warkworth Community Centre 12th. The Oddfellows and OPP will be on hand to provide the ID function for any parents wishing to take part in the program.

Academy Awards gala lights up Mapleview



Photo/Bill Freeman

Special night brings touch of Hollywood to Township...

Asphodel-Norwood - There were no streakers and certainly no tedious acceptance speeches but Mapleview Retirement Centre was in a gala mood Sunday evening as it celebrated its very own "Oscar" night complete with little golden statuettes.

In between handing out awards for a variety of categories, John Penman led the "Academy" in a round of show-stopping tunes. The evening was capped by a performance of a Disney movie song by the Williamsons and then a refreshments menu that included a raft of designer munchies.

Walking away with their awards were: Harold Dobson, Best Chauffeur; Marg McNeil, Best Gambler; Josie Anderson, Best Kidder; Albert Alton, Best Novel Reader; Ila Huffman, Most Outgoing; Marion Elmhurst, Best Games Lover; Alma Freer, Most Social; Hazel LaBrash, Most Determined; Frances Doherty, Most Avid Bingo Goer; Lyle McMillan, Most Friendly; Minnie Shinkle, Most Faithful; Helen Rider, Most Wittiest; Retta Clarke, Best Shopper; Marion Maloney, Most Craftiest; Tony DeBarrow, Most Comical; Jim Rose, Best Lady's Man; Iris Pringle, Most Petite; Vera Wrightly, Best Walker; Albert Percy, Best Dancer; Jessie Richardson, Most Efficient; Edna Girven, Best Kidder; Nell Howson, Best Games Lover; Ruby McInnis, Most Social and Edna Maloney, Miss Congeniality.

16th Peterborough County Senior Games coming up

Check your birth certificate! Anyone 55 years of age or older by December 31, 2001, is eligible to participate in the 16th annual Peterborough County Senior Games. There are 39 districts in Ontario in which Senior Games will be held, from Thunder Bay in the west to Stormont/Leeds/Grenville in the east. Peterborough County's grouping includes Victoria and Northumberland counties.

Registration takes place during April at the following locations: Navy Club, 24 Whitlaw Avenue, Peterborough, 9 a.m. - 3 p.m. Monday to Saturday; Activity Haven, 180 Barnardo Avenue, 12 noon - 3 p.m. Tuesdays and Thursdays; Mapleridge Seniors, 1840 Lansdowne Street West, 12 noon - 3 p.m. Wednesdays only. Registration forms are available at all event locations.

Cost is \$3 per event plus facility fees for golf, snooker, 9 ball, lawn bowling, 5 & 10 pin bowling and events where lunches are provided.

The following events are scheduled: 10 pin bowling, darts (Havelock Legion, May 1, 10 a.m.), cribbage, contract bridge, euchre, bid euchre, bias carpet bowling, 5-pin bowling, golf, walking, swimming, snooker, round carpet bowling, shuffleboard, 9-ball, horseshoes and lawn bowling. Dates run from April 30 to May 24. All events take place in the

morning at either 9:30 or 10 a.m.

District games will be held in Northumberland County in June. Top participants from Peterborough County play against top participants from Northumberland County.

Opening ceremonies will be held at Empress Gardens, Peterborough, Saturday, April 28, 2 p.m. Everyone welcome.

Closing ceremonies and

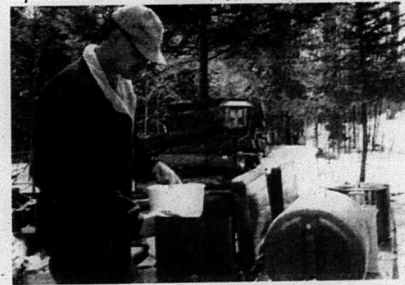
award presentations will be held at Activity Haven, Friday, May 25, 6 p.m. Food and refreshments will be served.

For additional information, there are four Peterborough people you can contact:

- Al Counter - 743-0936
- Don Irving - 742-9753
- Ed Richardson - 748-3215
- Pauline Siddall - 742-3946



Debbie Drummond lends a helping hand at the Havelock Guides and Pathfinders visit to a maple sugar bush. She demonstrates the art of pouring hot syrup on fresh snow for Sarah Blake. Bottom photo: Phil Higgins was obviously experienced when it came to flipping pancakes.



MS Read-A-Thon kick off for local students

Elementary school children all across the country will be joining in the fight against multiple sclerosis this month. They are partners in the MS Read-A-Thon, a motivational reading program for students between the ages of six and 14.

Starting March 26, representatives from the Multiple Sclerosis Society of Canada will be conducting interactive assemblies at elementary schools across Ontario to kick off the MS Read-A-Thon program. Participation in the program involves reading books during a four-week period, while collecting pledges for each book read. The students learn that by simply reading books, they can help tens of thousands of Canadians with multiple sclerosis. Now in its 24th year, the MS Read-A-Thon has raised over \$30 million since its inception. Last year, 100,000 students in Ontario were introduced to the program; those who registered read over 400,000 books, raising over \$1.4 million through pledges. Money raised through the MS Read-A-Thon funds research into finding a cure for the disease, as well as providing services to those currently living with the disease.

Multiple sclerosis is a dis-

ease that randomly attacks the central nervous system, affecting the control people have over their bodies. Canada has a high prevalence rate for MS, which affects almost 50,000 Canadians. Usually diagnosed in

people between the 20 and 40, the effect last a lifetime. Car leader in MS researchers are seeking closer to find out for this unpredictable often disabling disease

Immediate delivery of funds now critical OFA tells federal go

Toronto - While farmers and their organizations are not satisfied with \$500 million as the Federal Government's latest commitment to the safety nets package, "we strongly encourage the governments (federal and provincial) to get that money in the hands of farmers immediately, as it is desperately needed," says Jack Wilkinson, President of the Ontario Federation of Agriculture (OFA).

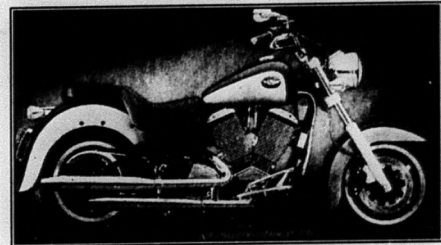
"It has been three weeks since the Federal government announcement, and we think it is time the Federal and Provincial governments finalize their roles and get the money moving to farmers," he says. The need for the additional \$400 million still exists and "we will continue to work to get that money,"

Wilkinson says.

Meanwhile, OFA on Ontario Premier Harris to join force with the premiers of Quebec, Saskatchewan, Alberta to pressure the Minister's Office to the Federal contribution between the Federal and provincial governments need \$1.5 billion additional safety nets and disbursements," Wilkinson says.

The results of the 20 vote on the motion that called for the Federal government to increase its support by one million were disappointing but not surprising. The vote had 116 for and 116 against the motion. The motion showed us we have support of all opposition," Wilkinson says.

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SAT. APRIL 14th
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Marmora District Lions

Tara's on her game!

She's #1: Tara McFadden, daughter of Mr. and Mrs. Don McFadden, Havelock, is running out of basketball competitions to win.

She won the Cobourg Free-throw contest with a score of 17 out of 25; the Regional Finals in Oshawa with 19 out of 25. That means she's in first place in her category, 12-year-old girls.

Tara attends Havelock-Belmont Public School and plays basketball with the All Stars, coached by her dad. Her name has been placed in the computer, with everyone else who competed in the Knights of Columbus Free Throw Competition and she is waiting to hear whether she's included in the Nationals

photo/Nancy Derrer



Ont. first to receive Forest Certifications

Queen's Park - The Honourable John Snobelen, Minister of Natural Resources for the province of Ontario, and Dr. Maharaj Muthoo, Executive Director of the Forest Stewardship Council (FSC), initiated a bilateral process that will result in FSC certification of all Crown-owned forests managed in compliance with Ontario law and the products derived from those forests.

This is the first FSC certification of its kind in the world. FSX recognizes that wood harvested on Ontario Crown lands will bear the FSC trademark.

"This is an outstanding achievement for the Government of Ontario and builds on the strength of Ontario's Living Legacy in conjunction with the strengths of the FSC stands," Minister Snobelen said following the day long

meetings with the FSC leadership in Oaxaca, Mexico.

The highest level of commitment from the FSC was based on the fact that Ontario companies are already engaged in the practice of sustainable forestry under the province's stringent for-

estry laws.

The March 23 meeting will lead to the establishment of a set of bilateral meetings and a process to achieve a formal agreement in April 2001.

FSC certification ensures that forests are being man-

aged responsibly. FSC trademarks assure that the products bear them are derived from forests managed to internationally social and environmental standards.

OFA says immediate delivery of funds now critical

continued from page 11-A and we know more Provincial governments and the Canadian consumer supports farmers from their responses to our 'Day of Action' last week."

"Individually, just about every government MP has spoken in favour of meeting the needs of our farmers. After seeing them vote against a motion that would have achieved that objective, we need to hear what they intend to do next for farm-

ers," Wilkinson says.

County Federations of Agriculture will be contacting their local MPs, Cabinet Ministers and the Prime Minister's office; post cards will be sent to the Prime Minister, along with letters from farmers in Manitoba and Saskatchewan to the Prime Minister.

As well, responses to misleading media reports will be sent from OFA and County Federations and individual farmers will be encouraged

to add their letters. Wilkinson says that he knows there was a need to discredit farming to the success of Action rallies, tend to make sure they see and hear assurances on the amount of their receive ment," Wilkinson says.

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The Phone & The Web

continued from page 3

mass. Today, that mass has already been in place for 50 years, so whatever happens now will be building on that," said Levinson, who teaches communications and media. Still, the struggles that impeded the early adoption of the telephone do bear some similarity to the obstacles tripping up the Internet economy, especially now that the well of easy money from investors has dried up. Wall Street's foul mood has made it rough for today's telephone companies as they scramble to upgrade or bypass the copper wires snaking into most buildings. Those wires haven't evolved very much from the ones that Bell used to carry a simple phone call, certainly not enough to shoulder the capacity needed to download Web pages with heavy duty graphics or streaming video. Likewise, back in Bell's day, it was prohibitively expensive to make the phones, install the wires and build the network, and it was hard to convince investors to foot the bill. In raising money for his new telephone company, Bell tried to sell big blocks of stock for a modest-sounding \$100,000, said Levinson. One potential investor Bell approached was Chauncey Depew, who turned to a friend named William Orton for advice.

Orton, president of Western Union Telegraph - the veritable AOL of its day - told him to forget about it. "Orton said the telephone is just a scientific toy that nobody will ever use for serious business," said Levinson, noting that Western Union was later swallowed up by Bell's telephone company.

Ontario patients

continued from page 3

get of enticing most Ontario doctors to the new system would be met.

The Ontario government attempted to make the new system more palatable to doctors Wednesday by suggesting they would still have the option of billing for some patients under the Ontario Health Insurance Plan if they took part.

"Even those 80 per cent of the doctors can still do fee-for-service within this model, so it's not an either-or," Clement said.

A system allowing both salaries and fee-for-service is not reassuring to Ontarians who want greater patient accountability, said Shirley Sharkey, president of the Registered Nurses Association of Ontario.

"One (system) really deals with community accountability through a (salaried)

By now, few would dare suggest the Internet is merely a toy.

But as the hangover from Wall Street's Web party keeps throbbing across the technology industry, it may be wise to view the Internet as a stage in a revolution that began in 1876.

model, while fee-for-service is about physician reimbursement," he said, calling Clement's talk of a split system "troubling."

A split system would make it hard to evaluate whether the new health-care networks are economically viable, she added.

Sharkey also said the round-the-clock model has nurses worried they will be working most of the off hours, while doctors finish their days at 4 p.m. or 5 p.m. Frances Lankin, health critic for the New Democrats, pointed out that the government is far behind on its own schedule for restructuring family medicine.

She added that any intentions the Ontario government had to fix the system have been thwarted by catering to doctors' demands.

Doctors must join forces with nurses, others to receive payment

The man who ran the commission that ordered a sweeping restructuring of Ontario's hospitals is criticizing the Tory government for not taking more aggressive action to fix the ailing health-care system.

Duncan Sinclair, head of the now defunct health services restructuring commission that closed dozens of Ontario hospitals, told a Liberal party policy conference that the province has been stalling on doing what is necessary.

"Everything is in place but the political courage to do it," he said in his closing remarks to a group of party members meeting in this southern Ontario community.

"We've been talking about this a long time... and the progress is agonizingly slow."

Doctors should be required to join group practices with nurses and other health care providers, in order to receive payment for their services, Sinclair said.

A long-standing plan to fix the province's ailing health care system won't work if the government doesn't end the widespread practice of family doctors billing the province's health plan under the fee-for-service payment scheme, Sinclair said.

"I believe we should just get out of the fee-for-service business as far as payment by government," Sinclair said. "Let's get into the funding business, and then let doctors wrestle it out among themselves and with other professionals about what system to use to pay themselves."

Sinclair said an agency announced last week as the next step toward a transition to the new system of family medicine the government wants to put in place is a "toe in the water," but not enough.

The government wants

the new Ontario Family Health Network - an agency comprising doctors, nurses and other health care professionals - to entice 80 per cent of the province's 9,000 family doctors to join group practices within three years.

Liberal Leader Dalton McGuinty suggested that a plan to restructure how doctors are paid is on the table as his party tries to draft new policy well in advance of the next election, expected two years from now.

"Just as I said we can't run 4,757 schools from Queen's Park... We can't run thousands of doctors' offices in Ontario (from the Ontario legislature)," he said.

"I like the notion of saying to a group of doctors and nurses and other health care professionals, 'Here's a basket of services."

You deliver that... that's a responsibility I'm going to place on you, and here's some money - you figure out the best way of dividing it up," McGuinty said a showdown with doctors over payment can be avoided.

"I don't believe a conflict with the doctors is absolutely inevitable, but I do know one thing - we're not going to get to where we need to go unless we involve doctors and nurses and nurse practitioners and other health care practitioners," he said.

When asked whether the new provincial network will reach its goal of enticing 80 per cent of family doctors to voluntarily join 600 group practices with nurses and other workers over the next three years, Sinclair gave a categorical "no."

He suggested the Tories need to give the agency more authority if it's going to change a system in which doctors are by far the most powerful players.

The government must do "not only more, but more quickly, to ensure the net-

work agency is supplied with the tools - not only just money - but the authority to get on with things more quickly," he said.

Giving doctors the option to stay on the fee-for-service system - a key feature of the Tory plan - won't work, Sinclair said.

Group practices, which have been tried in pilot projects in five Ontario communities, will operate under a payment system known as "capitation."

Under capitation, doctors would receive the equivalent of a salary which would be based on the features of the population they serve, including age and several illnesses.

But last week, Health Minister Tony Clement said under the Tory plan, doctors could join group practices and still bill OHIP for services - remarks which drew criticism from health reformers and opposition members.

Don't forget to set your clocks ahead this weekend.

Spring forward... Fall back

Fish Stocking in New Waters

Bancroft District - Mazinaw Area

The Ministry of Natural Resources, Bancroft District - Mazinaw Area, is proposing the introduction of native and naturalized fish species (e.g. walleye, rainbow trout) that are present in Ontario but not existing within the candidate lakes being considered.

The purpose of this proposal is to increase angling opportunities through the provision of artificially maintained (stocked) fisheries and the establishment of new self-sustaining fish populations. The following table lists the candidate lakes and fish species under consideration for future stocking:

Candidate Lake	Township	Preferred Species	Alternate Species
Abnong	Abnong	Spike	Brown Trout, Rainbow Trout, Walleye
Long Mallory	Abnong	Walleye	Spike
Wickware	Abnong	Walleye	
Topper	Anglosea	Walleye	
Ashdon	Ashby	Rainbow Trout	Spike, Brown Trout
Simpson	Ashby	Spike	Brown Trout, Rainbow Trout
Hile	Clarendon	Walleye	
Denbigh Long	Denbigh	Walleye	Largemouth Bass, Smallmouth Bass, Spike
Little Yrke	Denbigh	Walleye	
Wankie	Denbigh	Walleye	
Feeny	Elfringham	Spike	Brown Trout, Rainbow Trout, Walleye
Machiesney	Elfringham	Walleye	
Silva	Grimsthorpe	Walleye	
Big Buck	Lake	Spike	Brook Trout, Brown Trout, Rainbow Trout
Copeway	Lake	Walleye	Brown Trout
Freon	Lake	Spike	Brown Trout, Rainbow Trout
Bradley	Miller	Walleye	
Durces	Miller	Walleye	
Johnson	Miller	Rainbow	Brook Trout, Brown Trout, Spike
Salmon-Twin	Miller	Spike	Brown Trout, Rainbow Trout, Lake Trout, Walleye
Trapper	Miller	Walleye	
Dodge	North Canoto	Walleye	
Juniper	North Canoto	Walleye	
Sloan Creek	Tudor	Brown Trout	
Wadsworth	Tudor	Walleye	

The project is planned in accordance with the approved MNR Class Environmental Assessment for Small Scale Projects. This notice informs the public about the opportunity to provide input to the project planning process. Decisions about whether the candidate lakes will be stocked as new waters will be considered only after lake survey information is collected to evaluate water quality, habitat, and fish community suitability, and after public concerns and issues are considered. Where serious environmental concerns remain unresolved the public can request that the project be subject to an individual environmental assessment under the Environmental Assessment Act. The final decision rests with the Minister of the Environment.

The Ministry of Natural Resources invites comments regarding this proposal under the authority of the Fish and Wildlife Conservation Act (1997) to assist in process related decisions and determining further public consultation requirements. Comments and information submitted to the Ministry of Natural Resources will be kept on file and, unless otherwise requested, will be available for public review.

Under the Freedom of Information and Protection of Privacy Act (1987), personal information will remain confidential unless present consent is obtained. This information, however, may be used by the Ministry of Natural Resources to seek public input on other resource management surveys and projects. For further information regarding this Act, please contact Charmaine Devitt at (613) 332-3940 ext. 228.

Please send written comments directly related to the proposal by May 1, 2001, to:

Michael Gatt
A/Management Biologist
Ministry of Natural Resources
Bancroft District Office
Box 500, Bancroft, Ontario
K0C 1Y0
Tel: (613) 332-3940 ext. 259



Food Drive

The Stirling Girl Scouts and Boy Scouts will be holding their annual Easter Food Drive on Saturday, April 7, from 10:00 a.m. until noon. There will be a door pick up in the evening in aid of the Stirling Community Food Cupboard. Please help those less fortunate. For further information, please contact Pitman at 395-3090.

Military Commander

continued from page 3

ment and a restructuring of the army can mean that a smaller force remains capable.

"We tend to equate capability to numbers of people and numbers of pieces of equipment. I and most professionals don't accept that description." But given a budget cut, which Jeffery suggested was probably around \$600 million a year, something has to give. "I'm living beyond my means. You can't do that in running your own house," and the government is not going to allow me to do it either," David Rudd, executive director of the Institute for Strategic Studies, said Jeffery deserves credit for facts. "Kudos to him for recognizing that the financial handwriting is on the wall. Rudd. However, if you do chop people, that will inevitably decrease your ability to remain involved in peace support operations or our ability to deploy a brigade in the of our allies." Rudd also said there will be that many fewer people to cope with disasters at home. Jeffery stressed that quality equipment and good training will field an effective force despite manpower cuts. But, as it was said about the old army, quantity has a quality all its own.

"Smaller means smaller, there's no question about that, notwithstanding that capability," the general conceded. Sean Henry, analyst for the Conference of Defence Associations, said the talk about maintaining quality is headquarters' spin. "All the dian army can do right now - and even that is stretched - is produce 1,700 people six months to go to Bosnia. That 1,700 commitment to Bosnia is dominating the army." Those soldiers, Henry added, are little more than "glorified security guards."

Madoc Township Council Minutes

Madoc Township Council held their regular meeting, called to order by Reeve Gerald Reid at 12:30 p.m., on March 5, 2001. In attendance were Deputy Reeve R. Sager and Councillors G. Burris, R. Robinson and M. Sniderhan. Also attending were Road Superintendent Tom Bruce, Mr. Gord Hazlett, Mr. Jean Theriault and Mr. Brent Barnes attended as delegates.

Mr. Hazlett addressed Council to advise of his experience of having ash around his yard this year from the large fires Mr. Vallieres set again this year to burn up huge piles of slabs on his property. He also indicated that there could be additional problems down the road and cited poor visibility on the Cooper Road from the leftover ash or leftover sawdust when he is finished with his mill on the property. He also had concerns about the smell of smoke that permeated his home for the duration of these fires. He indicated he would like Council to deal with the situation. Should Council not be willing to address the situation, Mr. Hazlett indicated that he would be willing to go beyond the Council.

The Reeve asked the Clerk whether an amendment was proposed to the current by-law. The Clerk responded that he had discussed the situation with the Fire Chief and he had indicated that a single fire of nine metres by nine metres would be satisfactory and still permit burning of brush piles. Reeve Reid thanked Mr. Hazlett for his presentation.

The Road Superintendent attended the Council meeting to report on his activities. He suggested to Council that it would be a benefit to snow removal operations that all mailboxes be located on one side of the road or the other. It will be necessary to refill our sand dome again prior to next winter. The Road Superintendent asked whether Council wished to re-tender for supply of next year's sand.

Load restrictions have been implemented as of the first of March. He advised that the OPP contacted him recently to identify some of the signs they had recovered which had been stolen from our municipality as well as Marmora and Lake and Tudor Township. Madoc Township was missing nine signs all from the same area. Mr. Bruce has contacted Ontario Works for additional assistance this summer. He suggested that it might be advisable to advertise for another employee for the road department. He suggested that a driver's abstract should be part of the resumes solicited for the position as well as some grade and truck experience.

Council advised that the Road Superintendent report

back regarding a letter from the Municipality of Centre Hastings and some cooperative construction work. He also reported his results from measuring in front of Mr. Winterburn's property. The truck tender form is currently being typed and should be ready soon.

Mr. Brent Banes attended from Ainley & Associates with regard to comprehensive zoning by-law amendment to be undertaken this year for the municipality. The County is currently doing the parcel based on mapping all the municipalities in Centre Hastings. This is being done by a separate company and will be used by Ainley for the base map of the new zoning by-law hopefully within the next six months. By proceeding this way, it is hoped that the zoning by-laws will be standardized throughout the County. He advised that he would hope that this would be completed prior to the end of the year.

Robinson-Sager: That the minutes of the Centre Hastings District Recreation Centre Board be approved as circulated. *Carried.*

Sager-Robinson: That the accounts for the month of February be approved as circulated. *Carried.*

Robinson-Sager: That

the correspondence items be received and filed as circulated. *Carried.*

Robinson-Sager: That the minutes of the Centre Hastings District Recreation Centre Board be approved as circulated for the month of February 2001. *Carried.*

Sager-Robinson: That the accounts for the month of February be approved as circulated. *Carried.*

1041-2001: 3rd reading and passed rezoning Ptl Lot 5, Con 9 to RR from Pa 1042-2001: 3 readings to amend 1042-99 replaced by this by-law

Sager-Burris: That

Council resume. *Carried.*

Sniderhan-Robinson: That the Clerk apply for a position under the Farmer Career Placement program for a student.

Burris-Sniderhan: That the Kennel Licence application submitted be denied. *Carried.*

Sager-Sniderhan: That a copy of By-law be forwarded to Vallieres for his information. *Carried.*

Robinson-Burris: That Council adjourn.

Nominations for Sir Mackenzie Bowell Award

The Education Week Committee is seeking nominations for the Sir Mackenzie Bowell Award for the 2001 *Educator Of The Year*. The educational community and the general public are invited to submit award nominations for any person who has rendered meritorious service to education in Hastings and/or Prince Edward Counties. The nominee must have been active in education during the current year.

Nomination submissions should be brief, (not to exceed 10 pages) factual statements of the nominee's contribution to education in Hastings and/or Prince Edward Counties under the following headings: academically, culturally and/or recreationally, through the person's vocation and/or avocation, locally and/or regionally, for the child, adolescent and/or adult, through professional organizations and/or community service organizations. These submissions must be received by the Sir Mackenzie Bowell Awards sub-committee in care of Carolyn Grant, Hastings & Prince Edward District School Board, 156 Ann Street, Belleville, Ontario K8N-1N9, by Thursday April 12, 2001 at 4:00 p.m. This year marks the 35th anniversary of the Sir Mackenzie Bowell Award.

The winner will be announced on Monday April 30, and will be presented with the Award at one of the Education Week events being held during the week of May 7-11.

Send in your nomination for the "Educator of the Year" Award.

Spring is now Official

by Alma Fox

The calendar makes Spring official now, and all the signs from the wildlife around us tell me that they know something good is just ahead. I am raising my face to the sky, and actually feeling some heat in that sun today. I went into the garage this morning and dug out a garden chair form underneath the great piles of winter stuff that has collected. It is warm enough to go without a coat if you are out of the wind, and I am sipping on hot lemon tea and dreaming of more days like this to come.

Black squirrels are everywhere, racing up and down the black skeletal trees. It is mostly the male squirrels you see at this time of year, despite all the snow. The males gather the food to take back to the female, as she rarely leaves the nest once the babies are born. Today I put out seeds, nuts, bread and some leftover plum cake. The squirrels love fruit of all kinds, apples, bananas, and grapes rating high on their list. One year I had hand raised two orphaned babies, and I was really surprised at just how much work they are. They feed constantly, just like newborn humans,

so the mother requires a lot of food to provide enough milk. If you have squirrels around your property, try to put out some bread or fruit. You'll feel good about it when you see the babies scampering around this summer.

The blue jays are sitting in the trees, facing the sun, preening their sapphire feathers and skillfully swooping down to the feeding tray beside me. One bathes in a small puddle; he must feel it's been too long between baths. Purple finches arrived at our feeders last week, on their way north for the summer, from their southern climes. Their beautiful colour makes them look like they have been dipped in raspberry juice, and they stand out brilliantly against the snow.

I smell the wood smoke from neighbour's woodstoves, and it seems incongruent with the heat in the sun. All around me I hear running water, in the eaves troughs, drains and down spouts.

Winter is melting away, inch by inch, and we certainly have a lot of inches to go this year. We have five feet of snow to melt in some parts of our garden. I see neighbourhood dogs all out and around today, greeting

each other with tail wags and sniffs. Some of the smaller dogs that don't go out in the snow and bad weather are on their first outing of the year, trotting proudly on brightly coloured leashes, obviously glad to be back in the real world again. So are the owners, as I see neighbours chatting, catching up on happenings.

I heard on the CBC news this morning, that a Canadian winter is normally considered 40 or so days of hard winter. This year we have had over 104 days of hard winter, so it is not our imaginations that stretched it out. It really has been an extra long winter. Environment Canada has given out the long term forecast for summer in southwestern Ontario, and it doesn't sound too promising. They say it will be a repeat of last year's weather.

Cooler and wetter, they say, but they've been wrong before. In the meantime, let's just take each sunny day as a bonus: we're well on our way now. Green grass and flowers are dead ahead. So, get outside people. Enjoy the fresh air and get some exercise! Feed some birds and animals, and enjoy Spring. We have waited an eternity for her this year!

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